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Boericke's Tinctures

by Paul Bergner

In the period between 1880 and 1920, the practice of medical herbalism in North America was influenced by the homeopathic school of medicine, and in turn, influenced the practice of homeopathy. The homeopaths engaged in formal experimental provings of the effect of remedies at crude undiluted doses, and discovered some indications this way. They also frequently used undiluted tinctures in practice. Some of their indications were taken from the practice of Eclectic and Physiomedicalist medical herbalism. The most famous homeopathic text from this transitional period is *Pocket Manual of Homeopathic Materia Medica With Repertory* by William Boericke, which remains in use today as a quick reference to homeopathic indications. A review of this book shows that about one in six remedies was used in tincture doses in the 1914 edition, either exclusively, or sometimes additionally in low potency dilution.

In the year 2000, my apprentice Christopher Gilbert and I took a scanned version of Boericke's materia medica, and extracted all the plants that were used at times in tincture doses. The indications will make for some herbalists a fascinating new window into the uses of our favorite plants. Included are novel therapeutic uses, and in some cases, the mental indications which might call for the remedy. This is a worthy study for those looking to explore the western herbal materia medica more deeply.

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ABRUS PRECATORIUS -

JEQUIRITY

Crab's Eye Vine

Epithelioma, lupus, ulcers, granular lids.

Eyes.--Purulent conjunctivitis; inflammation spreads to face and neck. Granular ophthalmia. Keratitis.

Relationship.--Compare: *Jequiritol* (in cases of trachoma and pannus to engraft a new purulent inflammation. The proteid poisons contained in Jequirity seeds are almost identical in their physiological and toxic properties with the similar principles found in snake venom).

Dose.--Mother tincture diluted locally and 3x internally.

ACONITUM NAPELLUS

Monkshood

A state of fear, anxiety; anguish of mind and body. *Physical and* mental restlessness, fright, is the most characteristic manifestation of Aconite, Acute, sudden, and violent invasion, with fever, call for it. Does not want to be touched. Sudden and great sinking of strength. Complaints and tension caused by exposure to dry, cold weather, draught of cold air, checked perspiration, also complaints from *very* hot weather, especially gastro-intestinal disturbances, etc. First remedy in inflammations, inflammatory fevers. Serous membranes and muscular tissues affected markedly. Burning in internal parts; tingling, coldness and numbness. Influenza. Tension of arteries; emotional and physical mental tension explain many symptoms. When prescribing Aconite remember Aconite causes only functional disturbance, no evidence that it can produce tissue change--its action is brief and *shows no periodicity*. Its sphere is in the beginning of an acute disease and not to be continued after pathological change comes. In Hyperæmia, congestion not after exudation has set in. Influenza (Influenzin)

Mind.--Great fear, anxiety, and worry accompany every ailment, however trivial. Delirium is characterized by unhappiness worry, fear, raving, rarely unconsciousness. Forebodings and fears. Fears death but believes that he will soon die; predicts the day. Fears the future, a crowd, crossing the street. Restlessness, tossing about. Tendency to start. Imagination acute, clairvoyance. Pains are intolerable; they drive him crazy. Music is unbearable; makes her sad (Ambra). Thinks his thoughts come from the stomach--that parts of

his body are abnormally thick. Feels as if what had just been done was a dream.

Head.--Fullness; *heavy*, pulsating, *hot*, *bursting*, burning undulating sensation. Intercranial pressure (*Hedera Helix*). Burning headache, as if brain were moved by boiling water (*Indigo*). Vertigo; *worse on rising (Nux. Opium)* and shaking head. Sensation on vertex as if hair were pulled or stood on end. Nocturnal furious delirium.

Eyes.--Red, inflamed. Feel *dry and hot*, as if sand in them. *Lids swollen, hard and red*. Aversion to light. Profuse watering after exposure to dry, cold winds, *reflection from snow, after extraction of cinders* and other foreign bodies.

Ears.--Very *sensitive to noises*; music is unbearable. External ear hot, red, painful, swollen. Earache (*Cham*). Sensation as of drop of water in left ear.

Nose.--Smell acutely sensitive. Pain at root of nose. Coryza much sneezing; throbbing in nostrils. Hæmorrhage of bright red blood. Mucous membrane dry, nose stopped up; dry or with but scanty watery coryza.

Face.--Red, hot, flushed, swollen. One cheek red, the other pale (*Cham, Ipec*). On rising the red face becomes deathly pale, or he becomes dizzy. Tingling in cheeks and numbness. Neuralgia, especially of left side, with restlessness, tingling, and numbness. Pain in jaws.

Mouth.--Numb, dry, and tingling. Tongue swollen; tip tingles. Teeth sensitive to cold. Constantly moves lower jaw as if chewing. Gums hot and inflamed. Tongue coated white (Antim crud).

Throat.--*Red, dry, constricted*, numb, prickling, burning, stinging. Tonsils swollen and dry.

Stomach.--Vomiting, with fear, heat, profuse sweat and increased urination. Thirst for cold water. Bitter taste of everything except water. Intense thirst. Drinks, vomits, and declares he will die. Vomiting, bilious mucous and bloody, greenish. Pressure in stomach with dyspnæa. Hæmatemesis. Burning from stomach to æsophagus. Abdomen.--Hot, tense, tympanitic. Sensitive to touch. Colic, no position relieves. Abdominal symptoms better after warm soup. Burning in umbilical region.

Rectum.--Pain with nightly itching and stitching in anus. Frequent, small stool with tenesmus; *green, like chopped herbs*. White with red urine. Choleraic discharge with collapse, anxiety, and restlessness. Bleeding hæmorrhoids (*Hamam*). Watery diarrhæa in children. They cry and complain much, are sleepless and restless.

Urine.--Scanty, red, hot, painful. Tenesmus and burning at neck of bladder. Burning in urethra. Urine suppressed, bloody. Anxiety always on beginning to urinate. Retention, with screaming and restlessness, and handling of genitals. Renal region sensitive. Profuse urination, with profuse perspiration and diarrhea.

Male.--Crawling and stinging in glans. Bruised pain in testicles, swollen, hard. Frequent erections and emissions. Painful erections. Female.--Vagina dry, hot, sensitive. Menses too profuse, with nosebleed, too protracted, late. Frenzy on appearance of menses. Suppressed from fright, cold, in plethoric subjects. Ovaries congested and painful. Sharp shooting pains in womb. After-pains, with fear and restlessness.

Respiratory.--Constant pressure in left chest; *oppressed breathing* on least motion. *Hoarse, dry, croupy cough*; loud, labored breathing. Child grasps at throat every time he coughs. Very sensitive to inspired air. *Shortness of breath*. Larynx sensitive. Stitches through chest. Cough, dry, short, hacking; *worse at night and after midnight*. Hot feeling in lungs. Blood comes up with hawking. Tingling in chest after cough.

Heart.-- Tachycardia. Affections of the heart with pain in *left* shoulder. Stitching pain in chest. Palpitation, with anxiety, fainting, and tingling in fingers. Pulse full, hard; tense and bounding; sometimes intermits. Temporal and carotid arteries felt when sitting. Back.--Numb, stiff, painful. Crawling and tingling, as if bruised. Stiffness in nape of neck. Bruised pain between scapulæ. Extremities.--Numbness and tingling; shooting pains; icy coldness and insensibility of hands and feet. Arms feel lame, bruised, heavy, numb. Pain down left arm (Cact, Crotal, Kalmia, Tabac). Hot hands and cold feet. Rheumatic inflammation of joints; worse at night; red shining swelling, very sensitive. Hip-joint and thigh feel lame, especially after lying down. Knees unsteady; disposition of foot to turn (Aescul). Weak and lax ligaments of all joints. Painless cracking of all joints. Bright red hypothenar eminences on both hands. Sensation as if drops of water trickled down the thigh. Sleep.--Nightmare. Nightly ravings. *Anxious dreams*. Sleeplessness, with restless and tossing about (Use thirtieth potency). Starts up in sleep. Long dreams, with anxiety in chest. Insomnia of the aged. Skin.--Red, hot, swollen, dry, burning. *Purpura miliaris*. Rash like measles. Gooseflesh. Formication and numbness. Chilliness and formication down back. Pruritus *relieved* by stimulants. Fever.--Cold stage most marked. Cold sweat and icy coldness of face. Coldness and heat alternate. Evening chilliness soon after going to bed. Cold waves pass through him. Thirst and restlessness always present. Chilly if uncovered or touched. Dry heat, red face. Most valuable febrifuge with mental anguish, restlessness, etc. Sweat drenching, on parts lain on; relieving all symptoms. Modalities.--Better in open air; worse in warm room, in evening and *night; worse* lying on affected side, from music, from tobacco-smoke,

Vinegar in large doses is antidotal to poisonous effects.

Relationship.--Acids, wine and coffee, lemonade, and acid fruits

dry, cold winds.

modify its action.

Not indicated in malarial and low fevers or hectic and pyæmic conditions, and in inflammations when they localize themselves. *Sulphur* often follows it. Compare *Cham* and *Coffea* in *intense pain* and sleeplessness.

Agrostis acts like Acon in fever and inflammations, also *Spiranthes*. Complementary: *Coffea; Sulph*. Sulphur may be considered a chronic Aconite. Often completes a cure begun with Aconite.

Compare; Bellad; Cham; Coffea; Ferr, phos.

Aconitine.--(Heavy feeling as of lead; pains in supraorbital nerve; icecold sensations creep up; hydrophobia symptoms. Tinnitus aurium 3x). Tingling sensation.

Aconitum Lycotonum.--Great yellow wolfsbane.--(Swelling of glands; Hodgkin's disease. Diarrhœa after eating pork. Itching of nose, eyes, anus and vulva. Skin of nose cracked; taste of blood). Aconitum Cammarum.--(Headache with vertigo and tinnitus. Cataleptic symptoms. Formication of tongue, lips and face). Aconitum ferox.--Indian Aconite.--Rather more violent in its actions than A. *napellus*. It is more diuretic and less antipyretic. It has proved valuable in *cardiac dyspnœa*, neuralgia, and acute gout. *Dyspnœa*. Must sit up. Rapid respiration. Anxiety, with suffocation from feeling of paralysis in respiratory muscles. Cheynes-Stokes breathing. *Quebracho* (cardiac dyspnœa) (*Achyranthes*.--A Mexican drug--very similar to Aconite in fevers, but of larger range, being also adapted to typhoidal states and intermittents. Muscular rheumatism. A great diaphoretic. Use 6x). Eranthis hymnalis--(Winter Aconite--acts on solar plexus and works upwards causing dyspnea. Pain in occiput and neck).

Dose.--Sixth potency for sensory affections; first to third for congestive conditions. Must be repeated frequently in acute diseases. Acon is a rapid worker. In Neuralgias tincture of the root often preferable, one drop doses (poisonous), or again, the 30th according to susceptibility of patient.

ADONIS VERNALIS

Pheasant's Eye

A heart medicine, after rheumatism or influenza, or Bright's disease, where the muscles of the heart are in stage of fatty degeneration, regulating the pulse and increasing the power of contractions of heart, with increased urinary secretions. Most valuable in cardiac dropsy. Low vitality, with weak heart and slow, weak pulse. Hydrothorax, ascites, Anasarca.

Head.--Feels light; aches across front, *from occiput around temples to eyes*. Vertigo on rising, turning head quickly or lying down. Tinnitus. Scalp feels tight. Eyes dilated.

Mouth.--Slimy. Tongue dirty yellow, sore, feels scalded.

Heart.--Mitral and aortic regurgitation. Chronic aortitis, Fatty heart pericarditis. Rheumatic Endocarditis (*Kalmia*). *Preœcordial pain*, *palpitation, and dyspnæa*. Marked venous engorgement. Cardiac asthma (*Quebracho*). Fatty heart. Myocarditis, irregular cardiac action, constriction and vertigo. Pulse rapid, irregular.

Stomach.--Heavy weight. Gnawing hunger. Faint feeling in

Stomach.--Heavy weight. Gnawing hunger. Faint feeling in epigastrium. Better out of doors.

Urine.--Oily pellicle on urine. Scanty, albuminous.

Respiratory.--Frequent desire to take a long breath. Feeling of weight on chest.

Sleep.--Restlessness, with horrible dreams.

Extremities.--Aching in nape. Spine stiff and aching. Œdema. Relationship.--Adonidin is a cardiac tonic and diuretic. Quarter grain daily, or two to five grains of first decimal trit increases arterial pressure and prolongs the diastole, favoring emptying engorged veins. Is an excellent substitute for Digitalis and is not cumulative in action.

Compare: Digit; Cratoeg; Conval; Strophanthus.

Dose.--Five to ten drops of the tincture.

AESCULUS HIPPOCASTANUM

Horse Chestnut

The action of this drug is most marked on the lower bowel, producing engorged hæmorrhoidal veins, with characteristic backache, with absence of actual constipation. Much pain but little bleeding. Venous stasis general, varicose veins of purple color; everything is slowed down, digestion, heart, bowels, etc. Torpor and congestion of the liver and portal system, with constipation. The back aches and gives out and unfits the patient for business. Flying pains all over. *Fullness in various parts*, dry, swollen mucous membranes. Throat with hæmorrhoidal conditions.

Head.--Depressed and *irritable*. Head dull, confused, aching as from a cold. Pressure in forehead, with nausea, followed by stitches in right hypochondrium. Pain from occiput to frontal region, with bruised sensation of the scalp; worse in the morning. Neuralgic stitches from right to left through forehead, followed by flying pains in epigastrium. Vertigo when sitting and walking.

Eyes.--Heavy and hot, with lachrymation, with *enlarged blood vessels*. Eyeballs sore.

Nose.--Dry; inspired air feels cold, *nasal passages sensitive to it. Coryza*, sneezing. Pressure at root of nose. Membrane over turbinate bones distended and boggy, dependent upon hepatic disorders. Mouth.--Scalded feeling. Metallic taste. Salivation. Tongue thickly coated, feels as if scalded.

Throat.--Hot, *dry*, raw, stitching pain into ears when swallowing. Follicular pharyngitis connected with hepatic congestion. *Veins in pharynx distended* and tortuous. Throat sensitive to inspired air; feels excoriated and constricted, burns like fire on swallowing, in afternoon. Early stages of atrophic pharyngitis in dried-up, bilious subjects. Hawking of ropy mucus of sweetish taste.

Stomach.--Weight of a stone, with gnawing, aching pain; most manifest about three hours after meals. Tenderness and fullness in region of liver.

Abdomen.--Dull aching in liver and epigastrium. Pain at umbilicus. Jaundice; throbbing in hypogastrium and pelvis.

Rectum.--Dry, aching. *Feels full of small sticks*. Anus raw, sore. Much pain after stool, with prolapse. *Hæmorrhoids*, with sharp shooting pains up the back; blind and bleeding; worse during climacteric. Large, hard, dry stools. Mucous membrane seems swollen and obstructs the passage. Irritation caused by ascarides and aids their expulsion. *Burning in anus with chills up and down back*. Urinary.--Frequent, scant, dark, muddy, hot urine. Pain in kidneys, especially left and ureter.

Male.--Discharge of prostatic fluid at stool.

Female.--Constant throbbing behind symphysis pubis. Leucorrhea, with lameness of back across the sacro-iliac articulation; dark yellow, sticky corroding; worse after menses.

Chest.--Feels constricted. Heart's action full and heavy, can feel pulsations all over. Laryngitis; coughs *depending on hepatic disorders*; hot feeling in chest; pain around heart in hæmorrhoidal subjects.

Extremities.--Aching and soreness in limbs, in left acromion process with shooting down arms; finger tips numb.

Back.--Lameness in neck; aching between shoulder blades; region of *spine feels weak*; back and legs give out. *Backache affecting sacrum and hips*; *worse walking or stooping*. When walking feet turn under. Soles feel sore, tired, and swell. Hands and feet swell, and become red after washing, feel full.

Fever.--Chill at 4 pm. Chilliness up and down back. Fever 7 to 12 pm. Evening fever, skin hot and dry. Sweat profuse and hot with the fever.

Modalities.--Worse, in morning on awaking, and from any motion, walking; from moving bowels; after eating, afternoon, standing. Better, cool open air.

Relationship.--Aesculus glabra-Ohio-Buckeye Proctitis. Very painful, dark purple, external hæmorrhoids, with constipation and vertigo and portal congestion. Speech thick, tickling in throat, impaired vision, paresis. *Phytolacca* (throat dry, more often in acute cases). Negundium Americanum--Box-elder--(Engorgements of rectum and piles with great pain, ten-drop doses of tincture every two

hours). Compare also: *Aloe, Collinson. Nux. Sulphur*. Dose.--Tincture, to third potency.

AGAVE AMERICANA

Century Plant

Indicated in stomach ache, and painful erections in gonorrhea. Strangury. Hydrophobia. Scurvy; countenance pale, gums swollen and bleeding, legs covered with dark purple blotches, swollen, painful and hard. Appetite poor; bowels constipated.

Relationship.--Compare: Anhalonium; Lyssin; Lach.

Dose.—Tincture

AGRAPHIS NUTANS

Bluebell

A relaxed condition of the system generally and a proneness to take cold on exposure to cold winds.

Catarrhal conditions; obstruction of nostrils. *Adenoids, throat deafness. Enlarged tonsils*. Mucous diarrhæa from cold. Chill from cold winds. Throat and ear troubles *with tendency to free discharge from mucous membranes*. Mutinism of childhood unconnected with deafness.

Relationship.--Compare: Hydrast; Cepa; Calc phos; Sulph jod; Calc jod.

Dose.--Third potency. Single doses of tincture (Dr. Cooper).

ALCHILLEA MILLEFOLIUM

Yarrow

An invaluable remedy for various types of hæmorrhages; blood bright red. Incarcerated hernia; smallpox, with great pain in pit of stomach. After operations for stone. Bad effects from fall from a height; overlifting. *Continued high temperature*. Hæmoptysis. Head.--Vertigo when moving slowly. Sensation as if he had forgotten something. The head seems full of blood. Convulsions and epilepsy from suppressed menses. *Piercing thrusts* of pain. Nose.--*Nosebleed (Erecht)*. Piercing pain from eyes to root of nose. Stool.--Hæmorrhage from bowels. Bleeding hæmorrhoids. *Urine bloody (Senec aur)*.

Female.--Menses early, profuse, protracted. Hæmorrhage from uterus; bright red, fluid. *Painful varices during pregnancy*. Respiratory.--Hæmoptysis in incipient phthisis. Cough, with bloody expectoration, in suppressed menses or hæmorrhoids. Violent palpitation.

Relationship.--Compare: Ficus venosa (Pakur). Hæmorrhage from

bowels and lungs. *Acalypha* and *Helix tosta*-Snail--(in hæmoptysis, diseases of chest, consumption); also, *Secale; Ipec; Erecht; Geran; Hamam.*

Dose.--Tincture, to third potency.

ALETRIS FARINOSA

Stargrass

An anæmic, relaxed condition, especially of the female organism, is portrayed by this remedy. The patient *is tired all the time*, and suffers from prolapsus, leucorrhæa, rectal distress, etc. Marked anæmia. Chlorotic girls and pregnant women.

Mind.--Power and energy weakened. Confused feelings. Cannot concentrate mind. Fainting, with vertigo.

Mouth.--Much frothy saliva.

Stomach.--Disgust for food. Least food causes distress. Fainting spells, with vertigo. Vomiting during pregnancy. Nervous dyspepsia. Flatulent colic.

Rectum.--Loads up with feces-paretic condition. Stool large, hard, difficult, great pain.

Female.--Premature and profuse menses, with labor-like pains (Bell; Cham; Kali c; Plat). Retarded and scanty flow (Senecio). Uterus seems heavy. Prolapse, with pain in right inguinal region. Leucorrhœa due to weakness and anæmia. Habitual tendency to abortion. Muscular pains during pregnancy.

Relationship.--Compare: *Helonias; Hydrastis; Tanacet; China*. Dose.--Tincture to third potency.

ALLIUM SATIVUM

Garlic

Acts directly on intestinal mucous membrane increasing peristalsis. Colitis, with pathological flora. Has vaso-dilatory properties. Arterial hypotension begins usually in 30 to 45 minutes after twenty to forty drop doses of the tincture.

Adapted to fleshy subjects with dyspepsia and catarrhal affections. High livers. Patients who eat a great deal more, *especially meat*, than they drink. *Pain in hip, pain in psoas and iliac muscles. Pulmonary tuberculosis*.

Cough and expectoration diminishes, temperature becomes normal, weight is gained, and sleep becomes regular. *Hæmoptysis*.

Head.--Heavy; pulsation in temples; catarrhal deafness.

Mouth.--Much sweetish saliva after meals and at night. Sensation of a hair on tongue or throat.

Stomach.--Voracious appetite. Burning eructations. Least change in diet causes trouble. Constipation, with constant dull pains in bowels.

Tongue pale, red papillæ.

Respiratory.--Constant rattling of mucus in bronchi. Cough in the morning after leaving bedroom, with mucous expectoration, which is tenacious and difficult to raise. Sensitive to cold air. Dilated bronchi, with fetid expectoration. Darting pain in chest.

Female.--Pain in swelling of breasts. Eruption in vagina and on breasts and vulva during menses.

Relationship.--*Allium Sat* according to Dr. Teste, belongs to the Bryonia group, including Lycopod. Nux. Colocy, Digital and Ignatia which affect deeply all flesh eating animals and hardly at all vegetarians. Hence their special applicability to meat eaters rather than to exclusive vegetarians.

Compare: Capsicum; Arsenic; Senega; Kali nit.

Complementary: Arsenic.

Antidote: *Lycopod*.

Dose.--Third to sixth potency. In tuberculosis, dose, four to six grammes in moderate state of dessication daily, in divided doses.

ALNUS RUBRA

Red Alder

Has some reputation as a remedy for skin affections, glandular enlargements, and indigestion from imperfect secretion of gastric juice. It stimulates nutrition, and thus acts favorably upon strumous disorders, enlarged glands, etc. Ulcerated mucous membranes of mouth and throat. Fingers covered by crust caused by pustules, disagreeable odor. Indigestion from imperfect secretion of gastric juice.

Female.--Leucorrhœa, with erosions of cervix, bleeding easily. Amenorrhœa, with burning pains from back to pubis. Skin.--Chronic herpes. Enlarged sub-maxillary glands. Eczema, prurigo. Purpura hæmorrhagica. Poison-oak. Use locally. Dose.--Tincture to third potency.

ALSTONIA SCHOLARIS

Dita Bark

Malarial diseases, with diarrhea, dysentery, anæmia, feeble digestion, are the general conditions suggesting this remedy. Characteristics are the gone sensation in stomach and sinking in abdomen, with debility. *A tonic after exhausting fevers*.

Abdomen -- Violent purging and cramp in bowels. Heat and irrita

Abdomen.--Violent purging and cramp in bowels. Heat and irritation in lower bowels. Camp diarrhea, bloody stool, *dysentery*; diarrhea from bad water and malaria. *Painless watery stools (Phosph ac)*. Diarrhea immediately after eating.

Relationship.--Compare: Similar in action to *Alstonia constricta*, the

bitter bark or native quinine of Australia. *Ditain* (active principle, is anti-periodic, like quinine, but without unpleasant effects). *Cinchona* (similar in diarrhœa, chronic dyspepsia and debility). *Hydrastis; Fer cit et chin*.

Dose.--Tincture to third potency. Locally, for ulcers and rheumatic pains.

AMBROSIA ARTEMISIAEFOLIA

Rag-Weed

A remedy for hay-fever, *lachrymation* and *intolerable itching of the eye-lids*. Some forms of whooping-cough. Respiratory tract in its entire length stopped up. *Many forms of diarrhæa*, especially during summer months, also dysentery.

Nose.--Watery coryza; sneezing; watery discharge. *Nosebleed*. Stuffed up feeling of nose and head. Irritation of trachea and bronchial tubes, with asthmatic attacks (*Aral; Eucalypt*). Wheezy cough.

Eyes.--Smart and burn. Lachrymation.

Relationship.--Compare in hay-fever: Sabadilla, Wyethia; Succin ac; Ars jod; Arundo.

Dose.--Tincture, to third potency; 10 drops in water during and after attack of epistaxis. In hay-fever high potencies.

AMYGDALUS PERSICA

Peach Tree

A most valuable remedy in vomiting of various kinds; *morning sickness*. Irritation of eyes. Ischuria and hæmaturia.

Hæmorrhage from the bladder.

Gastric irritation of children; no form of food tolerated. Loss of smell and taste. Gastric and intestinal irritation when the tongue is elongated and pointed, tip and edges red. Constant nausea and vomiting.

Relationship.--Compare: *Amygd amara*-Bitter Almond (Pains through tonsils, throat dark, difficult swallowing, vomiting, cough with sore chest).

Dose.--Fresh infusion or mother tincture.

ANEMOPSIS CALIFORNICA

Yerba Mansa-Household Herb

A mucous membrane medicine. Chronic forms of inflammation of the Schneiderian membrane with considerable relaxation and profuse discharge. Chief value in *catarrhal states*, with full stuffy sensation in head and throat. Useful in cuts, bruises and sprains; and as a diuretic and in malaria. Not yet proven, but found useful in profuse mucous or serous discharges; in nasal and pharyngeal catarrh, diarrhœa and urethritis. Recommended in heart disease, as a quieting agent when unduly excited. Flatulence; promotes digestion.

Relationship.--Compare Piper meth.

Dose.--The tincture internally and locally as a spray.

ANHALONIUM LEWINII

Mescal Button

Mescal is a strong intoxicating spirit distilled from *Pulque fuerte*. Pulque is made from the Agave Americana of Mexico, locally known as Maguey and is the national beverage of Mexico. Indians call it Peyote. It weakens the heart, produces insanity. Its most striking effects appear in the *auditory nerve* for it makes each note upon the piano a center of melody which seems to be surrounded by a halo of color pulsating to the rhythm of the music" (Hom. World). Causes a form of intoxication accompanied by wonderful visions, remarkably beautiful and varied kaleidoscopic changes, and a sensation of increased physical ability. Also visions of monsters and various gruesome forms. A cardiac tonic and respiratory stimulant. Hysteria and insomnia. A remedy for brainfag, delirium, megrim, hallucinations, with colored brilliant visions. Motor inco-ordination. Extreme muscular depression; increased patellar reflex. Paraplegia. Mind.--Loss of conception of time. Difficult enunciation. Distrust and resentment. Lazy contentment. Head.--Aches, with disturbed vision. Fantastic, brilliant, moving

Head.--Aches, with disturbed vision. Fantastic, brilliant, moving colored objects. Affected by beating time. Pupils dilated, vertigo, brain tired. *Polychrome spectra*. Exaggerated reverberation of ordinary sounds.

Dose.--Tincture.

APOCYNUM CANNABINUM

Indian Hemp

Increases secretions of mucous and serous membranes and acts on cellular tissue, producing ædema and dropsy and on skin causing diaphoresis. Acute hydrocephalus. A diminished frequency of the pulse is a prime indication. This is one of our most efficient remedies, in *dropsies*, ascites, anasarca and hydrothorax, and urinary troubles, especially suppression and strangury. In the digestive complaints of Bright's disease, with the nausea, vomiting, drowsiness, difficult breathing, it will be found of frequent service. The dropsy is characterized by great thirst and gastric irritability. Arrhythmia. *Mitral and tricuspid regurgitation. Acute alcoholism.* Relaxation of sphincters.

Mind.--Bewildered. Low spirited.

Nose.--Long-continued sneezing. Snuffles of children (*Sambucus*). Chronic nasal catarrh with tendency to acute stuffiness with dull, sluggish memory. Dull headache. Takes cold easily, nostrils become congested and blocked up easily.

Stomach.--Nausea, with drowsiness. Thirst on walking. *Excessive vomiting*. Food or water is immediately ejected. Dull, heavy, sick feeling. Oppression in epigastrium and chest, impeding breathing (*Lobelia infl*). Sensation of sinking in stomach. Abdomen bloated. Ascites.

Stool.--*Watery*, flatulent, with soreness in anus; worse after eating. Feeling as if sphincter were open and stools ran right out.

Urine.--Bladder much distended. Turbid, hot urine, with thick mucus and burning in urethra, after urinating. Little expulsive power. Dribbling. Strangury. *Renal Dropsy*.

Female.--Amenorrhæa, with bloating; metrorrhagia with nausea; fainting, vital depression. Hæmorrhages at change of life. Blood expelled in large clots.

Respiratory.--Short, dry cough. *Respiratory short and unsatisfactory*. Sighing. Oppression about epigastrium and chest. Heart.--Tricuspid regurgitation; rapid and feeble, irregular cardiac action, low arterial tension, pulsating jugulars, general cyanosis and general dropsy.

Sleep.--Great restlessness and little sleep.

Modalities.--Worse, cold weather; cold drinks; uncovering. Relationship.--Cymarin is the active principle of Apocyn, lowers pulse rate and increases blood-pressure. Strophanthus (extreme cardiac depression with intense gastric disturbance; dropsy). Aralia hispida-Wild Elder-a valuable diuretic, useful in dropsy of the cavities, either due to hepatic or renal disease with constipation. Urinary disorders, especially with dropsy. Scudder advises doses of five to thirty drops in sweetened cream of tartar, (Solution). Apis, Arsenic, Digital; Helleb.

Dose.--Tincture (ten drops three times daily) and in acute alcoholism 1 dram of decoction in 4 oz water.

APOCYNUM ANDROSAEMIFOLIUM

Dogbane

The rheumatic symptoms of this remedy promise most curative results. Its pains are of a wandering nature, with much stiffness and drawing. Everything smells and tastes like honey. Worms. Trembling and prostration. Swollen sensations.

Extremities.--Pain in all joints. Pain in toes and soles. Swelling of hands and feet. Profuse sweat, with much heat in soles. Tingling pain in toes. Cramps in soles. Violent heat in soles (*Sulph*).

Dose.--Tincture and first potency.

ARALIA RACEMOSA

American Spikenard

This is a remedy for asthmatic conditions, with *cough aggravated on lying down*. Drenching sweat during sleep. Extreme sensitiveness to draughts. Diarrhea, prolapse of rectum. Aching in rectum extending upwards; worse lying on side lain upon.

Respiratory.--Dry cough coming on after first sleep, about middle of night. Asthma on lying down at night with spasmodic cough; worse after first sleep, with tickling in throat. Constriction of chest; feels as if a foreign body were in throat. Obstruction worse in spring. Hayfever; frequent sneezing. Rawness and burning behind sternum.

The least current of air causes sneezing, with *copious watery*, *excoriating nasal discharge*, *of salty acrid taste*.

Female.--Menses suppressed; leucorrhœa foul-smelling, acrid, with pressing-down air. Lochia suppressed, with tympanites.

Modalities.--Worse about 11 pm (cough).

Relationship.--Compare: *Pecten-Scallop* (humid asthma. Quick, labored breathing. Constriction of chest, especially right side. Asthma preceded by coryza and burning in throat and chest. Attacks ends with copious expectoration of tough, frothy mucus. Worse at night). *Ars iod; Naphthaline; Cepa; Rosa; Sabad; Sinapis*.

Dose.--Tincture, to third potency.

ARBUTUS ANDRACHNE

Strawberry Tree

A remedy for eczema associated with gouty and rheumatic symptoms. Arthritis; especially larger joints. Urine rendered more clear. Lumbago. Symptoms shift from skin to joints. Vesical symptoms.

Relationship.--*Arbutin; Ledum; Bryonia; Kalmia.* Dose.--Tincture, to third potency.

ARNICA MONTANA

Leopard's Bane

Produces conditions upon the system quite similar to those resulting from injuries, falls, blows, contusions. Tinnitus aurium. *Putrid phenomena*. Septic conditions; prophylactic of pus infection. Apoplexy, red, full face.

It is especially suited to cases when any injury, however remote, seems to have caused the present trouble. *After traumatic injuries*, overuse of any organ, strains. Arnica is disposed to cerebral

congestion. Acts best in plethoric, feebly in debilitated with impoverished blood, cardiac dropsy with dyspnæa. A muscular tonic. Traumatism of grief, remorse or sudden realization of financial loss. Limbs and body ache as if beaten; joints as if sprained. Bed feels too hard. Marked effect on the blood. Affects the venous system inducing stasis. Echymosis and hæmorrhages. Relaxed blood vessels, black and blue spots. Tendency to hæmorrhage and low-fever states. Tendency to tissue degeneration, septic conditions, abscesses that do not mature. *Sore, lame, bruised feeling*. Neuralgias originating in disturbances of pneumo-gastric. Rheumatism of muscular and tendinous tissue, especially of back and shoulders. Aversion to tobacco. *Influenza*. Thrombosis. Hematocele.

Mind.--Fears touch, or the approach of anyone. Unconscious; when spoken to answers correctly, but relapses. Indifference; inability to perform continuous active work; morose, delirious. Nervous; cannot bear pain; whole body oversensitive. Says there is nothing the matter with him. Wants to be let alone. Agoraphobia (fear of space). After mental strain or shock.

Head.--*Hot, with cold body*; confused; sensitiveness of brain, with sharp, pinching pains. Scalp feels contracted. Cold spot on forehead. Chronic vertigo; objects whirl about especially when walking. Eyes.--Diplopia from traumatism, muscular paralysis, retinal hæmorrhage. Bruised, sore feeling in eyes after close work. Must keep eyes open. Dizzy on closing them. Feel tired and weary after sight-seeing, moving pictures, etc.

Ears.--Noises in ear caused by rush of blood to the head. Shooting in and around ears. Blood from ears. Dullness of hearing after concussion. Pain in cartilages of ears as if bruised.

Nose.--Bleeding after every fit of coughing, dark fluid blood. Nose feels sore; *cold*.

Mouth.--Fetid breath. Dry and thirsty. Bitter taste (Colocy). Taste as from bad eggs. Soreness of gums after teeth extraction (Sepia). Empyæma of maxillary sinus.

Face.--Sunken; very red. Heat in lips. Herpes in face.

Stomach.--Longing for vinegar. Distaste for milk and meat. Canine hunger. Vomiting of blood. Pain in stomach during eating. Repletion with loathing. Oppressive gases pass upward and downward. Pressure as from a stone. Feeling as if stomach were passing against spine. Fetid vomiting.

Abdomen.--Stitches under false ribs. Distended; offensive flatus. Sharp thrusts through abdomen.

Stool.--Straining of tenesmus in diarrhæa. Offensive, brown, bloody, putrid, involuntary. Looks like brown yeast. Must lie down after every stool. Diarrhæa of consumption; worse lying on left side. Dysenteric stools with muscular pains.

Urine.--Retained from over-exertion. Dark brick-red sediment.

Vesical tenesmus with very painful micturition.

Female.--Bruised parts after labor. Violent after-pains. Uterine hæmorrhage from mechanical injury after coition. Sore nipples. Mastitis from injury. Feeling as if fœtus were lying crosswise. Respiratory.--Coughs depending on cardiac lesion, paroxysmal, at night, during sleep, worse exercise. Acute tonsillitis, swelling of soft palate and uvula. Pneumonia; approaching paralysis. Hoarseness from overuse of voice. Raw, sore feeling in morning. Cough produced by weeping and lamenting. Dry, from tickling low down in trachea. Bloody expectoration. Dyspnœa with hæmoptysis. All bones and cartilages of chest painful. *Violent spasmodic cough, with facial herpes*. Whooping cough, child cries before coughing. *Pleurodynia (Ranunc; Cimicif*).

Heart.--*Angina pectoris*; pain especially severe in elbow of left arm. Stitches in heart. Pulse feeble and irregular. Cardiac dropsy with distressing dyspnæa. Extremities distended, feel bruised and sore. Fatty heart and hypertrophy.

Extremities.--Gout. Great fear of being touched or approached. Pain in back and limbs, as if bruised or beaten. Sprained and dislocated feeling. Soreness after overexertion. Everything on which he lies seems too hard. Deathly coldness of forearm. Cannot walk erect, on account of bruised pain in pelvic region. Rheumatism begins low down and works up (*Ledum*).

Skin.--Black and blue. Itching, burning, eruption of small pimples. Crops of small boils (Ichthyol; Silica). Ecchymosis. Bed sores (Bovinine locally). Acne indurata, characterized by symmetry in distribution.

Sleep.--Sleepless and restless when over tired. Comatose drowsiness; awakens with hot head; dreams of death, mutilated bodies, anxious and terrible. Horrors in the night. Involuntary stools during sleep. Fever.--Febrile symptoms closely related to typhoid. Shivering over whole body. Heat and redness of head, with coolness of rest of body. Internal heat; feet and hands cold. Nightly sour sweats.

Modalities.--Worse, least touch; motion; rest; wine; damp cold. Better, lying down, or with head low.

Relationship.--Antidotes: *Camph*.

*Vitex trifolia.--*Indian Arnica (Sprains and pains, headache in temples, pain in joints; pain in abdomen; pain in testicles).

Complementary: Acon; Ipec.

Compare: Acon; Bapt; Bellis; Hamam; Rhus; Hyperic.

Dose.--Third to thirtieth potency. Locally, the tincture, but should never be applied hot or at all when abrasions or cuts are present.

ASCLEPIAS CORNUTI

Silk-weed

(ASCLEPIAS SYRIACA)

Seems to act especially on nervous system and urinary organs. A remedy for dropsy, hepatic, renal or cardiac and post-scarlatinal; causes diaphoresis and augments the urinary secretion. Acute rheumatic inflammation of large joints. Intermittent, pressing-down uterine pains.

Head.--Feels as if a sharp instrument were thrust through from temple to temple. Constriction across forehead. Nervous headache, after suppressed perspiration, followed by increased urine, with increase of specific gravity. Headache from retention of effete matters in system.

Relationship.--Compare: *Asclepias Vincetoxicum*.--Swallow-wart.--*Cynanchum*--(A gastro-intestinal irritant, producing vomiting and purgation).--(Useful in dropsy, diabetes, great thirst, profuse urination).

Dose.--Tincture.

ASCLEPIAS TUBEROSA

Pleurisy-root

Its action on the chest muscles is most marked and has been verified. Sick headache, with flatulence in stomach and bowels. Dyspepsia. Bronchitis and pleurisy come within its range. Catarrhal states from cold and damp weather. Irritation of larynx with huskiness; grip, with pleuritic pain.

Respiratory.--Respiration painful, especially at base of left lung. Dry cough; throat constricted; causes pain in head and abdomen. Pain in chest; shooting downward from left nipple. A general eliminative remedy, acting specially on the sudoriparous glands. Chest pains are relieved by bending forward. Spaces between ribs close to sternum tender. Lancinating pain between shoulders. Catarrh, with frontal headache, and sticky yellow discharge.

Stomach.--Fullness, pressure, weight. Flatulence after meals. Sensitive to tobacco.

Rectum.--*Catarrhal dysentery, with rheumatic pains all over*. Stools smell like rotten eggs.

Extremities.--Rheumatic joints give sensation as if adhesions being broken up on bending.

Relationship.--Compare: *Asclepias Incarnata*-Swamp Milk Weed (Chronic gastric Catarrh and leucorrhœa. Dropsy with dyspnœa) *Periploca groeca*-One of the Asclepiades--(Cardiac tonic, acts on circulation and respiratory center, accelerating respiration in a ratio disproportionate to pulse). *Bryonia; Dulc*.

Dose.--Tincture and first potency.

AVENA SATIVA

Common Oat

Has a selective action on brain and nervous system, favorably influencing their nutritive function.

Nervous exhaustion, sexual debility, and the morphine habit call for this remedy in rather material dosage. Best tonic for debility after exhausting diseases. Nerve tremors of the aged; chorea, paralysis agitans, epilepsy. Post-diphtheritic paralysis. Rheumatism of heart. *Colds*. Acute coryza (20 drop doses in hot water hourly for a few doses). Alcoholism. Sleeplessness, especially of alcoholics. Bad effects of *Morphine* habit. Nervous states of many female troubles.

Mind.--Inability to keep mind on any one subject.

Head.--Nervous headache at menstrual period, with burning at top of head. Occipital headache, with phosphatic urine.

Female.--Amenorrhœa and dysmenorrhœa, with weak circulation. Male.--Spermatorrhœa; impotency; after too much indulgence. Extremities.--Numbness of limbs, as if paralyzed. Strength of hand diminished.

Relationship.--Compare: *Alfalfa* (General tonic similar to avena-also in scanty and suppressed urine).

Dose.--Tincture ten to twenty drop doses, preferably in hot water.

BAPTISIA TINCTORIA

Wild Indigo

The symptoms of this drug are of an asthenic type, simulating low fevers, *septic conditions* of the blood, malarial poisoning and extreme prostration. Indescribable sick feeling. *Great muscular soreness and putrid phenomena always are present*. All the secretions are offensive-breath, stool, urine, sweat, etc. Epidemic influenza. Chronic intestinal toxæmias of children with fetid stools and eructations.

Baptisia in low dilutions produces a form of anti-bodies to the bac typhosus, viz, the agglutinins (*Mellon*). Thus it raises the natural bodily resistance to the invasion of the bacillary intoxication, which produces the typhoid syndrome. Typhoid carriers. After inoculation with anti-typhoid serum. Intermittent pulse, especially in the aged. Mind.--Wild, wandering feeling. Inability to think. Mental confusion. Ideas confused. Illusion of divided personality. *Thinks he is broken or double, and tosses about the bed trying to get pieces together* (*Cajeput*). Delirium, wandering, muttering. Perfect indifference. Falls asleep while being spoken to. Melancholia, with stupor. Head.--Confused, swimming feeling. Vertigo; pressure at root of nose. Skin of forehead feels tight; seems drawn to back of head. Feels too large, *heavy, numb*. Soreness of eyeballs. Brain feels sore. Stupor; falls asleep while spoken to. Early deafness in typhoid conditions.

Eyelids heavy.

Face.--Besotted look. Dark red. Pain at root of nose. Muscles of jaw rigid.

Mouth.--Taste flat, bitter. Teeth and gums sore, ulcerated. *Breath fetid. Tongue feels burned*; yellowish-brown; edges red and shining. Dry and brown in center, with dry and glistening edges; surface cracked and sore. *Can swallow liquids only*; least solid food gags. Throat.--Dark redness of tonsils and soft palate. *Constriction, contraction of æsophagus (Cajeput)*. Great difficulty in swallowing solid food. Painless sore throat, and offensive discharge. *Contraction at cardiac orifice*.

Stomach.--Can swallow only liquids, vomiting due to spasm of œsophagus. Gastric fever. No appetite. Constant desire for water. *Sinking feeling at stomach*. Pain in epigastric region. Feeling of hard substance (*Abies nig*). All symptoms worse from beer (*Kali bich*). Cardiac orifice contracted convulsively and ulcerative inflammation of stomach and bowels.

Abdomen.--Right side markedly affected. Distended and rumbling. Soreness over region of gall-bladder, with diarrhæa. Stools very *offensive, thin, dark, bloody*. Soreness of abdomen, in region of liver. Dysentery of old people.

Female.--Threatened miscarriage from mental depression, shock, watching, low fevers. Menses too early, too profuse. Lochia acrid, fetid. Puerperal fever.

Respiratory.--Lungs feel compressed, breathing difficult; seeks open window. Fears going to sleep on account of nightmare and *sense of suffocation*. Constriction of chest.

Back and Extremities.--Neck tired. Stiffness and pain, aching and drawing in arms and legs. Pain in sacrum, around hips and legs. *Sore and bruised*. Decubitus.

Sleep.--Sleepless and restless. Nightmare and frightful dreams. Cannot get herself together, feels scattered about bed. Falls asleep while answering a question.

Skin.--Livid spots all over body and limbs. Burning and heat in skin (*Arsenic*). Putrid ulcers with stupor, low delirium and prostration. Fever.--Chill, with rheumatic pains and soreness all over body. Heat all over, with occasional chills. Chill about 11 am. *Adynamic fevers*. Typhus fever. Shipboard fever.

Modalities.--Worse; Humid heat; fog; indoors.

Relationship.--Compare: *Bryonia* and *Arsenic* may be needed to complete the favorable reaction. *Ailanthus* differs, being more painful. Baptisia more painless. *Rhus; Muriat acid; Arsenic; Bryon; Arnica; Echinac. Pyrogen*.

Baptisia confusia (Pain in right jaw and oppression in left hypochondrium, producing dyspnæa and necessity to assume erect position).

Dose.--Tincture, to twelfth attenuation. Has rather short action.

BAROSMA CRENULATUM

Buchu

(BAROSMA CRENATA)

Marked specific effects on genito-urinary system; *muco-purulent discharges*. Irritable bladder, with vesical catarrh; prostatic disorders. Gravel. Leucorrhœa.

Relationship.--Compare: Copaiva; *Thuja; Populus; Chimaph*. See Diosma.

Dose.--Tincture or tea from leaves.

BELLIS PERENNIS

Daisy

It acts upon the muscular fibers of the blood-vessels. Much muscular soreness. Lameness, as if sprained. Venous congestion, due to mechanical causes. First remedy in injuries to the deeper tissues, after major surgical work. Results of injuries to nerves with intense soreness and intolerance of cold bathing. After gout, debility of limbs.

Traumatism of the pelvic organs, auto-traumatism, expresses the condition calling for this remedy; ill effects from masturbation. Excellent remedy for sprains and bruises. Complaints due to cold food or drink when the body is heated, and in affections due to cold wind. Externally, in nævi. Acne. *Boils all over. Sore, bruised feeling in the pelvic region*. Exudations, stasis, swelling, come within the range of this remedy. Rheumatic symptoms. Does not vitiate the secretions. "It is a princely remedy for old laborers, especially gardeners" (Burnett).

Head.--Vertigo in elderly people. Headache from occiput to top of head. Forehead feels contracted. *Bruised soreness*. Itching around scalp and over back, worse from hot bath and bed.

Female.--Breasts and uterus engorged. Varicose veins in pregnancy. During pregnancy inability to walk. Abdominal muscles lame. Uterus feels sore, as if squeezed.

Sleep.--Wakes early in morning and cannot get to sleep again. Abdomen.--Soreness of abdominal walls and of uterus. Stitches in spleen, sore, enlarged. Yellow, painless diarrhœa, foul odor, worse at night. Bloated; rumbling in bowels.

Skin.--*Boils*. Ecchymosis, swelling, very sensitive to touch. Venous congestion due to mechanical causes. Varicose veins with bruised sore feeling. Exudations and swellings. Acne.

Extremities.--Joints sore, muscular soreness. Itching on back and flexor surfaces of thighs. Pain down anterior of thighs. Wrist feels

contracted as from elastic band around joint. Sprains feels contracted as from elastic band around joint. Sprains with great soreness. *Railway spine*.

Relationship.--Compare: *Arnica; Arsenic; Staphis; Hamamelis; Bryonia; Vanadium* (degenerative states).

Modalities.--*Worse, left side*; hot bath and warmth of bed; before storms; cold bathing; cold wind.

Dose.--Tincture to third potency.

BERBERIS VULGARIS

Barberry

Rapid change of symptoms-pains change in regard to place and character-thirst alternates with thirstlessness, hunger, and loss of appetite, etc. Acts forcibly on the venous system, producing pelvic engorgements and hæmorrhoids.

Hepatic, and rheumatic affections, particularly with urinary, hæmorrhoidal and menstrual complaints.

Old gouty constitutions. Pain in region of kidneys is most marked; hence its use in renal and vesical troubles, gall-stones, and vesical catarrh. It causes inflammation of kidneys with hæmaturia. Pains may be felt all over body, emanating from small of back. It has also marked action on the liver, promoting the flow of bile. Often called for in arthritic affections with urinary disturbances. Wandering, *radiating* pains. Acts well in fleshy persons, good livers, but with little endurance. Spinal irritation. All Berberis pains radiate, are not worse by pressure, but worse in various attitudes, especially standing and active exercise.

Head.--Listless, apathetic, indifferent. Puffy sensation, feeling as if becoming larger. Vertigo with attacks of fainting. Frontal headache. Chilliness in back and occiput. Tearing pain in auricle, and gouty concretions. Sensation of a tight cap pressing upon the whole scalp. Nose.--Dry; obstinate catarrh of left nostril. Crawling in nostrils. Face.--Pale, sickly. Sunken cheeks and eyes, with bluish circles. Mouth.--Sticky sensation. Diminished saliva. Sticky, frothy saliva, like cotton (*Nux mosch*). Tongue feels scalded, vesicles on tongue. Stomach.--*Nausea before breakfast*. Heartburn.

Abdomen.--Stitches in region of gall-bladder; worse, pressure, extending to stomach. Catarrh of the gall-bladder with constipation and yellow complexion. Stitching pain in front of kidneys extending to liver, spleen, stomach, groins, Poupart's ligament. Sticking deep in ilium.

Stool.--Constant urging to stool. Diarrhœa painless, clay-colored, burning, and smarting in anus and perineum. Tearing around anus. *Fistula in ano*.

Urinary.--Burning pains. Sensation as if some urine remained after

urinating. Urine with thick *mucus and bright-red*, mealy sediment. Bubbling, sore sensation in kidneys. Pain in bladder region. *Pain in the thighs and loins on urinating*. Frequent urination; urethra burns when not urinating.

Male.--Neuralgia of spermatic cord and testicles. Smarting, burning, stitching in testicles, in prepuce and scrotum.

Female.--Pinching constriction in mons veneris, vaginismus, contraction and tenderness of vagina. Burning and soreness in vagina. Desire diminished, cutting pain during coition. Menses scanty, gray mucus, with pain in kidneys and chilliness, pain down thighs. Leucorrhœa, grayish mucus, with painful urinary symptoms. Neuralgia of ovaries and vagina.

Respiratory.--Hoarseness; polypus of larynx. Tearing stitches in chest and region of heart.

Back.--Stitches in neck and back; worse, respiration. Sticking pain in region of kidneys radiating thence around abdomen, to hips and groins. Numb, bruised sensation. Stitches from kidneys into bladder. Tearing, sticking with stiffness, making rising difficult, involving hips, nates, limbs, with numbness. Lumbago (*Rhus; Tart em*). Metatarsus and metacarpus feel sprained. Post-operative pain in lumbar region; soreness with sharp pain following course of circumflex iliac nerve to bladder with frequent urination.

Extremities.—Rheumatic paralytic pain in shoulders, arms, hands and fingers, legs and feet. *Neuralgia under finger-nails*, with swelling of finger-joints. Sensation of cold on outside of thighs. Heels pain, as if ulcerated. Stitching between metatarsal bones as from a nail when standing. Pain in balls of feet on stepping. Intense weariness and lameness of legs after walking a short distance.

Skin.--Flat warts. *Itching*, burning and smarting; *worse*, *scratching*; better, cold applications. Small pustules over whole body. Eczema of *anus* and *hands*. *Circumscribed pigmentation* following eczematous inflammation.

Fever.--Cold sensation in various parts, as if spattered with cold water. Warmth in lower part of back, hips, and thighs. Modalities.--Worse, motion, *standing*. It brings on, or increases, urinary complaints.

Relationship.--Compare: *Ipomea-Convolvulus Duratinus*-Morning Glory. --(Pain in left lumbar muscles on stooping. Kidney disorders with pain in back. Much abdominal flatulence. Aching in top of right shoulder renal colic; aching in small of back and extremities), *Aloe; Lycopod; Nux; Sarsap. Xanthorrhea arborea* (severe pain in kidneys, cystitis and gravel. Pain from ureter to bladder and testicles; pain in small of back returns from least chill or damp). *Xanthoriza apifolia*-Shrub Yellow Root--contains Berberine. Dilatation of stomach and intestines, atony, enlarged spleen.

Antidotes: Camphor; Bell.

Dose.--Tincture, to sixth potency.

BERBERIS AQUIFOLIUM

Mountain Grape

(BERBERIS AQUIFOLIUM - MAHONIA)

A remedy for the skin, chronic catarrhal affections, secondary syphilis. Hepatic torpor, lassitude and other evidences of incomplete metamorphosis; stimulates all glands and improves nutrition.

Head.--Sensation of a band just above ears. Bilious headache. "Scald head". Scaly eczema.

Face.--Acne. Blotches and pimples. Clears the complexion.

Stomach.--Tongue thickly coated, yellowish-brown; feels blistered.

Burning in stomach. Nausea and hunger after eating.

Urine.--Stitching, crampy pains; thick mucus, and bright-red, mealy sediment.

Skin.--*Pimply, dry, rough, scaly*. Eruption *on scalp extending to face* and neck. Tumor of breast, with pain. Psoriasis. Acne. Dry eczema. Pruritus. Glandular induration.

Relationship.--Carbol acid; Euonym; Berb vulg; Hydr.

Dose.--Tincture in rather material doses.

BRYONIA ALBA

Wild Hops

Acts on all serous membranes and the viscera they contain. Aching in every muscle. The general character of the pain here produced is a stitching, tearing; worse by motion, better rest. These characteristic stitching pains, greatly aggravated by any motion, are found everywhere, but especially in the chest; worse pressure. Mucous membranes are all dry. The Bryonia patient is irritable; has vertigo from raising the head, pressive headache; dry, parched lips, mouth; excessive thirst, bitter taste, sensitive epigastrium, and feeling of a stone in the stomach; stools large, dry, hard; dry cough; rheumatic pains and swellings; dropsical effusions into synovial and serous membranes.

Bryonia affects especially the constitution of a robust, firm fiber and dark complexion, with tendency to leanness and irritability. It prefers the right side, the evening, and open air, warm weather after cold days, to manifest its action most markedly.

Children dislike to be carried or raised. *Physical weakness*, allpervading apathy. Complaints apt to develop slowly.

Mind.--Exceedingly *irritable*; everything puts him out of humor.

Delirium; wants to go home; talks of business.

Head.--Vertigo, nausea, faintness on rising, confusion. *Bursting, splitting headache*, as if everything would be pressed out; as if hit by

a hammer from within; worse from motion, stooping, opening eyes. Headache becomes seated in occiput. Drawing in bones towards zygoma. Headache; worse on motion, even of eyeballs. Frontal headache, frontal sinuses involved.

Nose.--Frequent bleeding of nose when menses should appear. Also in the morning, relieving the headache. Coryza with shooting and aching in the forehead. Swelling of tip of nose, feels as if it would ulcerate when touched.

Ears.--Aural vertigo (*Aur; Nat sal; Sil; Chin*). Roaring, buzzing. Eyes.--Pressing, crushing, aching pain. Glaucoma. Sore to touch and when moving them.

Mouth.--Lips parched, dry, cracked. Dryness of mouth, tongue, and throat, with excessive thirst. Tongue coated yellowish, dark brown; heavily white in gastric derangement. Bitter taste (Nux; Col). Burning in lower lip in old smokers. Lip swollen, dry, black, and cracked. Throat.--Dryness, sticking on swallowing, scraped and constricted (Bell). Tough mucus in larynx and trachea, loosened only after much hawking; worse coming into warm room.

Stomach.--Nausea and faintness when rising up. Abnormal hunger, loss of taste. Thirst for large draughts. Vomiting of bile and water immediately after eating. Worse, warm drinks, which are vomited. Stomach sensitive to touch. Pressure in stomach after eating, as of a stone. Soreness in stomach when coughing. Dyspeptic ailments during summer heat. Sensitiveness of epigastrium to touch. Abdomen.--Liver region swollen, sore, tensive. Burning pain, stitches; worse, pressure, coughing, breathing. Tenderness of abdominal walls.

Stool.--Constipation; stools hard, dry, as if burnt; seem too large. Stools brown, thick, bloody; *worse in morning, from moving*, in hot weather, after being heated, from cold drinks, every spell of hot weather.

Urine.--Red, brown, like beer; scanty, hot.

Female.--Menses too early, too profuse; worse from motion, with tearing pains in legs; *suppressed, with vicarious discharge or splitting headache*. Stitching pains in ovaries on taking a deep inspiration; very sensitive to touch. Pain in right ovary as if torn, extending to thigh (*Lilium; Croc*). Milk fever. Pain in breasts at menstrual period. *Breasts hot and painful hard*. Abscess of mammæ. Frequent bleeding of nose at appearance of menses. Menstrual irregularities, with gastric symptoms. Ovaritis. *Intermenstrual pain, with great abdominal and pelvic soreness (Ham)*.

Respiratory.--Soreness in larynx and trachea. Hoarseness; worse in open air. Dry, hacking cough from irritation in upper trachea. Cough, dry, at night; *must sit up; worse after eating or drinking*, with vomiting, *with stitches in chest*, and expectoration of rust-colored sputa. Frequent desire to take a long breath; *must* expand lungs.

Difficult, quick respiration; worse every movement; caused by stitches in chest. Cough, with feeling as if chest would fly to pieces; presses his head on sternum; must support chest. Croupous and pleuro-pneumonia. Expectoration brick shade, tough, and falls like lumps of jelly. Tough mucus in trachea, loosened only with much hawking. *Coming into warm room excites cough (Nat carb)*. Heaviness beneath the sternum extending towards the right shoulder. Cough *worse* by going into warm *room*. Stitches in cardiac region. Angina pectoris (use tincture).

Back.--Painful stiffness in nape of neck. Stitches and stiffness in small of back. From hard water and sudden changes of weather. Extremities.--Knees stiff and painful. Hot swelling of feet. Joints red, swollen, hot, with stitches and tearing; worse on least movement. Every spot is painful on pressure. Constant motion of left arm and leg (Helleb).

Skin.--Yellow; pale, swollen, dropsical; hot and painful. Seborrhœa. *Hair very greasy*.

Sleep.--Drowsy; starting when falling asleep. Delirium; busy with business matters and what he had read.

Fever.--Pulse full, hard, tense, and quick. Chill with external coldness, dry cough, stitches. Internal heat. Sour sweat after slight exertion. Easy, profuse perspiration. Rheumatic and typhoid marked by gastro-hepatic complications.

Modalities.--Worse, warmth, any motion, morning, eating, hot weather, exertion, touch. Cannot sit up; gets faint and sick. Better, lying on painful side, pressure, rest, cold things.

Relationship.--Complementary: *Upas* when Bryonia fails. *Rhus; Alumina. Illecebrum.*--A Mexican drug.--(Fever with catarrhal symptoms, gastric and typhoid fever symptoms).

Antidotes: Acon; Cham; Nux.

Compare: *Asclep tub; Kali mur; Ptelia*. Dose.--First to twelfth attenuation.

CACTUS GRANDIFLORUS

Night-blooming Cereus (SELENICEREUS SPINULOSUS)

Acts on circular muscular fibers, hence constrictions. It is the heart and arteries especially that at once respond to the influence of Cactus, producing very characteristic *constrictions* as of an iron band. This sensation is found in various places, œsophagus, bladder, etc. The mental symptoms produced correspond to those found when there are heart affections, sadness, and melancholy. *Hæmorrhage*, *constrictions*, *periodicity*, *and spasmodic pains*. Whole body feels as if caged, each wire being twisted tighter. Atheromatous arteries and weak heart. Congestions; irregular distribution of blood. *Favors*

formation of clots speedily. Great periodicity. Toxic goitre with cardiac symptoms. Cactus is pulseless, panting and prostrated. Mind.--Melancholy, taciturn, sad, ill-humored. Fear of death. Screams with pain. Anxiety.

Head.--Headache if obliged to pass dinner hour (*Ars; Lach; Lyc*). *Sensation as of a weight on vertex*. Right-sided pulsating pain. *Congestive headaches*, periodical, threatening apoplexy. Bloodvessels to the head distended. Feels as if head were compressed in a vise. Pulsation in ears. Dim sight. *Right sided prosopalgia*, constricting pains, returns at same hour daily (*Cedron*).

Nose.--Profuse bleeding from nose. Fluent coryza.

Throat.--Constriction of esophagus. Dryness of tongue, as if burnt; needs much liquid to get food down. Suffocative constriction at throat, with full, throbbing carotids in angina pectoris.

Stomach.--*Constriction*, pulsation, or heaviness in stomach. Vomiting of blood.

Stool.--Hard, black stools. Diarrhœa in morning. Hæmorrhoids swollen and painful. Sensation of great weight in anus. Hæmorrhage from bowels in malarial fevers and with heart symptoms.

Urine.--Constriction of neck of bladder, causing retention of urine. Hæmorrhage from bladder. Clots of blood in urethra. Constant urination.

Female.--Constriction in uterine region and ovaries. *Dysmenorrhæa*; pulsating pain in uterus and ovaries. Vaginismus. Menses early, dark, pitch-like (*Cocc; Mag c*); cease on lying down, with heart symptoms. Chest.--Oppressed breathing as from a weight on chest. *Constriction in chest, as if bound, hindering respiration*. Inflammation of diaphragm. *Heart-constriction, as from an iron band*. Angina pectoris. Palpitation; pain shooting down left arm. Hæmoptysis, with convulsive, spasmodic cough. Diaphragmitis, with great difficulty of breathing.

Heart.--Endocarditis with mitral insufficiency together with violent and rapid action. Acts best in the incipiency of cardiac incompetence. Heart weakness of arterio-sclerosis. Tobacco heart. Violent palpitation; worse lying on left side, at approach of menses. Angina pectoris, with suffocation, cold sweat, and ever-present iron band feeling. Pain in apex, shooting down left arm. Palpitation, with vertigo; dyspnæa, flatulence. Constriction; very acute pains and stitches in heart; pulse feeble, irregular, quick, without strength. Endocardial murmurs, excessive impulse, increased præcordial dullness, enlarged ventricle. Low blood pressure.

Extremities.--Œdema of hands and feet. Hands soft; feet enlarged. Numbness of left arm. Icy-cold hands. Restless legs.

Sleep.--Sleepless on account of pulsation in different parts of body. Frightful dreams.

Fever.--Fever every day at same hour. Coldness in back and icy-cold

hands. Intermittent; paroxysms about midday (11 am) incomplete in their stages, accompanied by hæmorrhages. Coldness predominates; cold sweat, with great anguish. Persistent subnormal temperature. Modalities.--Worse, about noon, lying on left side; walking, going upstairs, 11 am and 11 pm. Better, open air.

Relationship.--Antidotes: Acon; Camph; China.

Compare: Digital; Spigel; Convallar; Kalmia; Naja; Magnol. Dose.--Tincture (best made from flowers), to third attenuation.

Higher in nervous palpitation.

CALENDULA OFFICINALIS

Marigold

A most remarkable healing agent, applied locally. Useful for open wounds, parts that will not heal, ulcers, etc. Promotes healthy granulations and rapid healing by first intention. Hæmostatic after tooth extraction. Deafness. Catarrhal conditions. Neuroma. Constitutional tendency to erysipelas. Pain is excessive and out of all proportion to injury. Great disposition to take cold, especially in damp weather. Paralysis after apoplexy. Cancer, as an intercurrent remedy. Has remarkable power to produce local exudation and helps to make acrid discharge healthy and free. Cold hands.

Head.--Extremely nervous; easily frightened; tearing headache; weight on brain. Submaxillary glands swollen, painful to touch. Pain in right side of neck. Lacerated *scalp* wounds.

Eyes.--Injuries to eyes which tend to suppuration; after operations; blenorrhæa of lachrymal sac.

Ears.--Deafness; worse in *damp* surroundings and with eczematous conditions. Hears best on a train, and distant sounds.

Nose.--Coryza in one nostril; with much green discharge.

Stomach.--Hunger immediately after nursing. Bulimia. *Heartburn* with horripilations. Nausea in chest. Vomiting. Sinking sensation. Epigastric *distention*.

Respiratory.--Cough, with green expectoration, hoarseness; with distention of inguinal ring.

Female.--Warts at the os externum. Menses suppressed, with cough. Chronic endocervicitis. Uterine hypertrophy, sensation of weight and fullness in pelvis; stretching and dragging in groin; pain on sudden movements. Os lower than natural. Menorrhagia.

Skin.--Yellow; goose-flesh. Promotes favorable cicatrization, with least amount of suppuration. Slough, proud flesh, and raised edges. Superficial burns and scalds. Erysipelas (use topically).

Fever.--Coldness, great sensitiveness to open air; shuddering in back, skin feels warm to touch. Heat in evening.

Modalities.--Worse, in damp, heavy, cloudy weather.

Relationship.--Compare: Hamamel; Hyperic; Symph; Arn.

Compare in deafness: Ferr pic; Kal iod; Calc; Mag c; Graph.

Antidote: *Chelidon; Rheum*. Complementary: *Hepar*.

Dose.--Locally. Aqueous Calendula (*Marigoldin*) for all wounds, the greatest healing agent. Also as an injection in leucorrhœa; internally, tincture, to third potency. For burns sores, fissures, and abrasions, etc,

use Calendula Cerate.

CALOTROPIS GIGANTEA

Madar Bark

Has been used with marked success in the treatment of *syphilis* following Mercury; also, in elephantiasis, leprosy, and acute dysentery. Pneumonic phthisis. Tuberculosis.

Increases the circulation in the skin; has powerful effects as a sudorific. In the secondary symptoms of syphilis, where Mercury has been used but cannot be pushed safely any farther, it rapidly recruits the constitution, heals the ulcers and blotches from the skin, and perfects the cure. *Primary anæmia of syphilis. Heat in stomach* is a good guiding symptom. *Obesity*, while flesh decreases, muscles become harder and firmer.

Relationship.--Compare: Merc; Potass iod; Berb aqui; Sarsap; Ipecac.

Dose.--Tincture, one to five drops; three times a day.

CALTHA PALUSTRIS

Cowslip

Pain in abdomen, vomiting, headache, singing in ears, dysuria and diarrhœa. Anasarca.

Skin.--Pemphigus. Bullæ are surrounded by a ring. Much itching. Face much swollen, especially around the eyes. Itching eruption on thighs. Pustules. *Uterine cancer*.

Dose.--Tincture.

CANCHALAGUA

Erythraea venusta-Centaury

Used extensively as a fever remedy and bitter tonic (*Gentiana*), antimalarial and antiseptic. Of use in severe type of intermittent fever in hot countries; also, in influenza. Sore, as if bruised all over. Sensation of drops falling from and upon different spots.

Head.--Congested. Scalp feels tight; head feels as if bound; burning in eyes; buzzing in ears.

Fever.--Chill all over; worse in bed at night. Sensitive to cold tradewinds on Pacific Coast. General sore and bruised feeling; nausea and retching.

Skin.--Wrinkled like a washer-woman's. Scalp feels tight, as if drawn together by India-rubber.

Dose.--Tincture, in drop doses. Must be made from the fresh plant. Its medicinal properties are lost in the dry.

CANNABIS INDICA

Hashish

Inhibits the higher faculties and stimulates the imagination to a remarkable degree without any marked stimulation of the lower or animal instinct. A condition of *intense exaltation*, in which all perceptions and conceptions, all sensations and all emotions are exaggerated to the utmost degree.

Subconscious or *dual nature state*. Apparently under the control of the second self, but, the original self, prevents the performance of acts which are under the domination of the second self. Apparently the two natures cannot act independently, one acting as a check, upon the other (Effects of one Dram doses by Dr. Albert Schneider). The experimenter feels ever and anon that he is distinct from the subject of the hashish dream and can think rationally.

Produces the most remarkable hallucinations and imaginations, exaggeration of the duration of time and extent of space, being most characteristic. Conception of time, space and place is gone.

Extremely happy and contented, nothing troubles. Ideas crowd upon each other. Has great soothing influence in many nervous disorders, like epilepsy, mania, dementia, delirium tremens, and irritable reflexes. Exophthalmic goitre. Catalepsy.

Mind.--Excessive loquacity; exuberance of spirits. Time seems too long; seconds seem ages; a few rods an immense distance.

Constantly theorizing. Anxious depression; constant fear of becoming insane. Mania, must constantly move. *Very forgetful; cannot finish sentence*. Is lost in delicious thought. *Uncontrollable laughter*. Delirium tremens. Clairvoyance. Emotional excitement; rapid change

Delirium tremens. Clairvoyance. Emotional excitement; rapid change of mood. Cannot realize her identity, chronic vertigo as of floating off.

Head.--Feels as if top of head were opening and shutting and as if calvarium were being lifted. Shocks through brain (Aloe; Coca). Uræmic headache. Throbbing and weight at occiput. Headache with flatulence. Involuntary shaking of head. Migraine attack preceded by unusual excitement with loquacity.

Eyes.--Fixed. Letters run together when reading. Clairvoyance. Spectral illusions without terror.

Ears.--Throbbing, buzzing, and ringing. Noise like boiling water. Extreme sensitiveness to noise.

Face.--Expression drowsy and stupid. Lips glued together. *Grinding of teeth in sleep*. Mouth and lips dry. Saliva thick, frothy, and sticky.

Stomach.--Increased appetite. Pain at cardiac orifice; better, pressure. Distention. Pyloric spasm. Sensation of extreme tension in abdominal vessels-feel distended to bursting.

Rectum.--Sensation in anus as if sitting on a ball.

Urinary.--Urine loaded with slimy mucus. Must strain; *dribbling*; has to wait some time before the urine flows. Stitches and burning in urethra. Dull pain in region of right kidney.

Male.--After sexual intercourse, *backache*. Oozing of white, glairy mucus from glans. Satyriasis. Prolonged thrill. Chordee. Sensation of swelling in perineum or near anus, as if sitting on a ball.

Female.--Menses *profuse*, dark, painful, without clots. Backache during menses. Uterine colic, with great nervous agitation and sleeplessness. Sterility (*Borax*). Dysmenorrhœa with sexual desire. Respiratory.--Humid asthma. Chest oppressed with deep, labored breathing.

Heart.--Palpitation awakes him. Piercing pain, with great oppression. *Pulse very slow (Dig; Kalmia; Apocyn)*.

Extremities.--Pain across shoulders and spine; must stoop; cannot walk erect. Thrilling through arms and hands, and from knees down. Entire paralysis of the lower extremities. Pain in soles and calves; sharp pains in knees and ankles; very exhausted after a short walk. Sleep.--Very sleepy, but unable to do so. Obstinate and intractable forms of insomnia. Catalepsy. Dreams of dead bodies; prophetic. Nightmare.

Modalities.--Worse, morning; from coffee, liquor and tobacco; lying on right side. Better from fresh air, cold water, rest.

Relationship.--Bellad; Hyoscy; Stram; Laches; Agaric; Anhalon (time sense disordered; time periods enormously overestimated, thus, minutes seem hours, etc).

Dose.--Tincture and low attenuations.

CANNABIS SATIVA

Hemp

Seems to affect especially the urinary, sexual, and respiratory organs. It has characteristic sensations as of dropping water. Great fatigue, as from over-exertion; weary after meals. Choking in swallowing; things go down the wrong way. *Stuttering*. Confusion of thought and speech. Wavering speech. Wavering speech, hasty, incoherent. Head.--Lectophobia. Vertigo; sensation of dropping water on head. Pressure on root of nose.

Eyes.--Opacity of cornea. Cataract from nervous disturbances, abuse of alcohol and tobacco; patient feels deeply approaching blindness. Misty sight. Pressure from back of eyes, forward. Gonorrheal ophthalmia. Eyeballs ache. Scrofulous eye troubles (*Sulph; Calc*). Urine.--Retained, with obstinate constipation. Painful urging.

Micturition in split stream. Stitches in urethra. Inflamed sensation, with soreness to touch. *Burning while urinating, extending to bladder*. Urine scalding, with spasmodic closure of sphincter. Gonorrhœa, acute stage; urethra very sensitive. Walks with legs apart. Dragging in testicles. Zigzag pain along urethra. Sexual overexcitement. Urethral caruncle (*Eucalypt*), phimosis. Stoppage of urethra by mucus and pus.

Female.--Amenorrhœa when physical powers have been overtaxed, also with constipation.

Respiratory.--Oppression of breathing and palpitation; *must stand up*. Weight on chest; rattling wheezing breathing. Cough, with green viscid, also bloody, expectoration.

Heart.--Sensation as if drops were falling from the heart. Painful strokes and tension with palpitation. Pericarditis.

Sleep.--Frightful dreams. More tired in morning. Sleepy during day. Extremities.--Contraction of fingers after a sprain. Dislocation of patella on going upstairs. Feet feel heavy on going upstairs. Paralytic tearing pains. Affections of the ball of the foot and under part of toes. Modalities.--Worse, lying down; going upstairs.

Relationship.--Antidotes: Camph; Lemon juice.

Compare: *Hedysarum*-Brazilian Burdock--(Gonorrhœa and inflammation of penis); *Canth; Apis; Copaiva; Thuj; Kal nit.* Dose.--Tincture to third attenuation. In stuttering the 30th.

CAPSELLA BURSA-PASTORIS

Shepherd's Purse

Is an anti-hæmorrhagic and anti-uric-acid remedy. Albuminuria during gestation. Chronic neuralgia. Renal and vesical irritation. Hæmorrhage from uterine fibroid with aching in back or general bruised soreness. Aching between scapulæ. Uterine hæmorrhage, with cramps and expulsion of clots. Craves buttermilk. Effects of suppressed uterine disease (Burnett).

Head.--Eyes and face puffy. Frequent epistaxis. Vertigo; worse, rising. Frontal pain; worse toward evening. Scaly eruption behind ears. Tongue white, coated. Mouth and lips cracked. Sharp pain over right eye drawing eye upwards.

Nose.--Bleeding in nasal operations. Especially passive hæmorrhage. Male.--Spermatic cord sensitive to concussion of walking or riding. Female.--Metrorrhagia; too frequent and copious menses.

Hæmorrhage, with violent uterine colic. Every alternate period very profuse. Leucorrhæa before and after menses; bloody, dark, offensive; *stains indelibly. Sore pain in womb on rising*. Scarcely recovers from one period before another begins.

Urinary.--Frequent desire; urine *heavy*, phosphatic. Chronic cystitis. Dysuria and spasmodic retention. Hæmaturia. Accumulation of

gravel. Renal colic. *Brick-dust sediment*. Urethritis; urine runs away in little jets. Often replaces the use of the catheter. Relationship.--Compare: *Urtica; Croc; Trill; Millefol*. Dose.--Tincture, to sixth potency.

CAPSICUM ANNUUM

Cayenne Pepper

Seems to suit especially persons of lax fiber, weak; diminished vital heat. A relaxed plethoric sluggish, cold remedy. Not much reactive force. Such persons are fat, indolent, opposed to physical exertion, averse to go outside of their routine, get homesick easily. *General uncleanliness of body*. Abstainers from accustomed alcoholics. It affects the mucous membranes, producing a sensation of *constriction*. Inflammation of petrous bone. Burning pains and general chilliness. Older people who have exhausted their vitality, especially by mental work, and poor living; blear-eyed appearance; who do not react. Fear of slightest draught. Marked tendency to suppuration in every inflammatory process. Prostration and feeble digestion of alcoholics. Myalgia, aching and jerking of muscles.

Mind.--Excessive peevishness. *Homesickness*, with sleeplessness and disposition to suicide. Wants to be let alone. Peppery disposition. *Delirium tremens*.

Head.--Bursting headache; worse, coughing. Hot face. Red cheeks. Face red, though cold (*Asafaet*).

Ears.--Burning and stinging in ears. Swelling and pain behind ears. Inflammation of mastoid. Tenderness over the petrous bone; extremely sore and tender to touch (Onosmod). Otorrhœa and mastoid disease before suppuration.

Throat.--Hot feeling in fauces. Subacute inflammation of Eustachian tube with great pain. Pain and dryness in throat extending to the ears. Sore throat of smokers and drinkers. Smarting in; constriction. Burning constriction worse between acts of deglutition. Inflamed uvula and palate; swollen and relaxed.

Mouth.--Herpes labialis (Apply one drop of the mother tincture). *Stomatitis*. Disagreeable smell from mouth. *Fetid odor from mouth*. Stomach.--Burning in tip of tongue. Atonic dyspepsia. Much flatulence, especially in debilitated subjects. Intense craving for stimulants. Vomiting, sinking at pit of stomach. *Much thirst; but drinking causes shuddering*.

Stool.--Bloody mucus, with burning and tenesmus; drawing pain in back after stool. Thirsty after stool, with shivering. Bleeding piles, with soreness of anus. Stinging pain during stool.

Urine.--Strangury, frequent, almost ineffectual urging. *Burning in orifice*. Comes first in drops, then in spurts; neck of bladder spasmodically contracted. Ectropion of meatus.

Male.--Coldness of scrotum, with impotency, atrophied testicles, loss of sensibility in testicles, with softening and dwindling. Gonorrhæa, with chordee, excessive burning, pain in prostate.

Female.--Climacteric disturbances with burning of tip of tongue (*Lathyrus*). Uterine hæmorrhage near the menopause, with nausea. Sticking sensation in left ovarian region.

Respiratory.--Constriction of chest; arrests breathing Hoarseness. Pain at apex of heart or in rib region, worse touch. Dry, hacking cough, expelling an offensive breath from lungs. Dyspnæa. Feels as if chest and head would fly to pieces. Explosive cough. Threatening gangrene of lung. *Pain in distant parts on coughing*-bladder, legs, ears, etc.

Extremities.--Pain from hips to feet. Sciatica, worse bending backward; *worse*, *coughing*. Tensive pain in the knee.

Fever.--Coldness, with ill-humor. *Shivering after drinking*. Chill begins in back; better, heat. Must have something hot to back. Thirst before chill.

Modalities.--*Better*, while eating, from heat. *Worse*, open air, uncovering, draughts.

Relationship.--Antidote: Cina; Calad.

Compare: Pulsat; Lycop; Bell; Centaurea (surging of blood;

homesickness; intermittent fever).

Dose.--Third to sixth attenuation. In delirium tremens, dram doses of tincture in milk or tincture or orange peel.
b

CARDUUS MARIANUS

St. Mary's Thistle

The action of this drug is centered in the liver, and portal system, causing soreness, pain, jaundice. Has specific relation to the vascular system. Abuse of alcoholic beverages, especially beer. *Varicose veins* and ulcers. Diseases of miners, associated with asthma. Dropsical conditions depending on liver disease, and when due to pelvic congestion and hepatic disease. Disturbs sugar metabolism. Influenza when liver is affected. Debility. Hæmorrhages, especially connected with hepatic disease.

Mind.--Despondency; forgetful, apathetic.

Head.--Contractive feeling above eyebrows. Dull heavy, stupid, with foul tongue. Vertigo, with tendency to fall forward. Burning and pressure in eyes. Nose-bleed.

Stomach.--Taste bitter. Aversion to salt meat. Appetite small; tongue furred; nausea; *retching; vomiting of green, acid fluid.* Stitches in left side of stomach, near spleen (*Ceanoth*). Gallstone disease with enlarged liver.

Abdomen.--Pain in region of liver. Left lobe very sensitive. Fullness and soreness, with moist skin. Constipation; *stools hard, difficult,*

knotty; alternates with diarrhœa. Stools bright yellow. Swelling of gall bladder with painful tenderness. Hyperæmia of liver, with jaundice. Cirrhosis, with dropsy.

Rectum.--Hæmorrhagic piles, prolapse or rectum, burning pain in anus and rectum, hard and knotting, clayey stools. Profuse diarrhæa due to rectal cancer. 10 drops doses (Wapler).

Urine.--Cloudy; golden-colored.

Chest.--Stitching pains in lower right ribs and front; worse, moving, walking, etc. *Asthmatic respiration*. Pain in chest, going to shoulders, back, loins and abdomen, with urging to urinate.

Skin.--Itching on lying down at night. *Varicose ulcers* (*Clematis vitalba*). Eruption on lower part of sternum.

Extremities.--Pain in hip-joint, spreading through buttocks and down thigh; *worse from stooping*. Difficult rising. Weakness felt in feet, especially after sitting.

Relationship.--Compare: *Card benedictus* (strong action on eyes, and sensation of contraction in many parts; stomach symptoms similar); *Chelidon; Chionanthes; Merc; Podophyl; Bry; Aloe.* Dose.--Tincture and lower potencies.

CASCARA SAGRADA

Sacred Bark

(RHAMNUS PURSHIANA)

Introduced as a palliative for constipation (non-homeopathic), fifteen drops of fluid extract here it restores normal function by its tonic effects, but it has a wider sphere of action, as careful provings will show. Chronic indigestion, cirrhosis and jaundice. Hæmorrhoids and constipation. Gastric headache. Broad, flabby tongue; foul breath. Urine.--Must wait for minute before flow starts then first in drops. Extremities.--Rheumatism of muscles and joints, with obstinate constipation.

Relationship.--Compare: *Hyd; Nux; Rhamnus Californica* (tincture for constipation; tympanites and appendicitis and especially *rheumatism*).

Dose.--Tincture to sixth potency.

CASTANEA VESCA

Chestnut Leaves

A useful remedy in *whooping-cough*, especially in the early stage, with dry, ringing, violent, spasmodic cough. Desire for warm drinks. Very thirsty. Loss of appetite. Diarrhea. Thick urine. Lumbago, weak back, can hardly straighten up. Relationship.--Compare: *Pertussin*-Whooping-cough (when

symptoms return again after being allayed). *Dros; Mephitis;*

Naphthal; Ammon brom.

Dose -- Tincture

CATARIA NEPETA

Catnip

Children's remedy for *Colic*, also for nervous headache and hysteria, abdominal complaints, pain, flexing of thighs, twisting of body, crying. Similar to chamomilla and magnes phosph.

Dose.--5 to 10 drops of the tincture.

CAULOPHYLLUM THALICTROIDES

Blue Cohosh

This is a woman's remedy. Want of tonicity of the womb. During labor, when the pains are deficient and the patient is exhausted and fretful. Besides, it has a special affinity for the smaller joints. *Thrush*, locally and internally.

Stomach.--Cardialgia, spasms of stomach. Dyspepsia with spasmodic symptoms.

Female.--Extraordinary rigidity of os (*Bell; Gels; Ver v*). Spasmodic and severe pains, which fly in all directions; shivering, without progress; false pains. Revives labor pains and furthers progress of labor. After pains. Leucorrhœa, with moth-spots on forehead. Habitual abortion from uterine debility (*Helon; Puls; Sab*). Needlelike pains in cervix. Dysmenorrhœa, with pains flying to other parts of body. Lochia protracted; great atony. Menses and leucorrhœa profuse.

Skin.--Discoloration of skin in women with menstrual and uterine disorder.

Extremities.--Severe drawing, erratic pain and stiffness in small joints, fingers, toes, ankles, etc. Aching in wrists. Cutting pains on closing hands. Erratic pains, changing place every few minutes. Relationship.--Incompatible: *Coffea*.

Compare: *Viol. Odor* (rheumatic carpal and metacarpal joints); *Cimicif*; *Sepia*; *Pulsat*; *Gels*.

Dose.--Tincture to third attenuation.

CEANOTHUS AMERICANUS

New Jersey Tea

This remedy seems to possess a specific relation to the spleen. Ague cake of malaria. A left-sided remedy generally. Anæmic patients where liver and spleen are at fault. Chronic bronchitis with profuse secretion. Marked blood pressure, reducing powers. Active hemastatic, materially reducing the clotting of blood.

Abdomen.--Enormous enlargement of the spleen. *Splenitis; pain all up the left side*. Deep-seated pain in left hypochondrium, hypertrophy of spleen. Leucæmia. Violent dyspnæa. Menses profuse, and yellow weakening leucorrhæa. Unable to lie on left side. Pain in liver and back.

Rectum.--Diarrhœa; bearing down in abdomen and rectum. Urine.--Constant urging to urinate. Green; frothy; contains bile, sugar.

Relationship.--Compare: *Tinospora cordifolia* (a Hindoo medicine for chronic cases of fever with enlarged spleen). *Polymnia uvedalia*-Bearsfoot--(acute splenitis with tenderness over left hypochondriac region; spleen enlarged, ague cake. Vascular atony, tissues sodden, flabby and non-elastic. Enlarged glands; influences all ductless glands). *Ceanothus thrysiflorus*-California Lilac--(Pharyngitis, tonsillitis, nasal catarrh, diphtheria. Tincture internally and as a gargle).

Compare: Berberis; Myrica; Cedron; Agaricus (spleen).

Modalities.--Worse, motion, lying on left side.

Dose.--First attenuation. Locally as hair tonic.

CHELIDONIUM MAJUS

Celandine

A prominent liver remedy, covering many of the direct reflex symptoms of diseased conditions of that organ. The jaundiced skin, and especially the *constant pain under inferior angle of right scapula*, are certain indications. Paralytic drawing and lameness in single parts. The great general lethargy and indisposition to make any effort is also marked. Ailments brought on or renewed by change of weather. *Serous effusions. Hydrocele. Bilious complication during gestation*.

Head.--Icy coldness of occiput from the nape of neck; *feels heavy as lead*. Heavy, lethargic; drowsiness very marked, with general numbness; vertigo, associated with hepatic disturbance. Inclination to fall forward. Right-sided headache down behind ears and shoulderblade. *Neuralgia over right eye*, right cheek-bone and right ear, with excessive lachrymation, preceded by pain in liver.

Nose.--Flapping of alæ nasi (*Lyc*).

Eyes.--Dirty yellow color of whites. Sore sensation on looking up. Tears fairly gush out. Orbital neuralgia of right eye, with profuse lachrymation; pupils contracted, relieved by pressure.

Face.--Yellow; worse nose and cheeks. Wilted skin.

Stomach.--Tongue yellow, with imprint of teeth; large and flabby (*Merc; Hyd*). Taste bitter, pasty. Bad odor from mouth. *Prefers hot food and drink*. Nausea, vomiting; *better, very hot water*. Pain

through stomach to back and right shoulder-blade. Gastralgia. *Eating relieves temporarily*, especially when accompanied with hepatic symptoms.

Abdomen.--Jaundice due to hepatic and gall-bladder obstruction. Gall-colic. Distention. Fermentation and sluggish bowels. Constriction across, as by a string. Liver enlarged. Gallstones (*Berberis*).

Urine.--Profuse, foaming, yellow urine, like beer (*Chenop*) dark, turbid.

Stool.--Constipation; stools hard, round balls, like sheep's dung, bright yellow, pasty; clay-colored, stools float in water; *alternation of diarrhæa and constipation*. Burning and itching of anus (*Ratanh*; *Sulph*).

Female.--Menses too late and too profuse.

Respiratory.--Very quick and short inspirations; pain on deep inspiration. Dyspnæa. Short, exhausting cough; sensation of dust not relieved by cough. Whooping-cough; spasmodic cough; loose, rattling; expectoration difficult. Pain in *right* side of chest and shoulder, with embarrassed respiration. Small lumps of mucus fly from mouth when coughing. Hoarse in afternoon. Constriction of chest.

Back.--Pain in nape. Stiff neck, head drawn to left. *Fixed pain under inner and lower angle of right scapula*. Pain at lower angle of left scapula.

Extremities.--Pain in arms, shoulders, hands, tips of fingers. *Icy coldness of tips of fingers*; wrists sore, tearing in metacarpal bones. Whole flesh sore to touch. Rheumatic pain in hips and thighs; intolerable pains in heels, as if pinched by too narrow a shoe; worse, right. Feels paralyzed. Paresis of the lower limbs with rigidity of muscles.

Skin.--Dry heat of skin; itches, *yellow*. Painful red pimples and pustules. Old, spreading, offensive ulcers. Wilted skin. Sallow, cold, clammy.

Modalities.--Worse, right side, motion, touch, change of weather, very early in morning. Better, after dinner, from pressure.

Relationship.--Chelidonin.--(Spasm of smooth muscle everywhere, intestinal colic, uterine colic, bronchial spasm, tachycardia, etc).

Boldo-Boldoa fragrans--(Bladder atony; cholecystitis and biliary calculus. Bitter taste, no appetite; constipation, hypochondriasis languor, congestion of liver; burning weight in liver and stomach.

Painful hepatic diseases. Disturbed liver following malaria). Elemuy Gauteria--(Stones in kidneys and bladder; grain doses of powdered bark in water or 5 drops of tincture. Pellagra).

Sulph often completes its work.

Complementary: *Lycop*; *Bryon*.

Antidote: *Chamom*.

Compare: *Nux; Sulph; Bry; Lyc; Opium; Podophyl; Sanguin; Ars.*Dose.--Tincture and lower attenuations.

CHELONE GLABRA

Snakehead

A remedy in liver affections with pain or soreness of the left lobe of the liver and extending downwards. Dumb ague. Soreness of external parts, as if skin were off; debility. Malaise, following intermittents. Dyspepsia with hepatic torpor. Jaundice. *Round and thread worms*. It is an enemy to every kind of worm infesting the human body. Dose.--Tincture, in one to five drop doses.

CHIMAPHILA UMBELLATA

Pipsissewa

Acts principally on kidneys, and genito-urinary tract; affects also lymphatic and mesenteric glands and female mammæ. Plethoric young women with dysuria. Women with large breasts. Hepatic and renal dropsies; chronic alcoholics. Incipient and progressive cataracts.

One of the remedies whose symptoms point to its employment in bladder affections, notably catarrh, acute and chronic. *Scanty urine, and loaded with ropy, muco-purulent sediment. Prostatic enlargement.*

Head.--Pain in left frontal protuberance. Halo about the light. Itching of eyelids. Stabbing pain in left eye with lachrymation.

Mouth.--Toothache, worse after eating and exertion, better cool water. Pain as if tooth was being gently pulled.

Urinary.--Urging to urinate. Urine turbid, offensive, containing ropy or bloody mucus, and depositing a copious sediment. Burning and scalding during micturition, and straining afterwards. *Must strain* before flow comes. Scanty urine. Acute prostatitis, retention, and *feeling of a ball in perineum (Cann ind)*. Fluttering in region of kidney. *Sugar in urine*. Unable to urinate without standing with feet wide apart and body inclined forward.

Female.--Labia inflamed, swollen. Pain in vagina. Hot flashes. Painful *tumor of mammæ*, not ulcerated, with undue secretion of milk. Rapid atrophy of breasts. Women with *very large breasts* and tumor in the mammary gland with *sharp* pain through it.

Male.--Smarting in urethra from neck of bladder to meatus. Gleet. Loss of prostatic fluid. Prostatic enlargement and irritation.

Skin.--Scrofulous ulcers. Glandular enlargements.

Extremities.--Feeling of a band above left knee.

Modalities.--*Worse*, in damp weather; from sitting on cold stones or pavements; left side.

Relationship.--Compare: *Chimaph maculata* (intense gnawing hunger; burning fever; sensation of swelling in arm pits); *Uva; Ledum; Epigoea*.

Dose.--Tincture, to third attenuation.

CINCHONA OFFICINALIS

Peruvian Bark-China

Debility from exhausting discharges, from loss of vital fluids, together with a *nervous erethism*, calls for this remedy. Periodicity is most marked. Sensitive to draughts. Seldom indicated in the earlier stages of acute disease. Chronic gout. Chronic suppurative pyelitis. Post operative gas pains, not relief from passing it.

Mind.--Apathetic, indifferent, disobedient, taciturn, despondent. Ideas crowd in mind; prevent sleep. Disposition to hurt other people's feelings. Sudden crying and tossing about.

Head.--As if skull would burst. Sensation as if brain were balancing to and fro, and striking against skull, receiving great pain (*Sulph; Sulph ac*). Intense *throbbing* of head and carotids. Spasmodic headache in vertex, with subsequent pain, as if bruised in sides of head. Face flushed after hæmorrhages, or sexual excesses, or loss of vital fluids. Relieved from pressure and warm room. Scalp sensitive; worse combing hair. Aches worse in open air, from temple to temple. Worse by contact, current of air, stepping. Dizzy when walking. Eyes.--Blue color around eyes. Hollow eyes. Yellowish sclerotica. Black specks, bright dazzling illusions; night blindness in anæmic retina. Spots before eyes. Photophobia. Distortion of eyeballs. Intermittent ciliary neuralgia. *Pressure in eyes*. Amaurosis; scalding lachrymation.

Ears.--*Ringing* in ears. External ear sensitive to touch. Hearing sensitive to noise. Lobules red and swollen.

Nose.--Checked catarrh. Easily bleeding from nose, especially on rising. Coryza, sneezing, watery discharge. Violent *dry* sneezing. Cold sweat about nose.

Face.--Sallow complexion. Face bloated; red.

Mouth.--Toothache; better pressing teeth firmly together, and by warmth. Tongue coated thick, dirty; tip burns, succeeded by ptyalism. Bitter taste. Food tastes too salty.

Stomach.--Tender, cold. Vomiting of undigested food. Slow digestion. Weight after eating. Ill effects of tea. Hungry without appetite. Flat taste. Darting pain crosswise in hypogastric region. Milk disagrees. Hungry longing for food, which lies undigested. Flatulence; belching of bitter fluid or regurgitation of food gives no relief; worse eating fruit. Hiccough. Bloatedness better by movement. Abdomen.--Much flatulent colic; better bending double. Tympanitic abdomen. Pain in right hypochondrium. Gall-stone colic (Triumfetta

semitriloba). Liver and spleen swollen and enlarged. Jaundice. Internal coldness of stomach and abdomen. Gastro-duodenal catarrh. Stool.--Undigested, frothy, yellow; *painless*; worse at night, after meals, during hot weather, from *fruit*, milk, beer. Very weakening, with much flatulence. Difficult even when soft (*Alum; Plat*). Male.--Excited lascivious fancy. Frequent emissions, followed by great weakness. Orchitis.

Female.--Menses too early. *Dark clots and abdominal distention*. Profuse menses with pain. Desire too strong. Bloody leucorrhea. Seems to take the place of the usual menstrual discharge. Painful heaviness in pelvis.

Respiratory.--Influenza, with debility. Cannot breathe with head low. Labored, slow respiration; constant choking. *Suffocative catarrh; rattling in chest*; violent, hacking cough *after every meal*. Hæmorrhage from lungs. Dyspnæa, sharp pain in left lung. Asthma; worse damp weather.

Heart.--Irregular with weak rapid beats followed by strong, hard beats. Suffocative attacks, syncope; anæmia and dropsy.

Back.--Sharp pains across kidneys, worse movement and at night. Knife-like pains around back (D. MacFarlan).

Extremities.--Pains in limbs and joints, as if sprained; worse, slight touch; hard pressure relieves. Sensation as of a string around limb. Joints swollen; very sensitive, with dread or open air. Great debility, trembling, with numb sensation. Averse to exercise; sensitive to touch. Weariness of joints; worse, mornings and when sitting. Skin.--Extreme sensitiveness to touch, but hard pressure relieves. Coldness; much sweat. One hand ice cold, the other warm. Anasarca (Ars; Apis). Dermatitis; erysipelas. Indurated glands; scrofulous ulcers and caries.

Sleep.--Drowsiness. Unrefreshing or constant stupor. Wakens early. Protracted sleeplessness. Anxious, frightful dreams with confused consciousness on waking, so that the dream cannot be rid of and fear of dream remains. Snoring, especially with children.

Fever.--Intermittent, paroxysms anticipate; return every week. All stages well marked. Chill generally in forenoon, commencing in breast; thirst before chill, and little and often. Debilitating nightsweats. Free perspiration caused by every little exertion, especially on single parts. Hay fever, watery coryza, pain in temples.

Modalities.--Worse, slightest touch. Draught of air; every other day; loss of vital fluids; at night; after eating; bending over. Better, bending double; hard pressure; open air; warmth.

Relationship.--Antidotes: Arn; Ars; Nux; Ipec.

Compare:-*Quinidin*--(Paroxysmal tachycardia and *auricular fibrillation*. Heart is slowed, and the auriculo-ventricular conduction time is lengthened. Dose 1/2 grain t.i.d). *Cephalanthus*--(Button Bush-Intermittent fever, sore throat, rheumatic symptoms, vivid dreams).

Ars; Cedron; Nat sulph. Cydonia vulgaris-Quince (supposed to be of use to strengthen the sexual organs and stomach).

Complementary: Ferrum; Calc phos.

Dose.--Tincture, to thirtieth potency.

CHIONANTHUS VIRGINICA

Fringe-tree

This remedy is often of service in many types of headaches, neurasthenic, *periodical sick*, menstrual and bilious. Taken for several weeks, drop doses, will often break up the sick headache habit. The pain in the forehead, chiefly over eyes. Eyeballs very painful, with pressure over root of nose. Hepatic derangements. *Jaundice*. Enlarged spleen (*Ceanoth*). Jaundice with arrest of menses. A prominent liver remedy. *Gallstones* (*Berberis; Cholest; Calc*). *Diabetes mellitus*. Paroxysmal, abdominal pain. Head.--Listless, apathetic. Dull frontal headache, over root of nose, over eyes, through temples, worse stooping, motion, jar. *Yellow conjunctiva*.

Tongue.--Broad with thick yellow fur.

Mouth.--Dry sensation not relieved by water, also profuse saliva. Abdomen and Liver.--Aching in umbilical region, griping. Feels as if a string were tied in a "slip-knot" around intestines which was suddenly drawn tight and then gradually loosened. *Sore; enlarged, with jaundice* and constipation. Clay-colored stool, also soft, yellow and pasty. Tongue heavily coated. No appetite. Bilious colic. Hepatic region tender. Pancreatic disease and other glandular disorders. Urine.--Large amount of high specific gravity; frequent urination; bile and sugar in urine. Urine very dark.

Skin.--Yellow; marked moisture of skin. Sallow, greenish, itching. Relationship.--Compare: *Cinchona; Ceanoth; Chelidon; Carduus; Podophyl; Lept.*

Dose.--Tincture and first attenuation.

CINNAMOMUM CEYLANICUM

Cinnamon

Cancer where pain and fetor are present. Best when skin is intact. Its use in hæmorrhages has abundant clinical verification. Nosebleed. Hæmorrhages from bowels, hæmoptysis, etc. A strain in loins or false step brings on a profuse flow of bright blood. *Post-partum hæmorrhage*. Flatulency and diarrhæa. Feeble patients with languid circulation.

Female.--Bearing-down sensation. Menses *early, profuse, prolonged, bright red*. Sleepy. No desire for anything. Fingers seem swollen. Uterine hæmorrhages caused by overlifting, during puerperal state;

menorrhagia.

Relationship.--Compare: *Ipec; Sil; Trill*.

Antidote: Acon.

Dose.--Tincture to third potency. For cancer, strong decoction, one half pint in a day. *Oil of cinnamon* in aqueous solution best local

disinfectant. 3-4 drops in two quarts of water as a douche, wherever a germicide and disinfectant is needed. Three drops on sugar for hiccough.

COCA-ERYTHROXYLON COCA

The Divine Plant of the Incas-but the Spanish priests denounced it as "un delusion del demonio"

The mountaineer's remedy. Useful in a variety of complaints incidental to mountain climbing, such as palpitation, dyspnœa, anxiety and insomnia. Exhausted nervous system from physical and mental strain. Caries of teeth. *Loss of voice.*—Give 5-6 drops, every half hour, two hours before expected demand on voice. Nocturnal enuresis. Emphysema (*Quebracho*).

Mind.--Melancholy; bashful, ill at ease in society, irritable, delights in solitude and obscurity. Sense of right and wrong abolished. Head.--Fainting fit from climbing mountains. Shocks coming from occiput with vertigo. *Noises in ear*. Headache with vertigo, preceded by flashes of light. Like a band across forehead. Diplopia. Tongue furred. *Headaches of high altitudes*. Tinnitus.

Stomach.--Peppery sensation in mouth. Longing for alcoholic liquors and tobacco. Great satiety for a long time. Incarcerated flatus; rises with noise and violence, as if it would split the œsophagus.

Tympanitic distention of abdomen. No appetite but for sweets.

Heart.--Palpitation, with weak heart and dyspnœa.

Male.--Diabetes, with impotency (*Phos ac*).

Respiratory.--Hawking of small, transparent pieces of mucus. Weak vocal cords. *Hoarseness*; worse after talking. *Want of breath, short breath*, especially in aged athletes, and alcoholic users. Hæmoptysis. *Asthma*, spasmodic variety.

Sleep.--Can find no rest anywhere, but sleepy. Nervousness and nightly restlessness during teething.

Modalities.--*Better*, from wine; riding, quick motion in open air. *Worse*, ascending, high altitudes.

Relationship.--Compare: Ars; Paulin; Cyp; Chamom.

Antidote: Gels.

Dose.--Tincture to third attenuation.

COLLINSONIA CANADENSIS

Stone-Root

Pelvic and portal congestion, resulting hæmorrhoids and constipation, especially in females. Depressed arterial tension, general atony of muscular fiber. Chronic nasal, gastric, and pharyngeal catarrh, due to portal obstruction. Dropsy from cardiac disease. Pruritus in pregnancy, with piles. Constipation of children from intestinal atony. Said to be of special value when given before operations, for rectal diseases. Sense of weight and constriction. Venous engorgement. Head.--Dull frontal headache; from suppressed hæmorrhoids. Chronic catarrh. Yellow-coated tongue. Bitter taste (*Colocy; Bry*). Rectum.--Sensation of sharp sticks in rectum. Sense of constriction. Vascular engorgement of rectum. Dry feces. *Most obstinate* constipation, with protruding hæmorrhoids. Aching in anus and hypogastrium. Constipation during pregnancy; with membranous dysmenorrhœa, following labor (*Nux*). Painful bleeding piles. Dysentery, with tenesmus. Alternate constipation and diarrhæa, and great flatulence. *Itching of anus (Teucrium; Ratanh)*. Female.--Dysmenorrhœa; *pruritus of vulva*; prolapse of womb; swelling and dark redness of genitals; pain on sitting down. Membranous dysmenorrhea, with constipation. Pruritus. Cold feeling in thighs after menstruation. Sensation of swelling of labia and of clitoris.

Respiratory.--Cough from excessive use of voice; "minister's sore throat"; sharp pain in larynx. Hoarseness. Harassing, dry cough. Heart.--Palpitation; rapid but weak. Dropsy. After heart symptoms relieved, piles or menses return. Chest-pains alternate with hæmorrhoids. Oppression, faintness, and dyspnæa (*Acon ferox*). Modalities.--Worse, from the slightest mental emotion or excitement; cold. Better, heat.

Relationship.--Antidote: Nux.

Compare: *Aescul; Aloes; Hamam; Lycopus; Negundo; Sulph; Nux.*Dose.—Tincture, to third attenuation. Higher potencies where there is organic heart affection.

CONVALLARIA MAJALIS

Lily of the Valley

A heart remedy. Increases energy of hearts' action, renders it more regular. Of use when the ventricles are overdistended and dilatation begins, and when there is an absence of compensatory hypertrophy, and when venous stasis is marked. Dyspnæa, dropsy, aneuric tendency. *Anasarca*.

Mind and Head.--Dull intellect. Grieves easily. Dull headache; worse, ascending, hawking. Scalp sensitive. Irritability. Hysterical manifestations.

Face.--Hydroa in nose and lips; raw and sore. Epistaxis. Sees

imaginary gray spot about three inches square.

Mouth.--Grating of teeth in the morning. Coppery taste. Tongue feels sore and scalded; broad and thick with heavy, dirty coating.

Throat.--Raw feeling in back of throat when inspiring.

Abdomen.--Sensitive. Clothes feel too tight. Gurgling and pain on taking deep breath. Movement in abdomen like fist of a child. Colicky pains.

Urinary Organs.--Aching in bladder; feels distended. Frequent urination; offensive; scanty urine.

Female.--Great soreness in uterine region, with sympathetic palpitation of heart. Pain in sacro-iliac joints, running down leg. Itching at urinary meatus and vaginal orifice.

Respiratory.--Pulmonary congestion. Orthopnea. *Dyspnæa* while walking. Hot feeling in throat.

Heart.--Feeling as if heart beat throughout the chest. Endocarditis, with extreme orthopnea. *Sensation as if heart ceased beating, then starting very suddenly*. Palpitation from the least exertion. Tobacco heart, especially when due to cigarettes. Angina pectoris. Extremely rapid and irregular pulse.

Back and Extremities.--Pain and aching in lumbar region; aching of legs; in big toe. Trembling of hands. Aching in wrists and ankles. Fever.--Chilly in back and down spine, followed by fever, little sweat. Thirst and headache during chill. Dyspnœa during fever.

Relationship.--Compare: *Digit; Crataeg; Lilium; Adonis* (feeble heart action due only to functional disturbance).

Modalities.--Better, in open air. Worse, in warm room.

Dose.--Third attenuation, and for symptoms of heart failure, tincture, one to fifteen drops.

CORNUS CIRCINATA

Round-leaved Dogwood

Chronic malaria, hepatitis, jaundice. Weakness in morning. Pain in pit of stomach, with distended abdomen. Vesicular eruption

associated with chronic liver disease or aphthous stomatitis.

Mouth.--Ulceration of tongue, gums and mouth; aphthæ. Burning in mouth, throat and stomach.

Stool.--Loose, windy, dark stool, immediately after dinner. Burning in anus. Dark, bilious, offensive diarrhea, with sallow complexion.

Skin.--Vesicular eczema of face in infants, with nursing sore mouth. Relationship.--Compare: *Cornus alternifolia*-Swamp Walnut--

Relationship.--Compare: *Cornus alternifolia*-Swamp Walnut-- (Weak and tired; disturbed sleep, fever, restlessness, eczema; *skin cracked*; chest feels cold, as if full of ice); *Cornus florida* (chronic malaria; indigestion and distressing acid heartburn; general debility from loss of fluids and night sweats; neuralgic pains in arms, chest, and trunk, and sensation as if broken in two; intermittent fever, *with drowsiness*; feels cold, but is warm to touch; great exhaustion in

intervals; general clammy sweat. Chill is preceded by drowsiness, heat is associated with drowsiness. Headache after quinine).

Dose.--Tincture to sixth attenuation.

CORYDALIS FORMOSA

Turkey-pea

(CORYDALIS - DICENTRA CANADENSIS)

Syphilitic affections. Ulcers of mouth and fauces. Cancer cachexia pronounced. Gummata and night-pains. Chronic diseases, with atony. Tongue clean, broad, and full. Tissues flabby, doughy, cold. Gastric catarrh (*Hydrast*).

Skin.--Dry, scaly scabs on face of old people. Lymphatic glands swollen.

Relationship.--Nit ac; Kali iod; Fluor ac.

Dose.--Tincture, twenty drops three times a day.

COTYLEDON UMBILICUS

Pennywort

Marked action on heart; oppression of chest; fullness in throat.

Epilepsy. Numb aching in muscular and fibrous tissue. Sciatica. Wellmarked pains through the breast to scapula. Catarrh of larynx and trachea. Hysterical joint.

Mind.--Lost, confused feeling. Could not articulate for some time on awaking. Pressing vertex headache. Ailments from suppressed emotion. *Feeling as if a part of the body were absent*.

Breast.--Pain under left nipple, and aching in right breast. Pain through to scapula from region of left breast. Pain at angles of scapulæ. Full, bursting feeling, as if from obstruction at heart. Choking fullness in throat. Breathing oppressed.

Extremities.--Aching in back and thighs. Aching in all joints. Skin sensitive, rubbing of trousers causes an acute sting. Legs and arms feel heavy and sore.

Relationship.--Compare: Ambra; Asafoet; Hepatica; Ignatia; Laches.

Dose.--Tincture to third potency.

CRATAEGUS OXYACANTHA

Hawthorn Berries

Produces giddiness, lowered pulse, and air hunger and reduction in blood-pressure. Acts on muscle of heart, *and is a heart tonic*. No influence on the endocardium.

Myocarditis. Failing compensation. *Irregularity of heart*. Insomnia of aortic sufferers; anæmia; œdema; cutaneous chilliness. High arterial

tension. Is a sedative in cross, irritable patients with cardiac symptoms.

Chronic heart disease, with extreme weakness. Very feeble and irregular heart action. General anasarca. Very nervous, with pain in back of head and neck. Collapse of typhoid. Hæmorrhage from bowels. Cold extremities, pallor; irregular pulse and breathing. Painful sensation of pressure in left side of chest below the clavicle. Dyspepsia and nervous prostration, with heart failure. In the beginning of heart mischief after rheumatism. *Arteriosclerosis. Said to have a solvent power upon crustaceous and calcareous deposits in arteries.*

Head.--Apprehensive, despondent. Very nervous and irritable, with pain in back of head and neck. Mental dullness conjunctival irritation nasal discharges.

Urinary.--*Diabetes*, especially in children.

Heart.--Cardiac dropsy. Fatty degeneration. Aortic disease. Extreme dyspnæa on least exertion, without much increase of pulse. Pain in region of heart and under left clavicle. Heart muscles seem flabby, worn out. Cough. Heart dilated; first sound weak. Pulse accelerated, irregular, feeble, intermittent. Valvular murmurs, angina pectoris. Cutaneous chilliness, blueness of fingers and toes; all aggravated by exertion or excitement. Sustains heart in infectious diseases.

Skin.--Excessive perspiration. Skin eruptions.

Sleep.--Insomnia of aortic patients.

Modalities.--Worse, in warm room. Better, fresh air, quiet and rest. Relationship.--Strophantus; Digit; Iberis; Naja; Cactus.

Dose.--Fluid extract or tincture, one to fifteen drops. Must be used for some time in order to obtain good results.

CROCUS SATIVUS

Saffron

(CROCUS SATIA)

Is a remedy often useful in hæmorrhages that are black and stringy. Tingling in various parts. Chorea and hysterical affections. Frequent and extreme changes in sensations and mental conditions. Anger with violence followed by repentance, *Laughing* mania. Drowsiness and *lassitude*; better by literary labor.

Mind.--Vacillating; pleasant mania; sings and laughs. Happy and affectionate; then angry. Sudden changes from hilarity to melancholy. Vivid recollection from music heard (*Lyc*).

Head.--Throbs, pulsates, during climacteric; worse during menses. Eyes.--Appearance as of electric sparks. Must wipe eyes as if mucus or water were in them. *Feeling in eyes as after violent weeping*. Sensation as if she had been looking through too sharp spectacles. *Eyes feel as if in smoke*. Pupils enlarged and react slowly. Lids heavy.

Ciliary neuralgia, pain from eyes to top of head. *Sensation as if cold air was rushing through eye* (*Fluor ac; Syph*). Asthenopia with extreme photophobia. Threatened glaucoma; embolism of arteria centralis retinal.

Nose.--Epistaxis. *Dark, stringy, clotted. Strings of dark blood* hanging down the nose.

Abdomen.--Obstinate constipation due to portal stagnation.
Constipation in infants. Crawling and stitches in anus. Sensation of something alive in abdomen, stomach, etc., especially on left side (Calend). Abdomen swollen, feeling of something heavy.
Female.--Threatened abortion, especially when hæmorrhage is dark and stringy. Urging of blood to genitals. Menses dark, viscid, too frequent and copious, black and slimy. Uterine hæmorrhage; clots with long strings; worse from least movement. Jerking pain in interior of left breast, as if drawn toward back by means of thread (Crot tig). A bounding feeling, as if something alive in right breast. Respiratory.--Wheezy cough, with frothy expectoration, containing threads like fine twine; worse, lying down. Breath has offensive, sickly smell. Feeling as if the uvula is elongated in hysterical patients.

Back.--Sudden feeling of coldness in back as if cold water were thrown over him; icy-cold extremities.

Extremities.--Spasmodic contractions and twitchings of single set of muscles. Chorea and hysteria, with great alterations of feeling. Whole upper extremity fall asleep. Cracking in hip-joint and *knees*. Weakness in knees and legs. Pain in ankles and soles. Modalities.--*Worse*, lying down, hot weather, warm room, in morning, fasting, before breakfast, looking fixedly at an object. *Better*, in open air.

Relationship.--Antidote: Opium; Bell.

Compare: Ipec; Trillium; Plat; China; Sabina.

Dose.--Tincture, to thirtieth attenuation.

CUCURBITA PEPO

Pumpkin Seed

Intense nausea immediately after eating. Vomiting of pregnancy. Seasickness. One of the most efficient and least harmful of teniafuges.

Relationship.--Compare: Filix; Cuprum oxid nig.

Dose.--Tincture. The seeds are a valuable remedy for tapeworm.

Scald the seeds and peel off the outer skins when softened, the green inner pulp being the part used. Dose: two ounces of seed, yielding one of pulp. May be mixed with cream and taken like porridge. Take in morning after twelve hours' fasting, and follow in two hours by castor oil.

CUNDURANGO

Condor Plant

Stimulates the digestive functions and thus improves the general health. Allays the pain in gastralgia accompanying cancer of stomach. Modifies secretions of digestive glands. Varicose ulcers. Lupus.

Painful cracks in corner of mouth is a guiding symptom of this drug. Chronic gastric catarrh, syphilis, and cancer. Tumors; stricture of esophagus. The active principle (*Condurangin*) produces locomotor ataxia.

Stomach.--Painful affections of the stomach; ulceration. Vomiting of food and indurations, constant burning pain. Stricture of œsophagus, with burning pains behind sternum, where food seems to stick. Vomiting of food, and indurations in left hypochondrium with constant burning pain.

Skin.--Fissures form about the muco-cutaneous outlets. Epithelioma of lips or anus. Ulcerative stage of carcinoma cutis when fissures form.

Relationship.--Compare: *Asterias; Conium; Hydrast; Arsenic*. Dose.--Tincture, or bark, 5-grain doses before meals in water. Also the thirtieth potency, in tumors.

CUPHEA VISCOSISSIMA

Flux-weed

Vomiting of undigested food. *Cholera infantum*, much acidity; frequent green, watery, acid stools. Tenesmus and great pain. High fever; restlessness, and sleeplessness. Obstinate constipation. Relationship.--Compare: *Aethusa; Coto*-Para-coto Bark--(intestinal catarrh, chronic, copious, exhausting diarrhæa and dysentery; colliquitine sweats of phthisis and chronic diarrhæa). *Typha latifolia*-Cat-tail flag (diarrhæa, dysentery, summer complaint of children. Tincture and first attenuation). Dose.--Tincture.

CYPRIPEDIUM PUBESCENS

Yellow Lady's Slipper

The skin symptoms correspond to those of poisoning by Rhus, for which it has been found an efficient antidote. Nervousness in children; from teething and intestinal troubles. Debility after gout. *Hydrocephaloid* symptoms, result of long, exhausting diarrhea. *Sleeplessness*. Cerebral hyperasthesia in young children often the result of overstimulation of brain.

Head.--Child cries out at night; is wakeful and begins to laugh and play. Headaches of elderly people and during climacteric.

Relationship.--Compare: Ambra; Kali brom; Scutellar; Valerian; Ignat. Skin relatives: Grindelia; Anacard.

Dose.--Tincture, to sixth attenuation. For Poison Oak, 5 drops of tincture per dose, also locally.

DIGITALIS PURPUREA

Foxglove

Comes into play in all diseases where the heart is primarily involved, where the pulse is weak, irregular, intermittent, abnormally slow, and dropsy of external and internal parts. Weakness and dilatation of the myocardium. Its greatest indication is in failure of compensation and especially when auricular fibrillation has set in. Slow pulse in recumbent posture, but irregular and dicrotic on sitting up. Auricular flutter and fibrillation especially when subsequent to rheumatic fever. Heart block, very slow pulse. Other symptoms of organic heart disease, such as great weakness and sinking of strength, faintness, coldness of skin, and irregular respiration; cardiac irritability and ocular troubles after tobacco; jaundice from induration and hypertrophy of the liver, frequently call for Digitalis. Jaundice with heart disease. Faint, as if dying. *Bluish* appearance of face. *Cardiac muscular failure* when asystole is present. Stimulates the heart's muscles, increases force of systole, increases length. Prostration from slight exertion. Collapse.

Mind.--Despondency; fearful; *anxious* about the future. Dullness of sense. Every shock strikes in epigastrium. Melancholia, dull lethargic with *slow* pulse.

Head.--Vertigo, when walking and on rising, in cardiac and hepatic affections. Sharp, shooting frontal pain, extending into nose, after drinking cold water or eating ice-cream. Heaviness of head, with sensation as if it would fall backward. Face bluish. Confusion, fullness and noise in head. Cracking sounds during a nap. Blue tongue and lips.

Eyes.--Blueness of eyelids. Dark bodies, like flies, before eyes. *Change in acuteness of perception of shades of green*. Objects, appear green and yellow. Mydriasis; lid margins red, swollen, agglutinated in morning. Detachment of retina. Dim vision, irregular pupils, diplopia.

Stomach.--Sweet taste with constant ptyalism. *Excessive nausea*, not relieved by vomiting. Faintness, *great weakness in stomach*. Burning in stomach extending to œsophagus. After cold water or ice-cream, sharp pain in forehead, extending to nose. *Faintness* and vomiting from motion. Discomfort, even after a small quantity of food, or from mere sight or smell. *Tenderness of epigastrium*. Copious salivation. *Neuralgic pain in stomach*, unconnected with taking food.

Abdomen.--Pain in left side apparently in descending colon and under false ribs. Severe abdominal pains, pulsation in abdominal aorta, and epigastric constriction. *Enlarged, sore, painful liver*. Stool.--*White, chalk-like, ashy, pasty stools*. Diarrhœa during jaundice.

Urine.--Continued urging, in drops, dark, hot, burning, with sharp cutting or *throbbing* pain at neck of bladder, *as if a straw was being thrust back and forth*; worse at night. Suppressed. Ammoniacal, and turbid. *Urethritis*, phimosis, strangury. Full feeling after urination. Constriction and burning, as if urethra was too small. Brick-dust sediment.

Female.--Labor-like pains in abdomen and back before menses. Uterine hæmorrhage.

Male.--Nightly emission (*Digitalin*), with great weakness of genitals after coitus. Hydrocele; scrotum enlarged like a bladder. Gonorrhæa, balanitis (*Merc*), with ædema of prepuce. Dropsical swelling of genitals (*Sulph*). Enlarged prostate.

Respiratory.--Desire to take a deep breath. Breathing irregular, difficult; deep sighing. Cough, with raw, sore feeling in chest. Expectoration sweetish. Senile pneumonia. Great weakness in chest. *Dyspnæa*, constant desire to breathe deeply, lungs feel compressed. Chronic bronchitis; passive congestion of the lungs, giving bloody sputum due to failing myocardium. *Cannot bear to talk*. Hæmoptysis with weak heart.

Heart.--The least movement causes violent palpitation, and sensation as if it would cease beating, if he moves (Opposite; Gels). Frequent stitches in heart. *Irregular heart especially of mitral disease. Very slow pulse. Intermits; weak.* Cyanosis. Inequality of pulse; it varies. *Sudden sensation as if heart stood still. Pulse weak, and quickened by least movement.* Pericarditis, copious serous exudation. Dilated heart, tired, irregular, with slow and feeble pulse. Hypertrophy with dilatation. Cardiac failure following fevers. Cardiac dropsy. Extremities.--Swelling of the feet. Fingers go to sleep easily. Coldness of hands and feet. Rheumatic pain in joints. Shining, white swelling of joints. Muscular debility. Nocturnal swelling of fingers. Sensation in legs as *if a red hot wire* suddenly darted through them (Dudgeon).

Sleep.--Starts from sleep in alarm that he is falling from a height. Continuous sleepiness.

Fever.--Sudden flushes of heat, followed by great nervous weakness. Skin.--Erythema, deep red, worse on back, like measles. Blue distended veins on lids, ears, lips and tongue. *Dropsical*. Itching and jaundiced.

Modalities.--Worse, when sitting erect, after meals and music. *Better*, when stomach is empty; in open air.

Relationship.--Antidotes: Camph; Serpentaria. Incompatible: China.

Compare: *Nerium odorum* (resembles in heart effects Digitalis, but also has an action like Strychnia on spinal cord. Spasms appear more in upper part of body. Palpitation; weak heart will be strengthened by it. Lock-jaw). Adonia; Cratægus (a true heat tonic); Kalmia; Spigel; *Liatris*; Compare also; *Digitoxinum* (Digitalis dissolved in Chloroform; which has yellow vision very marked, and distressing nausea, aggravated by champagne and aerated waters). Nitri spir *dulc* increases action of Digit. *Ichthyotoxin*. Eel Serum (Experiments show great analogy between the serum and the venom of vipera. Indicated whenever the systole of the heart is insufficient, decompensated valvular disease, irregular pulse due to fibrillation of the auricle. Assytole, feeble, frequent, irregular pulse, dyspnœa and scanty urine. Liver enlarged, dyspnæa, albuminuria. No ædema). *Convallaria* (heart disease with vertigo and digestive disturbances). *Quinidin*-Isomeric methoxyl compound.--(Restores normal rhythm in auricular fibrillation, often supplements the action of Digitalis. Two doses of 3 grains each, three hours apart-if no symptoms of cinchonism develop, 4 doses 6 grs each daily (C. Harlan Wells). Paroxysmal tachycardia. Establishes normal heart rhythm at least temporarily, less in valvular lesions).

Dose.--The third to thirtieth attenuation will bring about reaction when the drug is homeopathically indicated; but for palliative purposes the physiological dosage is required. For this purpose, the tincture made from the *fresh* plant, in doses of five to twenty drops, when the cardiac stimulation is desired, or the infusion of 1 1/2 per cent. Dose, one-half to one ounce if the diuretic action is wanted. The tincture may be given on sugar or bread, and nothing liquid be taken for twenty minutes before or after its administration. Of the powdered leaves, 1/2 to 2 grains in capsules. Digitoxin 1-250 grain. No matter what form of digitalis is given the dose should be reduced as soon as the pulse rate has been lowered to 80 beats a minute and the normal rhythm has been partially or completely restored. Under such conditions a good rule is to cut the dose in half and still more if there be a sudden falling off of the urinary output.

DIOSCOREA VILLOSA

Wild Yam

As a remedy for many kinds of *pain*, especially colic, and in severe, painful affections of abdominal and pelvic viscera; it ranks with the polychrests of the Materia Medica. Persons of feeble digestive powers; tea-drinkers, with much flatulence. *Gall stone colic*.

Mind.--Calls things by the wrong name.

Head.--Dull pain in both temples; better pressure, but worse afterwards. Buzzing in head.

Stomach.--Mouth dry and bitter in morning, tongue coated, no thirst.

Belching of large quantities of offensive gas. Neuralgia of stomach. *Sinking at the pit of the stomach*; pyrosis. *Pain along sternum and extending into arms*. Eructations of sour, bitter wind, *with hiccough*. Sharp pain in epigastrium, relieved by standing erect.

Abdomen.--Pains suddenly shift to different parts; appear in remote localities, as fingers and toes. Rumbling, with emission of much flatus. Griping, cutting in hypogastric region, with intermittent cutting in stomach and small intestines. Colic; better walking about; pains radiate from abdomen, to back, chest, arms; worse, bending forwards and while lying. Sharp pains from liver, shooting upward to right nipple. Pain from gall-bladder to chest, back, and arms. Renal colic, with pain in extremities. Hurried desire for stool.

Heart.--Angina pectoris; pain back of sternum into arms; labored breathing; *feeble action of heart*. Especially with flatulence and pain through chest and tightness across.

Rectum.--Hæmorrhoids, with darting pains to liver; look like bunches or grapes or red cherries; protrude after stool, with pain in anus. Diarrhœa (worse in morning), yellowish, followed by exhaustion, as if flatus and feces were hot.

Male.--Relaxation and coldness of organs. Pains shoot into testicles from region of kidneys. Strong-smelling sweat on scrotum and pubes. Emissions in sleep, or from sexual atony, with weak knees.

Female.--Uterine colic; pains radiate from uterus. Vivid dreams. Respiratory.--Tight feeling all along sternum. Chest does not seem to expand on breathing. Short-winded.

Extremities.--Lameness in back; worse, stooping. Aching and stiffness in joints. Sciatica; pains shoot down thigh; worse, right side; better, when perfectly still. *Felons* in beginning, when pricking is first felt. Nails brittle. Cramps in flexors of fingers and toes.

Modalities.--Worse, evening and night, *lying down*, and doubling up. *Better*, standing erect, motion in open air; pressure.

Relationship.--Antidotes: Chamom; Camph.

Compare: Colocy (differs in modalities); Nux; Cham; Bry.

Dose.--Tincture, to third potency.

ECHINACEA ANGUSTIFOLIA

Purple Cone-flower (ECHINACEA - RUDBECKIA)

We are indebted to the Eclectic school for this remarkable medicine as a "corrector of blood dyscrasia". Acute auto-infection. Symptoms of *blood poisoning, septic conditions generally*. Diarrhœa in typhoid. Gonorrhœa. Boils. *Erysipelas* and foul ulcers. *Gangrene*. Goitre with exophthalmic symptoms; full doses, also injecting 5-10 drops into thyroid gland. Tendency to malignancy in acute and subacute disorders. Last stages of cancer to ease pain. *Venom infection*.

Cerebro-spinal meningitis. Puerperal infections. *Tired feeling*. Piles. Pustules. Acts on vermiform appendix thus has been used for appendicitis, but remember it promotes suppuration and a neglected appendicitis with pus formation would probably rupture sooner under its use. Lymphatic inflammation; crushing injuries. *Snake bites* and bites and stings generally. Foul discharges with emaciation and great debility.

Head.--Confused, depressed. Aches with a peculiar periodical flushing of the face, even to the neck; dizziness and profound prostration.

Nose.--Foul-smelling discharge, membranous formations protruding. Post-nasal catarrh with ulceration and fetor. Nose feels stuffed up. Right nostril raw, bleeding.

Mouth.--Canker; gums recede and bleed easily; corners of mouth and lips crack; tongue dry and swollen; sores; dirty brownish. Tongue, lips, and fauces *tingle*, with sense of fear about heart (*Acon*). White coating of tongue, with red edges. Promotes the flow of saliva.

Throat.--Tonsils purple or black, gray exudation extending to posterior nares and air-passages. Ulcerated sore throat.

Stomach.--Sour belching and heartburn. Nausea; better lying down.

Chest.--Pain as of a lump in chest and under sternum. Pain in pectoral muscles (*Aristolochia*).

Urine.--Albuminous, scanty, frequent, and involuntary.

Female.--*Puerperal septicæmia*; discharges suppressed; abdomen sensitive and tympanitic; offensive, excoriating leucorrhæa.

Extremities.--Aching in limbs and general lassitude.

Skin.--Recurring boils. Carbuncles. Irritations from insect bites and poisonous plants. Lymphatics enlarged. Old tibial ulcers. Gangrene. Fever.--Chilliness, with nausea. Cold flashes all over back. Malarial fever.

Relationship.--Compare: Cenchris contortrix; Bothrops; Ars; Laches; Baptis; Rhus; Cistus; Hepar; Calendula.

Dose.--Tincture, one to ten drops, every two hours, and larger doses. *Locally*, as a cleansing and antiseptic wash.

EPIGEA REPENS

Trailing Arbutus

Chronic cystitis, with *dysuria*; tenesmus after micturition; *muco-pus and uric-acid deposit*, gravel, renal calculi. Fine sand in urine of a *brown color*. Burning in neck of bladder whilst urinating and tenesmus afterward. Pyelitis, incontinence of urine. Croaking noise and rumbling in bowels.

Relationship.--Compare: *Uva, Chimaph, Lyc; Pareira*. Epigea contains Arbutin, also Formic acid.

Dose.--Tincture in 5-drop doses every three hours.

EQUISETUM HYEMALE

Scouring-rush

Principal action on the bladder. A remedy for enuresis and dysuria. Urinary.--Severe, dull pain and feeling of fullness in bladder, not relieved by urinating. Frequent urging with severe pain *at the close of urination*. Urine flows only drop by drop. Sharp, *burning*, cutting pain in urethra while urinating.

Incontinence in children, with dreams or night-mares when passing urine. Incontinence in old women, also with involuntary stools. Retention and dysuria during pregnancy and after delivery. Much mucus in urine. Albuminuria. Involuntary urination.

Kidney.--Deep pain in region of right kidney, extending to lower abdomen, with urgent desire to micturate. Right lumbar region painful.

Modalities.--Worse, right side; movement, pressure, touch, sitting down; better, in afternoon from lying down.

Relationship.--Compare: *Hydrangea; Ferr phos; Apis; Canth; Linaria; Chimaph*. Equisitum contains silica in appreciable quantity. Dose.--Tincture, to sixth potency. A decoction, teaspoonful doses, or the tincture in hot water, is found useful to allay irritability of urinary tract, calculus, dysuria, etc; also for pleuritic effusion and dropsy.

ERECHTHITES HIERACIFOLIA

Fire-weed

A hæmorrhagic remedy. Epistaxis of bright blood. Hæmorrhage from any part, especially lungs; always attended by excitement of the circulation. Flashes of heat and coldness. Scanty urine, ædema of the extremities.

Skin.--Symptoms like Rhus poisoning.

Relationship.--Compare: Erig; Millef; Hamam; Rhus.

Dose.--Tincture. Locally for Poison Oak.

ERIGERON CANADENSE

Fleabane

(ERIGERON - LEPTILON CANADENSE)

Hæmorrhages are caused and cured by this remedy. Persistent hæmorrhage from the bladder. Hæmorrhage from the uterus, with painful micturition. *Profuse bright-red blood*. Pain in left ovary and hip. Chronic gonorrhæa, with burning micturition; continual dribbling. *Dysentery*, with soreness and burning in bladder. *Tympanites*.

Female.--Metrorrhagia, with violent irritation of rectum and bladder,

and prolapsus uteri. Bright-red flow. Menorrhagia; profuse leucorrhœa; *bloody lochia returns after least motion*, comes in gushes; between periods, *leucorrhœa with urinary irritation*; pregnant women with "weak uterus;" a bloody discharge on slight exertion. Bleeding hæmorrhoids; nosebleed instead of menses (*Bry*). Modalities.--*Worse*, left side.

Relationship.--Terebinthina similar.

Dose.--Tincture, to third potency. Oil of Erigeron 1x internally for *tympanites*. An enema of one dram of the oil with the yolk of an egg and pint of milk will reduce the most enormous tympanites.

ERIODYCTION CALIFORNICUM

Yerba Santa

A remedy for asthmatic and bronchial affections. Bronchial phthisis, with night-sweats and emaciation. Asthma relieved by expectoration. *Cough after influenza*. Furthers absorption of effusion in plural cavity. Appetite poor and impaired digestion. Whooping cough. Head.--Dizzy, feels intoxicated. Pressure outwards; worse, occiput. Pain in ears. Coryza. Burning in throat. Foul mouth in morning. Coryza with dizziness and sneezing.

Respiratory.--Wheezing; asthma, with coryza and *mucous secretions*. Dull pain in right lung. Burning in fauces. Chronic bronchitis, bronchial tuberculosis, with profuse, easily raised bronchial secretion, giving relief.

Male.--Sore, dragging in testicle, could not bear any pressure; better gentle support.

Relationship.--Compare: *Grind; Aral; Eucalyp; Ipec*. Dose.--Tincture in doses of 2 to 20 drops and attenuations.

ERYNGIUM AQUATICUM

Button Snake-root

A remedy for urinary disorders. Strangury, etc, with nervous erethism. *Thick, yellow mucous discharges*. Influenza. Uridrosis, sweat of urinous odor in evening.

Respiratory.--Cough, with sense of constriction. Smarting in throat and larynx.

Urinary.--Tenesmus of bladder and urethra. Difficult and frequent micturition. Pain behind pubes. Spasmodic stricture. *Renal colic* (*Pareira; Calc*). Congestion of kidneys with dull pain in back, running down the ureters and limbs. Irritable bladder from enlarged prostate gland, or from pressure of uterus.

Male.--Discharge of prostatic fluid from slight causes. Seminal emissions without erections, with lassitude (*Dioscor; Phos ac*). Relationship.--Compare: *Conium; Cannab; Dios; Ocim; Clemat*.

Dose.--Tincture, to third potency.

ESCHSCHOLTZIA CALIFORNICA

California Poppy

Experiments upon animals showed it to act more powerfully than morphine which is contained in the plant. It causes general weakness, torpor, accelerated respiration, complete paralysis of the limbs. Slowing of circulation.

A soporific remedy which is harmless. Use the tincture.

EUCALYPTUS GLOBULUS

Blue Gum-tree

Eucalyptus is a powerful antiseptic and destructive to low forms of life, a stimulating expectorant and an efficient diaphoretic. Atonic dyspepsia, gastric and intestinal catarrh. A remedy with marked effects on catarrhal processes, malaria, and intestinal disturbance. *Influenza*. Fevers of a *relapsing* character. Produces diuresis and great increase of urea. Hæmorrhages internally and locally (*Hamam*). *Typhoid*. Symptoms of exhaustion and toxæmia. Conditions of the mucous surfaces of the air passages, genito-urinary organs and gastrointestinal tract. A gastro-intestinal irritant with pain in stomach and upper intestines several hours after eating.

Head.--Exhilaration. Desire for exercise. Dull congestive headache. *Coryza*; sore throat. Eyes smart and burn.

Nose.--Stuffed-up sensation; thin, watery coryza; nose does not stop running; tightness across bridge. Chronic catarrhal, purulent and fetid discharge. Ethmoid and frontal sinus involved.

Throat.--Relaxed, aphthous condition of mouth and throat. Excessive secretion of saliva. Burns, feels full. Constant sensation of phlegm in throat. Enlarged, ulcerated tonsils and inflamed throat (Use tincture locally).

Stomach.--*Slow digestion*. Much fetid gas. Beating and goneness with pulsation in epigastric arteries. Spleen hard and contracted. Pain in epigastrium and upper abdomen ameliorated by food. Malignant disease of stomach with vomiting of blood and sour fluid.

Abdomen.--Acute diarrhæa. Aching pains in bowels with feeling of impending diarrhæa. Dysentery, with rectal heat; tenesmus; hæmorrhage. Diarrhæa; stools thin, watery, preceded by sharp pains. Typhoid diarrhæa.

Urinary.--Acute nephritis complicating influenza. Hæmaturia. Suppurative inflammation of kidneys. Urine contains pus and is deficient in urea. Bladder feels loss of expulsive force. Burning and tenesmus; catarrh of bladder; diuresis; urethral caruncle. Spasmodic stricture; gonorrhæa.

Respiratory.--*Asthma*, with great dyspnœa and palpitation. Moist asthma. Expectoration white, thick mucus. Bronchitis in the aged. Bronchorrhœa (*Bals. Peru*). Profuse expectoration of offensive mucopus. Irritative cough. Whooping-cough in rachitic children. Fetid form of bronchitis, bronchial dilatation and emphysema. Female.--Leucorrhœa, acrid, fetid. Ulcer around orifice of urethra. Extremities.--Rheumatic pains; worse at night, walking or carrying anything. Stiff, weary sensation. *Pricking sensation, followed by painful aching*. Nodular swellings over metacarpal and metatarsal joints.

Skin.--Glandular enlargements and nodular swelling over joints. Foul and indolent ulcers. Herpetic eruptions.

Fever.--Elevation of temperature. Continued and typhoid fevers. Scarlet fever (protective and curative). Discharges show a tendency to foulness, high temperature, accelerated but not strong pulse. Use the tincture.

Relationship.--Compare: Oil of *Eucalyptus*.--(Produces remarkable bodily exhaustion, no desire for any motion, unable to do any real mental work, study, etc. The volatile oil possesses, in common with other terpenes, the property of converting water, in presence of air and sunlight, into hydrogen peroxide, or to convert oxygen into ozone, which is the explanation usually given of its deodorizing and antiseptic properties (Merrel). Locally, in catarrhal affections, especially when of a suppurating or putrid nature). *Eucalyptus tereticoris* (menstrual cough and prostration). *Eucalyptol* (depresses temperature of healthy body more than *Quinine*; acts on kidneys like *Terebinth*); *Anacard; Hydrast; Kali sulph. Eucalyptus* neutralizes ill effects of *Strychnin. Angophora*-Red Gum--(dysentery, pains, tenesmus; better lying flat on face; obstinate constipation). *Eucalyptus rostrata; Kino*.

Dose.--Tincture in one to 20 drop doses, and lower potencies. Also Oil of Eucalyptus in five-drop doses.

EUONYMUS ATROPURPUREA

Wahoo, Burning Bush

Brunettes more easily affected, producing headache, mental disturbances and much distress in hepatic and renal region; albuminuria. Migraine. Passive Congestion and torpor of liver; chronic catarrhal affections of stomach and intestines. Weak heart. Chronic rheumatism and gout.

Mind.--Mental confusion, despondent, irritable; loss of memory, unable to recall familiar names.

Head.--Heavy frontal headache. Sore, tired feeling; bruised feeling of scalp. Pain over right eye extending back through the head. Bilious headache; coated tongue, bad taste, constipation. Vertigo, obscure

vision and gastric derangement, associated with albuminuria. Headache over eyebrows.

Stomach.--Mouth dry, pasty taste; thirsty, stomach full and uncomfortable.

Abdomen.--Flatus and pain. Anus very sore and burning. Constipation with hæmorrhoids and severe backache. Diarrhœa; stools variable and profuse, bloody. Pain about umbilical region. Urinary.--Urine scanty, high-colored; acidity increased, poured out rapidly.

Back.--Dull pain between shoulders and about renal and splenic region; pain in lumbar region better lying down.

Extremities.--Aching in all joints, especially ankles. Feet feel swollen and tired.

Modalities.--*Better* cool draught, pressure. *Worse* evening.

Relationship.--*Euonymus Europoea*-Spindle-tree (Liver disorders, biliousness, lumbago, gastric derangements with albuminuria.

Cutting pains in malar bones, tongue, penis up to bladder); *Podophyl; Ammon pic; Chel; Euonymin* 1x trit (albuminuria).

Dose --Tincture and lower attenuations

EUPATORIUM AROMATICUM

Pool-root

Nervous erethism; restlessness and morbid watchfulness. Hysteria and chorea. Low fevers, with extreme restlessness.

Aphthous disease. *Sore nipples*. Sore mouth in infants. Vomiting of bile, pain in stomach, headache, and fever.

Relationship.--*Lapsana communis*-Nipple-wort-useful in sore nipples and piles. *Hyosc; Passiflor; Hydr mur*.

Dose.--Tincture, locally, in sore mouth and sore nipples. Internally, tincture to third attenuation.

EUPATORIUM PERFOLIATUM

Thoroughwort

Known as "Bone-set", from the prompt manner in which it relieves pain in limbs and muscles that accompanies some forms of febrile disease, like malaria and influenza. Eupatorium acts principally upon the gastro-hepatic organs and bronchial mucous membrane. It is a boon in miasmatic districts, along rivers, marshes, etc, and in all conditions where there is a great deal of bone-pain. Cachexia from old chronic, bilious intermittents. Worn-out constitutions from inebriety. Sluggishness of all organs and functions. Bone-pains, general and severe. Soreness. Marked periodicity (*Ars; China; Cedron*).

Head.--Throbbing pain. Pressure as if a cap of lead pressed over the

whole skull. Vertigo; sensation of falling to *left*. Vomiting of bile. Top and back of head with pain and *soreness of eyeballs*. Periodical headache, every third and seventh day. *Occipital pain after lying down, with sense of weight*.

Mouth.--Cracks in corners of mouth, yellow coated tongue, thirst. Stomach.--Tongue yellow. Taste bitter. Hepatic region sore. Great thirst. Vomiting and purging of bile, of green liquid several quarts at a time. Vomiting preceded by thirst. *Hiccough (Sulph ac; Hydrocy ac)*. Avoids tight clothing.

Stool.--Frequent, green watery. Cramps. Constipated, with sore liver. Respiratory.--Coryza, with sneezing. *Hoarseness and cough, with soreness in chest*; must support it. *Influenza*, with great soreness of muscles and bones. *Chronic* loose cough, chest sore; *worse at night*. Cough relieved by getting on hands and knees.

Fever.--Perspiration relieves all symptoms except headache. Chill between 7 and 9 am, *preceded by thirst with great soreness and aching of bones*. Nausea, vomiting of bile at close of chill or hot stage; throbbing headache. Knows chill is coming on because he cannot drink enough.

Extremities.--Aching pain in back. Aching in bones of extremities with soreness of flesh. Aching in arms and wrists. Swelling of left great toe. Gouty soreness and inflamed nodosities of joints, associated with headache. Dropsical swelling.

Modalities.--Worse, periodically. Better, by conversation, by getting on hands and knees.

Relationship.--Compare: *Bryon; Sepia; Natr mur; Chelidon. Nyctanthes arbor-tristis* (bilious fever; insatiable thirst; bitter vomiting at close of chill; also constipation of children).

Dose.--Tincture, to third attenuation.

FRAXINUS AMERICANA

White Ash

Enlargement of the uterus. Fibrous growths, subinvolution, and prolapse. Uterine tumors, with bearing-down sensations. Fever sores on lips. Cramps in feet. Cold creeping and hot flashes. Infantile eczema.

Head.--Throbbing pain in back of head. Depression, with nervous restlessness, anxiety. *Hot spot on* top of head.

Female.--*Uterus enlarged*, and patulous. Watery, unirritating leucorrhœa. Fibroids with bearing-down sensation, cramping in feet, worse in afternoon and night. Dysmenorrhœa.

Abdomen.--Tenderness in left inguinal region; bearing-down pain, extending down thigh.

Relationship.--Compare: *Fraxinus excelsior*-European Ash --(*Gout*; rheumatism. Infusion of ash-leaves. Rademacher). Galega--(Goat's

Rue-Backache; debility; anæmia and impaired nutrition. Increases the quantity and quality of the milk in nursing women, also the appetite). *Epiphegus; Sepia; Lilium*.

Dose.--Ten to fifteen drops of tincture, three times a day.

FUCUS VESICULOSUS

Sea Kelp

A remedy for obesity and *non-toxic goitre*; also exophthalmic. Digestion is furthered and flatulence diminished. Obstinate constipation; forehead feels as if compressed by an iron ring. Thyroid enlargement in obese subjects.

Relationship.--Compare: *Phytol; Thyroidine; Badiaga; Iodum*. Dose.--Tincture, five to sixty drops three times a day before meals.

GAULTHERIA PROCUMBENS

Wintergreen

Inflammatory rheumatism, pleurodynia, *sciatica*, and other neuralgias, come within, the sphere of this remedy. Cystic and prostatic irritation, undue sexual excitement, and renal inflammation. Head.--Neuralgia of head and face.

Stomach.--Acute gastritis, severe pain in epigastrium; *prolonged vomiting*. Uncontrollable appetite, notwithstanding irritable stomach. Gastralgia from nervous depression (Give five drops of 1x of Oil). Skin.--Smarting and burning. Intense erythema, worse, cold bathing; better, olive oil and cool air blowing on part.

Relationship.--Compare: *Spiræea*. Gaultheria contains Arbutin. *Salycyl acid. Methylium salicylicum* (an artificial Gaultheria oil for rheumatism, especially when the salicylates cannot be used. Pruritus and epididymitis, locally). After *Cantharis* in burns.

Dose.--Tincture and lower potencies.

GELSEMIUM SEMPERVIRENS

Yellow Jasmine

Centers its action upon the nervous system, causing various degrees of *motor paralysis*. General prostration. *Dizziness, drowsiness, dullness, and trembling*. Slow pulse, tired feeling, mental apathy. *Paralysis* of various groups of muscles about the eyes, throat, chest, larynx, sphincter, extremities, etc. Post-diphtheritic paralysis. *Muscular weakness*. Complete relaxation and prostration. Lack of muscular co-ordination. General depression from heat of sun. Sensitive to a falling barometer; cold and dampness brings on many complaints. Children fear falling, grab nurse or crib. Sluggish circulation. Nervous affections of cigarmakers. *Influenza*. Measles.

Pellagra.

Mind.--Desire to be quiet, to be left alone. *Dullness, languor, listless*. "Discernings are lethargied." *Apathy regarding his illness*. Absolute lack of fear. Delirious on falling to sleep. Emotional excitement, fear, etc, lead to bodily ailments. Bad effects from fright, fear, exciting news. Stage fright. Child starts and grasps the nurse, and screams as if afraid of falling (*Bor*).

Head.--Vertigo, spreading from occiput. Heaviness of head; bandfeeling around and occipital headache. Dull, heavy ache, with heaviness of eyelids; bruised sensation; better, compression and lying with head high. Pain in temple, extending into ear and wing of nose, chin. Headache, with muscular soreness of neck and shoulders. Headache preceded by blindness; better, profuse urination. Scalp sore to touch. Delirious on falling asleep. Wants to have head raised on pillow.

Eyes.--Ptosis; *eyelids* heavy; patient can hardly open them. Double vision. Disturbed muscular apparatus. Corrects blurring and discomfort in eyes even after accurately adjusted glasses. Vision blurred, smoky (*Cycl; Phos*). *Dim-sighted*; pupils dilated and insensible to light. *Orbital neuralgia, with contraction and twitching of muscles*. Bruised pain back of the orbits. One pupil dilated, the other contracted. Deep inflammations, with haziness of vitreous. *Serous inflammations*. Albuminuric retinitis. Detached retina, glaucoma and descemetitis. *Hysterical amblyopia*.

Nose.--Sneezing; fullness at root of nose. Dryness of nasal fossæ. Swelling of turbinates. Watery, excoriating discharge. Acute coryza, with dull headache and fever.

Face.--Hot heavy, flushed, besotted-looking (Bapt; Op). Neuralgia of face. Dusky hue of face, with vertigo and dim vision. Facial muscles contracted, especially around the mouth. Chin quivers. Lower jaw dropped.

Mouth.--Putrid taste and breath. Tongue numb, thick, coated, yellowish, *tremble*, paralyzed.

Pain from throat to ear.

Throat.--Difficult swallowing, especially of warm food. Itching and tickling in soft palate and naso-pharynx. Pain in sterno-cleidomastoid, back of parotid. Tonsils swollen. Throat feels rough, burning. *Post-diphtheritic paralysis*. Tonsillitis; shooting pain into ear. *Feeling of a lump in throat* that cannot be swallowed. Aphonia. Swallowing causes pain in ear (*Hep; Nux*). Difficult swallowing.

Stomach.--As a rule, the Gelsemium patient has no thirst. Hiccough; worse in the evening. Sensation of emptiness and weakness at the pit of the stomach, or of an oppression, like a heavy load.

Stool.--Diarrhea *from emotional excitement*, fright, bad news (*Phos ac*). Stool painless or involuntary. *Cream-colored* (*Calc*), *tea-green*. Partial paralysis of rectum and sphincter.

Urine.--*Profuse, clear, watery*, with chilliness and tremulousness. Dysuria. Partial paralysis of bladder; flow intermittent (*Clematis*). *Retention*.

Female.--Rigid os (*Bell*). Vaginismus. False labor-pains; pains pass up back. *Dysmenorrhæa*, with scanty flow; menses retarded. Pain extends to back and hips. Aphonia and sore throat during menses. Sensation as if uterus were squeezed (*Cham; Nux v; Ustilago*). Male.--Spermatorrhæa, *without erections*. Genitals cold and relaxed (*Phos ac*). Scrotum continually sweating. Gonorrhæa, first stage; discharge scanty; tendency to corrode; little pain, but much heat; smarting at meatus.

Respiratory.--Slowness of breathing, with great prostration. Oppression about chest. Dry cough, with sore chest and fluent coryza. Spasm of the glottis. Aphonia; acute bronchitis, respiration quickened, spasmodic affections of lungs and diaphragm. Heart.--A feeling as if it were necessary to keep in motion, or else heart's action would cease. Slow pulse (Dig; Kalm; Apoc; Can). Palpitation; pulse soft, weak, full and flowing. Pulse slow when quiet, but greatly accelerated on motion. Weak, slow pulse of old age. Back.--Dull, heavy pain. Complete relaxation of the whole muscular system. Languor; muscles feel bruised. Every little exertion causes fatigue. Pain in neck, especially upper sterno-cleido muscles. Dull aching in lumbar and sacral region, passing upward. Pain in muscles of back, hips, and lower extremities, mostly deep-seated. Extremities.--Loss of power of muscular control. Cramp in muscles of forearm. Professional neuroses. Writer's cramp. Excessive trembling and weakness of all limbs. Hysteric convulsions. Fatigue after slight exercise.

Sleep.--Cannot get fully to sleep. Delirious on falling asleep. Insomnia from exhaustion; from uncontrollable thinking; tobacco. Yawning. Sleepless from nervous irritation (*Coffea*).

Fever.--Wants to be held, because he shakes so. Pulse slow, full, soft, compressible. Chilliness up and down back. Heat and sweat stages, long and exhausting. Dumb-ague, with much muscular soreness, great prostration, and violent headache. Nervous chills. Bilious remittent fever, with stupor, dizziness, faintness; thirstless, prostrated. Chill, without thirst, along spine; wave-like, extending upward from sacrum to occiput.

Skin.--Hot, dry, itching, measle-like eruption. Erysipelas. *Measles, catarrhal symptoms; aids in bringing out eruption*. Retrocedent, with livid spots. Scarlet fever with stupor and flushed face. Modalities.--*Worse*, damp weather, fog, before a thunderstorm, emotion, or excitement, *bad news*, tobacco-smoking, when thinking

of his ailments; at 10 am. *Better*, bending forward, by profuse urination, open air, continued motion, stimulants.

Relationship.--Compare: Ignatia (gastric affections of cigarmakers);

Baptisa; Ipecac; Acon; Bell; Cimicif; Magnes phos (Gelsem contains some Magnes phos). *Culex*--(vertigo on blowing the nose with fullness of the ears).

Antidotes: China; Coffea; Dig. Alcoholic stimulants relieve all complaints where *Gelsem* is useful.

Dose.--Tincture, to thirtieth attenuation; first to third most often used.

GERANIUM MACULATUM

Crane's-bill

Habitual sick headaches. *Profuse, hæmorrhages*, pulmonary and from different organs. Vomiting of blood. *Ulceration of stomach. Atonic and foul ulcers*. Summer complaint.

Head.--Giddiness, with diplopia; better, closing eyes. Ptosis and dilated pupils. Sick headache.

Mouth.--Dry; tip of tongue burning. Pharyngitis.

Stomach.--Catarrhal gastritis with profuse secretion, tendency to ulceration and passive hæmorrhage. *Lessens the vomiting in gastric ulcer*.

Stool.--Constant desire to go to stool, with inability to pass anything for some time. Chronic diarrhœa, with offensive mucus. Constipation.

Female.--Menses too profuse. Post-partum hæmorrhage. Sore nipples (*Eup arom*).

Relationship.--Compare: *Geranin* 1x. Constant hawking and spitting in elderly people. *Erodium*-Hemlock-Stork's bill--(a popular hæmostatic in Russia, and especially used for metrorrhagia and menorrhagia); *Hydrastinin; Cinch; Sabin*.

Dose.--Tincture, half-dram doses in gastric ulcer. Tincture, to third attenuation, as a general rule. Locally, in ulcers, it will destroy the pyogenic membrane.

GINSENG QUINQUEFOLIUM

Aralia Quinquefolia-Wild Ginseng-Panax

Said to be a stimulant to the secretory glands, especially salivary. Acts on the lower part of the spinal cord. *Lumbago, sciatica, and rheumatism*. Paralytic weakness. *Hiccough*. Skin symptoms, itching pimples on neck and chest.

Head.--Vertigo, with gray spots before eyes; semi-lateral headache; occipital; difficult opening of eyelids; objects appear double.

Throat.--Tonsillitis, just like Bellad, but in dark-complexioned people.

Abdomen.--Tense, painful, rumbling. Pain in right side. Loud gurgling in ileo-cæcal region. Perityphlitis.

Male.--Rheumatic pains after frequent emissions. Weakness of

genital organs. Voluptuous tickling at end of urethra. Sexual excitement. Pressure in testicles.

Extremities.--Hands feel swollen. Skin feels tight. Contraction. Coldness in back and spine. Bruised pain in small of back and thighs; nightly digging in right lower limb to toes. Burning heat in tips of fingers. Eruption on upper inner thighs. *Stiff, contracted joints*, heaviness of lower limbs. Crackling in joints. Stiffness in back. Relationship.--Compare: *Aral; Coca. Hedera*-Ivy-mental depression and skin irritation antidoted by Gunpowder. Dose.--Tincture, to third potency.

GOSSYPIUM HERBACEUM

Cotton-plant

A powerful emmenagogue, used in physiological doses. Homeopathically, it corresponds to many reflex conditions, depending on disturbed uterine function and pregnancy. Gossypium will relieve tardy menses, especially with sensation that the flow is about to start and yet does not do so. Tall, bloodless patients, with nervous chills.

Head.--Pain in cervical region with tendency for head to draw backward with nervousness.

Stomach.--Nausea, with inclination to vomit before breakfast. Anorexia, with uneasy feeling at scrobiculum at time of menses. Female.--Labia swollen and itching. *Intermittent pain in ovaries*. Retained placenta. Tumor of the breast with swelling of axillary glands. Morning sickness, with sensitive uterine region. Suppressed menstruation. Menses too watery. Backache, weight and dragging in pelvis. Uterine sub-involution and fibroids, with gastric pain and debility.

Relationship.--Compare: Action similar to Ergot when made from fresh green root. *Lilium; Cimicif; Sabina*.

Dose.--Tincture, to sixth attenuation.

GRINDELIA ROBUSTA

Rosin-wood

Both Grindelia robusta and Grindelia squarrosa have been used for the symptoms here recorded. There is practically no difference in their action, although the G. Squarrosa is credited with more splenic symptoms, dull pains and fullness in left hypochondrium; chronic malaria; gastric pains associated with *splenic* congestion. Induces paralysis, beginning in extremities Its action is shown on the heart first quickening, then retarding it.

Acts on the cardio-pulmonary distribution of the pneumo-gastric in dry catarrh (Tart Emetic in muco-purulent). Produces a paresis of the

pneumo-gastric, interfering with respiration. *Smothering after falling asleep*. Asthmatic conditions, chronic bronchitis. Bronchorrhœa with tough mucus, difficult to detach. Raises the blood pressure. Nausea and retching of gastric ulcer. Sugar in urine. An effective antidote to Rhus-poisoning, locally and internally; also for burns, blisters, vaginal catarrh and herpes zoster. Hyperchlorhydria when attended with asthmatic and other neurotic symptoms. Hyperæmia of gastric mucous membrane with difficult respiration.

Head.--Feels full, as from quinine. Pain in *eyeballs*, running back to brain; worse, moving eyes. Pupils dilated. Purulent ophthalmia and iritis.

Respiratory.--An efficacious remedy for wheezing and oppression in bronchitic patients. The sibilant rales are disseminated with foamy mucus, very difficult to detach. Acts on the pulmonary circulation. Asthma, with profuse tenacious expectoration, which relieves. *Stops breathing when falling asleep*; wakes *with a star*, and gasps for breath. Must sit up to breathe. *Cannot breathe when lying down*. Pertussis, with profuse mucous secretion (*Coccus*). Bronchorrhea, with tough, whitish, mucous expectoration. Sibilant rales. Weak heart and respiration. Cannot breathe lying down. Cheyne-Stokes respiration.

Spleen.--Cutting pain in region of spleen, extending to hips. Spleen enlarged (*Ceanoth; Carduus*).

Skin.--Rash, like roseola, with severe burning and itching. Vesicular and papular eruptions. Herpes zoster. Itching and burning. *Poison oak* (locally as a wash). Ulcers, with swollen, purplish skin.

Relationship.--Compare: Tart-emet. Eriodictyon; Lach; Sanguinar.

Dose.--Tincture in 1 to 15 drop doses, also lower potencies.

GUAJACUM OFFICINALE

Resin of Lignum Vitæ

Chief action on fibrous tissue, and is especially adapted to the arthritic diathesis, rheumatism, and tonsillitis. Secondary syphilis. Very valuable in acute rheumatism. *Free foul secretions. Unclean odor from whole body*. Promotes suppuration of abscesses. Sensitiveness and aggravation from local heat. Contraction of limbs, stiffness and immobility. Feeling that he must stretch.

Mind.--Forgetful; thoughtless; staring. Slow to comprehend.

Head.--Gouty and rheumatic pain in head and face, extending to neck. Tearing pain in skull; worse, cold, wet weather. Feels swollen, and blood-vessels distended. Aching in left ear. Pains often end in a stitch, especially in head.

Eyes.--Pupils dilated. Eyelids appear too short. Pimples around eyes. Throat.--Rheumatic sore throat with weak throat muscles. Throat dry, burns, swollen, stitches toward ear. *Acute tonsillitis*. Syphilitic

sore throat.

Stomach.--Tongue furred. *Desire for apples* and other fruits.

Aversion to milk. Burning in stomach. Constricted epigastric region.

Abdomen.--Intestinal fermentation. Much wind in bowels. Diarrhœa, cholera infantum.

http://homeoint.org/books/boericmm/g/guaj.htm (1 of 2) [10/17/2001 5:51:53 PM] GUAJACUM OFFICINALE - HOMOEOPATHIC MATERIA MEDICA - By William BOERICKE

Urinary.--Sharp stitches after urinating. Constant desire.

Respiratory.--Feels suffocated. Dry, tight cough. Fetid breath after coughing. *Pleuritic stitches*. Chest pains in articulations of ribs, with shortness of breathing till expectoration sets in.

Female.--Ovaritis in rheumatic patients, with irregular menstruation and dysmenorrhœa, and irritable bladder.

Back.--Pain from head to neck. *Aching in nape. Stiff neck and sore shoulders*. Stitches between scapulæ to occiput. Contractive pain between scapulæ.

Extremities.--Rheumatic pain in shoulders, arms and hands.

Growing pains (*Phos ac*). Pricking in nates. Sciatica and lumbago. Gouty tearing, with contractions. Immovable stiffness. Ankle pain extending up the leg, causing lameness. Joints swollen, painful, and intolerant of pressure; can bear no heat. Stinging pain in limbs.

Arthritic lancinations followed by contraction of limbs. *A feeling of heat* in the affected limbs.

Modalities.--*Worse*, from motion, heat, cold wet weather; pressure, touch, from 6 pm to 4 am. *Better*, external pressure.

Relationship.--*Guaiacol* (in the treatment of gonorrhœal epididymitis, 2 parts to 30 vaselin, locally).

Antidote: *Nux*. Follow Sepia.

Compare: Merc; Caust; Rhus; Mezer; Rhodod.

Dose.--Tincture, to sixth attenuation.

GUAREA TRICHILOIDES

Ballwood

Eye symptoms have been verified. Chemosis and pterygium have been cured with it. Lupus of an ochre-red color.

Eyes.--Conjunctiva inflamed, swollen. Tearing pain in eyeballs; tension, forced-out feeling. Objects appear gray, upside down. Eye symptoms alternate with diminished hearing. Epiphora.

Head.--Sensation as if brain were falling forwards; as from a blow on head.

Respiratory.--Cough with sweat, pain and tightness of chest; larynx irritated.

Dose.--Tincture.

HAMAMELIS VIRGINIANA

Witch-hazel

Venous congestion, hæmorrhages, varicose veins, and hæmorrhoids, with *bruised soreness of affected parts*, seem to be the special sphere of this remedy. Acts upon the coats of the veins causing relaxation with consequent engorgement. Passive venous hæmorrhages from any part. Great value in open, painful wounds, with weakness from loss of blood. After operations, supersedes the use of morphia (Helmuth).

Head.--Wants "the respect due to me" shown. Feeling as of a bolt from temple to temple. Fullness, followed by epistaxis. Numbness over frontal bone.

Eyes.--Painful weakness; *sore pain* in eyes; bloodshot appearance; inflamed vessels greatly injected. Hastens absorption of intraocular hæmorrhage. Eyes feel forced out.

Nose.--Bleeding from nose profuse; flow passive, non-coagulable, with tightness in bridge of nose. Bad odor from nose.

Throat.--Mucous membrane distended and bluish; varicosis of throat.

Stomach.--Tongue feels burnt. Thirst. Blisters on side. Hæmatemesis of black blood. Throbbing and pain in stomach.

Stool.--Anus feels sore and raw. *Hæmorrhoids, bleeding profusely, with soreness*. Dysentery. Pulsation in rectum.

Urine.--Hæmaturia, with increased desire.

Female.--Ovarian congestion and neuralgia; feel very sore. Vicarious menstruation. Uterine hæmorrhage, bearing-down pain in back. Menses dark, profuse, with soreness in abdomen. Metrorrhagia, occurring midway between menstrual periods. Intermenstrual pain (Jas. W. Ward). Vagina very tender. Profuse leucorrhæa. Vulva itches. Milk-leg, hæmorrhoids, and sore nipples, after confinement. Metrorrhagia; passive flow. Vaginismus, ovaritis, soreness over whole abdomen. Phlegmasia alba.

Male.--Pain in spermatic cord, running into testes. Varicocele. Pain in testicles. Orchitis. Testicles enlarged, hot, and painful. Epididymitis.

Respiratory.--Hæmoptysis; tickling cough. Chest feels sore and constricted.

Back.--Sore pain down cervical vertebræ. Severe pain in lumbar and hypogastric region, extending down legs.

Extremities.--Tired feeling in arms and legs. Very sore muscles and joints. Varicose veins. Chilliness in back and hips, extending down legs. Neuralgia of internal saphenous nerve.

Skin.--Bluish chilblains. Phlebitis. Purpura. Varicose veins and ulcers; very sore. Burns. Ecchymosis. Traumatic inflammations (*Arnica*).

Modalities.--Worse, warm, moist air.

Relationship.--Compare in hæmorrhoids: Calc fluor; Aloe; Mur ac in varicose veins. Mangifera indica.

Compare: Arnica; Calend; Trillium; Bellis; Sulph ac; Pulsatilla.

Antidote: *Arnica*.

Complementary: Ferrum.

Dose.--Tincture, to sixth attenuation. Distilled extract locally.

HELLEBORUS NIGER

Snow-rose

Produces a condition of *sensorial depression*. Sees, hears, tastes imperfectly, and general *muscular weakness*, which may go on to complete paralysis, accompanied by dropsical effusions. Hence, a remedy in low states of vitality and serious disease. Characteristic aggravation from 4 to 8 pm (*Lycop*). *Sinking sensation*. State of effusion in hydrocephalus. Mania of a melancholy type.

Mind.--Slow in answering. Thoughtless; staring. *Involuntary sighing*. *Complete unconsciousness*. *Picks lips and clothes*.

Head.--Forehead wrinkled in folds. Cold sweat. Stupefying headache. *Rolls head* day and night; moaning, sudden screams. *Bores head into pillow*; beats it with hands. Dull pain in occiput, with sensation of water swashing inside. Headache culminates in vomiting.

Eyes.--Eyeballs turn upwards; squinting, vacant look. Pupils dilated. Eyes wide open, sunken. Night-blindness.

Nose.--Dirty, dry nostrils. Rubs nose. Smell diminished. Nose pointed.

Face.--Pale, sunken. Cold sweat. Wrinkled. Neuralgia on left side; parts so tender he cannot chew.

Mouth.--Horrible smell from mouth. Lips dry and cracked. Tongue red and dry. Falling of lower jaw. Meaningless picking of lips. Grinding of teeth. Chewing motion. Greedily swallows cold water, though unconscious. Child nurses greedily, with disgust for food. Ptyalism, with sore corners of mouth.

Abdomen.--Gurgling, as if bowels were full of water. Swollen, painful to touch.

Stool.--Jelly-like, white mucus; involuntary.

Urine.--Suppressed; scanty, dark; coffee-grounds sediment. Frequent urging. Child cannot urinate. Bladder overdistended.

Respiratory.--Frequent sighing. Respiration irregular. Chest constricted; gasps for breath. Hydrothorax (*Merc sulph*).

Extremities.--*Automatic motion of one arm and leg*. Limbs heavy and painful. Stretching of limbs. Thumb drawn into palm (*Cupr*). Vesicular eruption between fingers and toes.

Sleep.--Sudden screams in sleep. Soporous sleep. *Cri encephalique*. Cannot be fully aroused.

Skin.--Pale, dropsical, itching. Livid spots on skin. Sudden, watery, swelling of skin. Falling off of hair and nails. Angio-neurotic ædema. Modalities.--Worse, from evening until morning, from uncovering. Relationship.--(Hellebor fætidus, or, Polymnia-Bear's foot--Acts especially on spleen (Ceanothus); also rectum and sciatic nerve. Splenic pains extend to scapula, neck and head, worse left side and evening; chronic ague cake; hypertrophied uterus; glandular enlargements; hair and nails falling off; skin peeling). Hellebor orientalis (salivation).

Antidote: Camphor; Cinch.

Compare: Threatening effusion; *Tuberc; Apis; Zinc; Opium; Cinch;*

Cicuta; Iodoform.

Dose.--Tincture, to third potency.

HELONIAS DIOICA

Unicorn-root

(HELONIAS - CHAMAELIRIUM)

Sensation of weakness, dragging and weight in the sacrum and pelvis, with great languor and prostration, are excellent indications for this remedy. There is a sensitiveness expressed as a consciousness of a womb. Tired, backachy females. The weakness shows itself also in a tendency to prolapse and other malposition of the womb. The menses are often suppressed and the kidneys congested. It seems as if the monthly congestion, instead of venting itself as it should through the uterine vessels, had extended to the kidneys. With it all, there is a profound melancholia. Patient must be doing something to engage the mind. Remember it, for women with prolapsus from atony, enervated by indolence and luxury (better when attention is engaged-hence when the doctor comes), or for those worn out with hard work; tired, strained muscles burn and ache; sleepless. Diabetes mellitus, and insipidus. Constant aching and tenderness over kidneys.

Mind.--Profound melancholy. *Patient is better when kept busy*, with mind engaged, when doing something. Irritable; cannot endure the least contradiction.

Head.--Burning sensation on top. Headache, better mental exertion. Back.--Pain and weight in back; tired and weak. Aching and burning across the lumbar region; can trace outlines of kidneys by constant burning. Boring pain in lumbar region, extending down legs. Great languor, better exercising.

Female.--Dragging in sacral region, with prolapse, especially after a miscarriage. *Pruritus vulvæ*. Backache after miscarriage (*Kali c*). Weight and soreness in womb; *conscious of womb. Menses too frequent, too profuse*. Leucorrhæa. Breasts swollen, nipples painful and tender. Parts hot, red, swollen; burn and itch terribly. Albuminuria during pregnancy. Debility attending the menopause.

Urine.--*Albuminous*, phosphatic; profuse and clear, saccharine. Diabetes.

Extremities.--Sensation as if a cool wind streamed up calves of legs. Feet feel numb when sitting.

Modalities.--Better, when doing something (mental diversion). Worse, motion, touch.

Relationship.--Compare: *Agrimonia*-Cockleburr--(painful kidneys, impaired digestion and menstrual difficulties; Bronchorrhæa and catarrh of bladder. Cough with profuse expectoration attended with expulsion of urine. Tincture 1-10 gtt). Aletris; Lilium; Puls; Senecio; Stannum.

Dose.--Tincture, to sixth attenuation.

HYDRASTIS CANADENSIS

Golden Seal

Acts especially on mucous membranes, relaxing them and producing a thick, yellowish, ropy secretion. The catarrh may be anywhere,throat, stomach, uterus, urethra,-it is always characterized by this peculiar mucous discharge. Hydrastis is especially active in old, easily-tired people, cachectic individuals, with great debility. Cerebral effects prominent, feels his wits sharpened, head cleared, facile expression. Weak muscular power, poor digestion and obstinate constipation. Lumbago. Emaciation and prostration. Its action on the liver is marked. Cancer and cancerous state, before ulceration, when pain is principal symptom. Goitre of puberty and pregnancy. *Small-pox* internally and locally. The power of Hydrastis over smallpox seen in modifying the disease, abolishing its distressing symptoms, shortening its course, lessening its danger and greatly mitigating its consequences (J. J. Garth Wilkinson).

Mind.--Depressed; sure of death, and desires it.

Head.--Dull, pressing frontal pain, especially connected with constipation. Myalgic pain in scalp and muscles of neck (*Cimicif*). Eczema on forehead along line of hair. Sinusitis, after coryza. Ears.--Roaring. Muco-purulent discharge. Deafness. Estachian catarrh, with high-pitched voice.

Nose.--*Thick, tenacious secretion from posterior nares* to throat. Watery, *excoriating* discharge. Ozæna, with ulceration of septum. Tends to blow nose all the time.

Mouth.--Peppery taste. Tongue white, swollen, large, flabby, slimy; shows imprint of teeth (Merc); as if scalded; stomatitis. Ulceration of tongue, fissures toward the edges.

Throat.--Follicular pharyngitis. Raw, smarting, excoriating sensation. Hawking of yellow, tenacious mucus (*Kali bich*). Child is aroused suddenly from sleep by this tenacious post-nasal dropping. Goitre of puberty and pregnancy.

Stomach.--Sore feeling in stomach more or less constant. Weak digestion. *Bitter taste*. Pain as from a hard-cornered substance. Gone feeling. Pulsation in epigastrium. Cannot eat bread or vegetables. Atonic dyspepsia. Ulcers and cancer. Gastritis.

Abdomen.--Gastro-duodenal catarrh. Liver torpid, tender. Jaundice. Gallstones. Dull dragging in right groin with cutting sensation into right testicle.

Back.--Dull, heavy, dragging pain and stiffness, particularly *across lumbar region, must use arms in raising himself from seat*.

Rectum.--Prolapsed; anus fissured. *Constipation*, with sinking feeling in stomach, and dull headache. During stool, smarting pain in rectum. After stool, long-lasting pain (*Nit ac*). Hæmorrhoids; even a light flow exhausts. Contraction and spasm.

Urine.--Gleety discharge. Urine smells decomposed.

Male.--Gonorrhœa, second stage; discharge thick and yellow. Female.--Erosion and excoriation of cervix. Leucorrhœa, worse after menses (*Bov; Calc c*); acrid and corroding, shreddy, tenacious. Menorrhagia. Pruritus vulvæ, with profuse leucorrhœa (*Calc c; Kreos; Sep*). Sexual excitement. Tumor of breast; nipple retracted. Respiratory.--Chest raw, sore, burning. Dry, harsh cough. Bronchial catarrh, later stages. Bronchitis in old, exhausted persons, *with thick, yellow, tenacious expectoration*. Frequent fainty spells, with cold sweat all over. Feels suffocating when lying on left side. Pain from chest to left shoulder.

Skin.--Eruption like variola. Lupus; *ulcers*, cancerous formations. General tendency to profuse perspiration and unhealthy skin (*Hepar*). Relationship.--Antidote: *Sulph*.

Useful after too much Chlorate of Potash for sore throat.
Compare: *Xanthorrhiza apifolia; Kali bich; Conium; Ars iod; Phytol; Galium* (cancer-nodulated tumor of the tongue); *Asterias; Stann; Puls*. Also *Manzanita* (diarrhœa, gonorrhœa, gleet, leucorrhœa, catarrhal conditions). *Hydrastinum muriaticum*-Muriate of Hydrastia (Locally, in aphthous sore mouth, ulcers, ulcerated sore throat, ozæna, etc. Internally, third dec trit. Is a uterine hæmostatic and vasoconstrictor; metrorrhagia, especially from fibroid tumors; hæmorrhages; *in dilatation of the stomach*, and chronic digestive disorders). *Hydrastin sulph* 1x (hæmorrhage of bowels in typhoid). *Marrubium*-Hoarhound--(a stimulant to mucous membranes, especially laryngeal and bronchial; chronic bronchitis, dyspepsia, and hepatic disorders; colds and coughs).

Dose.--Tincture, to thirtieth attenuation. Locally colorless. Hydrastis, mother tincture, or fluid extract.

HYDRANGEA ARBORESCENS

Seven-barks

A remedy for gravel, profuse deposit of white amorphous salts in urine. Calculus, renal colic, bloody urine. Acts on ureter. Pain in lumbar region. Dizziness. Oppression of chest.

Urine.--Burning in urethra and frequent desire. Urine hard to start. Heavy deposit of mucus. *Sharp pain in loins*, especially left. Great thirst, with abdominal symptoms and *enlarged prostate* (*Ferr pic; Sabal*). Gravelly deposits. Spasmodic stricture. Profuse deposit of white amorphous salts.

Relationship.--Compare: *Lycopod; Chimaphil; Berberis; Pareira; Uva; Sabal; Oxydendron; Geum*-Water Avens--(Severe jerking pains from deep in the abdomen to end of urethra; affections of bladder, with pains in penis; worse, eating; relaxed mucous membranes, with excessive and depraved secretions; imperfect digestion and assimilation). *Polyctrichum*-Haircap moss--(according to Dr. A. M. Cushing in mother tincture or infusion for enlarged prostateprostatitis). Dose.--Tincture.

HYPERICUM PERFORATUM

St. John's-wort

The great remedy for injuries to nerves, especially of fingers, toes and nails. Crushed fingers, especially tips. Excessive painfulness is a guiding symptom to its use. Prevents lockjaw. *Punctured* wounds. Relieves pain after operations. Quite supersedes the use of Morphia after operations (Helmuth). Spasms after every injury. Has an important action on the rectum; hæmorrhoids. *Coccydynia*. Spasmodic asthmatic attacks with changes of weather or before storms, better by copious expectoration. Injured nerves from bites of animals. Tetanus. Neuritis, tingling, burning and numbness. Constant drowsiness.

Mind.--Feels as if lifted high in air, or anxiety lest he fall from heights. Mistakes in writing. Effects of shock. Melancholy. Head.--Heavy; feels as if touched by *an icy cold hand. Throbbing in vertex*; worse in close room. Brain seems compressed. Right side of face aches. Brain-fag and neurasthenia. Facial neuralgia and toothache of a pulling, tearing character, with sadness. *Head feels longer*-elongated to a point. In fractured skull, bone splinters. Brain feels alive. Pains in eyes and ears. Falling out of hair.

Stomach.--Craving for wine. Thirst; *Nausea*. Tongue coated white at hase, tip clean, Feeling of lump in stomach (Abias nig: Rry)

base, tip clean. Feeling of lump in stomach (*Abies nig; Bry*).

Rectum.--Urging, dry, dull, pressing pain. *Hæmorrhoids*, with pain, bleeding, and tenderness.

Back.--Pain in nape of neck. *Pressure over sacrum*. Spinal concussion. Coccyx injury from fall, with pain radiating up spine and down limbs. Jerking and twitching of muscles.

Extremities.--Darting pain in shoulders. Pressure along ulnar side of

arm. Cramp in calves. Pain in toes and fingers, especially in tips. *Crawling in hand and feet*. Lancinating pain in upper and lower limbs. *Neuritis*, with tingling, burning pain, numbness and flossy skin. Joints feel bruised. Hysterical joints. Tetanus (*Physost; Kali brom*). Traumatic neuralgia and neuritis.

Respiratory.--Asthma *worse* foggy weather and relieved by profuse perspiration.

Skin.--Hyperidrosis, sweating of scalp, worse in morning after sleep; falling of hair from injury; eczema of hands and face, intense itching, eruption seems to be under the skin. Herpes zoster. Old ulcers or sores in mouth when very sensitive. Lacerated wounds with much prostration from loss of blood.

Modalities.--Worse, in cold; dampness; in a fog; in close room; least exposure; touch. Better, bending head backward.

Relationship.--Compare: *Ledum* (punched wounds and bites of animals); *Arnica; Staphis; Calend; Ruta; Coff.*

Antidotes: Ars; Cham.

Dose.--Tincture, to third potency.

IBERIS AMARA

Bitter Candytuft

State of nervous excitement. Has marked action upon the heart. Possesses great efficacy in cardiac diseases. Control vascular excitement in hypertrophy with thickening of the heart's walls. Cardiac debility after influenza. Liver region full and painful. White stools.

Mind.--Sad and sighing; fearful and trembling. Irritable.

Head.--Vertigo and pains around heart. Constant hawking of thick, stringy mucus until after a meal. Hot, flushed face. Vertigo, *as if occiput were turning around*; eyes feel forced outwards.

Heart.--Conscious of heart's action. On turning on left side, stitching pain as of needles through ventricles felt at each systole. Palpitation, with vertigo and choking in throat. Stitching pains in cardiac region. Pulse full, irregular, intermittent. Worse, least motion and in warm room. Sensation of weight and pressure, with occasional sharp, stinging pains. Dropsy, with enlarged heart. Violent palpitation induced by slightest exertion, or by laughing, or coughing. Darting pains through heart. Cardiac dyspnæa. Dilation of heart. Wakes with palpitation about 2 am. Throat and trachea fills up with mucus. Cough causes redness of face. Tachycardia.

Extremities.--Numbness and tingling in left hand and arm. Whole body sore, lame and trembling.

Modalities.--Worse, lying down; on left side; motion, exertion; warm room

Relationship.--Compare: Cact; Dig; Amyl; Bell.

Dose.--Tincture and first potency.

ICTODES FOETIDA

Skunk-cabbage-Ictodes (POTHOS FOETIDUS)

For asthmatic complaints; worse from inhaling any dust. *Hysteria*. Erratic spasmodic pains. "Will-o'-the-wisp" like character of its subjective symptoms and its physometric property are special features (Samuel Jones). *Inflation and tension in the abdomen*. Millar's asthma.

Head.--Absent-minded, irritable. Headache in *single spots*, with *violent pulsation of temporal arteries*. Outward drawing from glabella. Better in open air (*Puls*). Red swelling across the bridge of the nose.

Abdomen.--Inflation and tension in abdomen.

Respiratory.--Spasmodic croup. Troublesome respiration, with sudden feeling of anguish and sweat.

Sneezing, with pain in throat. Pain in chest, with difficult breathing. Tongue feels numb. *Asthma; relieved by stool*.

Dose.--Tincture and lower potencies.

IRIS VERSICOLOR

Blue Flag

Thyroid, *pancreas*, salivary, intestinal glands, and gastro-intestinal mucous membrane, are especially affected. Increases the flow of bile. Sick headaches and cholera morbus are a special therapeutic field for its action.

Head.--Frontal headache, with nausea. Scalp feels constricted. Right temples especially affected. Sick headache, worse rest; begins with a blur before eyes, after relaxing from a mental strain. Pustular eruption on scalp.

Ears.--Roaring, buzzing, *ringing* in ears, with deafness. Aural vertigo, with intense noises in ears.

Face.--Neuralgia after breakfast, beginning in infra-orbital nerve, and involving whole face.

Throat.--Mouth and tongue feel scalded. Heat and smarting in throat. *Burning*. Profuse flow of saliva; ropy. *Goitre*.

Stomach.--Burning of whole alimentary canal. Vomiting, sour bloody, biliary. Nausea. Profuse flow of saliva (Merc; Ipec; Kali iod). Deficient appetite.

Abdomen.--Liver sore. Cutting pain. Flatulent colic. Diarrhœa; stools watery, with *burning at anus* and through intestinal canal. Periodical night diarrhœa, with pain and green discharges. *Constipation* (give 30th)

Extremities.--Shifting pains. Sciatica, as if left hip-joint were wrenched. Pain extends to popliteal space. Gonorrhœal rheumatism (use *Irisin*).

Skin.--Herpes zoster, associated with gastric derangements. Pustular eruptions. Psoriasis; irregular patches with shining scales. Eczema, with nightly itching.

Modalities.--Worse, in evening and at night, from rest. Better, from continued motion.

Relationship.--Antidote: *Nux*.

Compare: *Iris florentina*-Orris-root--(delirium, convulsions, and paralysis); *Iris factissima* (headache and hernia); *Iris germanica*-Blue Garden Iris--(dropsy and freckles); *Iris tenax-I. minor*--(dry mouth; deathly sensation at point of stomach, *pain in ileo-cæcal region*; appendicitis. Pain from adhesions after). *Pancreatinum*-a combination of several enzymes--(Indicated in intestinal indigestion; pain an hour or more after eating. Lienteric diarrhæa. Dose.--3-5 grains, better not given during the active period of stomachic digestion). *Pepsinum*--(Imperfect digestion with pain in gastric region. Marasmus of children who are fed on artificial foods. Diarrhæa due to indigestion. Dose.--3-4 grains) (Diseases of pancreas, gout, diabetes); *Ipec; Podoph; Sanguin; Ars; Ant cr.* Dose.--Tincture to thirtieth potency. Favorable reports from the very highest potencies.

JACARANDA CAROBA

Brazilian Caroba-tree

Has reputation as a remedy in venereal diseases and rheumatism. Morning sickness. The urinary and sexual symptoms are important. Rheumatic symptoms.

Head.--Vertigo on rising, with heavy forehead. Eyes pain; are inflamed and watery. Coryza with heavy head.

Throat.--Sore, dry, constricted. Vesicles in pharynx.

Urinary.--Urethra inflamed; discharge of yellow matter.

Male.--Heat and pain in penis; painful erections; phimosis. Prepuce painful and swollen. Chancroid. Chordee. Itching pimples on glans and prepuce.

Extremities.--Rheumatic pain in right knee. Weakness of lumbar region. Morning soreness and stiffness of muscles. Gonorrhœal rheumatism. Itching pimples on hands. Gonorrhœal and syphilitic arthritis.

Relationship.--Compare: *Thuja; Corallium; Jacaranda Gualandai* (in syphilitic symptoms, especially of eye and throat. Chancroids; *atonic ulcers*. Dark, painless diarrhœa).

Dose.--Tincture, to third potency.

JOANESIA ASOCA

Bark of an Indian Tree, introduced by Dr. ND Ray, Calcutta Has extensive sphere of action on female organs. Amenorrhœa and metrorrhagia.

Head.--Unilateral headache; reflex uterine, congestive headache, better open air and by free flow. Pain in eyeballs; supraorbital pains, photophobia. Nasal catarrh, profuse, watery discharge. Loss of sense of smell.

Gastric.--Desire for sweets, also acid things. Thirsty, excessive nausea; obstinate constipation, hæmorrhoids.

Female.--Delayed and irregular menses; menstrual colic; amenorrhœa, pain in ovaries before flow; menorrhagia, irritable bladder; leucorrhœa.

Sleep.--Disturbed. Dreams of travelling.

Back.--Pain along spine radiating to abdomen and thighs.

Dose.--Tincture.

JUGLANS CINEREA

Butternut

A faulty elimination that produces jaundice and various skin eruptions, is pictured by this drug. The sharp, *occipital headache*, usually associated with liver disturbances, is very characteristic. Pain in chest, axilla and scapula, with suffocative sensation. Feeling as if all internal organs were too large, especially those of left side. Cholelithiasis.

Head.--Dull, full head. Eruption on scalp. *Sharp, occipital headache*. Head feels enlarged. Pustules on lids and around eyes.

Nose.--Tingling in nose; sneezing. Coryza, preceded by *pain under sternum*, with threatening suffocation. Later, copious, bland, thick mucous discharge.

Mouth.--Acrid feeling in mouth and throat. Soreness in region of tonsils externally. Dryness of root of tongue and fauces.

Stomach.--Atonic dyspepsia with much eructation and flatulent distention. Soreness in region of liver.

Back.--Muscles of neck rigid, lame. Pain between scapula and under right. Pain in lumbar vertebræ.

Skin.--Red, like flush of scarlatina. Jaundice, with pain about liver and right scapula. *Itching* and pricking when heated. *Pustules*. Eczema, especially on lower extremities, sacrum and hands. Erythema and erysipelatous redness.

Stool.--Yellowish-green, with tenesmus and burning at anus. Camp diarrhœa.

Modalities.--*Better*, getting heated, exercise, scratching, on rising in morning. *Worse*, walking.

Relationship.--Compare: *Juglandin* (duodenal catarrh; bilious diarrhœa); *Chelidon; Bryon; Iris*.

Dose.--Tincture, to third potency.

JUGLANS REGIA

Walnut

Skin eruptions are prominent.

Head.--Confused; feels as if head were floating in air. *Occipital sharp pain*. *Styes*.

Female.--Menses early, black, pitch-like coagula. Abdomen distended.

Skin.--Comedones and acne of the face. Crusta lactea, with soreness around ears. Itching and eruptions of small red pustules. Scalp red, and itches violently at night. Chancre-like ulcer. Axillary glands suppurate.

Relationship.--Compare: *Juglans cinerea*. Dose.--Tincture, and lower potencies.

JUNCUS EFFUSUS

Common Rush

A diuretic. Urinary affections. Dysuria, strangury, and ischuria. *Asthmatic symptoms in hæmorrhoidal subjects*. Bubbling sensations. Abdominal flatulence. Arthritis and Lithiasis. Dose.--Tincture, and first potency.

JUNIPERUS COMMUNIS

Juniper Berries

Catarrhal inflammation of kidneys. Dropsy, with suppression of urine. Old persons, with poor digestion and scanty secretion of urine. Chronic pyelitis.

Urinary.--Strangury; bloody, scanty urine, violet odor (*Tereb*). Weight in kidney region. Prostatic discharge. Renal hyperæmia (*Eucalyptol*).

Respiratory.--Cough with scanty, loaded urine.

Relationship.--Compare: *Sabina; Juniperus Virginianus*-Red Cedar--(Violent tenesmus vesical. Persistent dragging in back; hyperæmia of the kidneys; pyelitis and cystitis; dropsy of the aged with suppressed urine. Dysuria, burning, cutting pain in urethra when urinating. Constant urging apoplexy, convulsions, strangury, uterine hæmorrhage). *Terebinthina*.

Dose.--Best form is the infusion. One ounce to a pint of boiling water. Dose, one-half to two ounces, or tincture, one to ten drops.

KALMIA LATIFOLIA

Mountain Laurel

A rheumatic remedy. Pains shift rapidly. Nausea and slow pulse frequently accompanying. Has also a prominent action on the heart. In small doses, it accelerates the heart's action; in larger it moderates it greatly. Neuralgia; *pains shoot downwards, with numbness. Fulgurating pains of locomotor ataxia*. Protracted and continuous *fevers*, with tympanites. Paralytic sensations; pains and aching in limbs accompany nearly every group of symptoms. *Albuminuria*. Head.--*Vertigo*; worse stooping. Confusion of brain. Pain in front and temporal region from head to nape and to teeth; from cardiac origin.

Eyes.--Vision impaired. *Stiff, drawing sensation when moving eyes*. Rheumatic iritis. Scleritis, *pain increased by moving the eye*. Face.--Neuralgia; worse *right side*. Stitches in tongue. Stitches and tearing in bones of jaw and face.

Stomach.--Warm, glowing sensation in epigastrium. *Nausea*; vomiting. *Pain in pit of stomach; worse by bending forward; relieved by sitting erect*. Bilious attacks, with nausea, vertigo, and headache. Sensation of something being pressed under the epigastrium. Urinary.--Frequent, with sharp pains in lumbar region. Postscarlatinal nephritis.

Heart.--Weak, *slow* pulse (*Dig; Apoc can*). Fluttering of heart, with anxiety. *Palpitation; worse leaning forward*. Gouty and rheumatic metastasis of heart. Tachycardia, with pain (*Thyroid*). Tobacco heart. Dyspnæa and pressure from epigastrium toward the heart. *Sharp pains take away the breath*. Shooting through chest above heart into shoulder-blades. Frequent pulse. Heart's action tumultuous, rapid and visible. Paroxysms of anguish around heart.

Female.--Menses too early, or suppressed, with pain in limbs and back and inside of thighs. Leucorrhœa follows menses.

Back.--Pain from neck down arm; in upper three dorsal vertebræ extending to shoulder-blade. Pain down back, as if it would break; in localized regions of spine; through shoulders. *Lumbar pains, of nervous origin*.

Extremities.--Deltoid rheumatism especially right. Pains from hips to knees and feet. *Pains affect a large part of a limb*, or several joints, and pass through quickly. Weakness, numbness, pricking, and sense of coldness in limbs. *Pains along ulnar nerve*, index finger. Joints red, hot, swollen. Tingling and numbness of left arm.

Sleep.--Sleepless, wakes very early in morning.

Modalities.--Worse, leaning forward (*opposite*, *Kali carb*); looking down; motion, open air.

Relationship.--Compare: Kalmia contains Arbutin g v. *Derris pinuta* (of great service in neuralgic headaches of rheumatic origin).

Compare: *Spigelia; Pulsat*.
Complementary: *Benz acid*.

Dose.--Tincture, to sixth potency.

LACHNANTHES TINCTORIA

Spirit-weed

Head, chest and circulation are affected. Bridge of nose as if pinched.

A remedy for torticollis, rheumatic symptoms about neck.

Tuberculosis-light-complexioned people. Early stages, and established chest cases, with much coldness. Produces a desire to talka flow of language and the courage to make a speech.

Head.--Right-sided pain, extending down to jaw; *head feels enlarged*; worse, least noise. Scalp painful. Sleepless. Circumscribed red cheeks; scalp feels sore, as if hair was standing on end; burning in palms and soles. Bridge of nose feels as if pinched.

Chest.--Sensation of heat-bubbling and boiling around heart region rising to head.

Back.--Chilliness between the shoulder-blades; pain and stiffness in back.

Neck.--*Drawn over to one side* in sore throat. Rheumatism of the neck. Stiffness of neck. Pain in nape, as if dislocated.

Skin.--Body icy cold; face yellow; tendency to sweat.

Relationship.--Compare: *Dulc; Bry; Puls*; also *Fel tauri* (nape of neck pains, and great tension there).

Dose.--Third potency. Tincture in phthisis, unit doses, once or twice a week, or three drops every four hours.

LACTUCA VIROSA

Acrid Lettuce

This remedy acts principally upon the brain and circulatory system.

Delirium tremens with sleeplessness, coldness, and tremor.

Hydrothorax and ascites. Impotence. Sense of lightness and *tightness* affecting whole body, especially chest. Seems to be a *true galactogogue*. Marked action on extremities.

Mind.--Stupefaction of sense. Great restlessness.

Head.--Dull, heavy, confused, dizzy. Heat of face and headache, with general coldness. Headache, with affections of respiratory organs.

Abdomen.--Sensation of weight, of fullness; borborygmi; abundant emission of wind. Colic in early morning, abdomen tense, relieved somewhat by evacuation and passing of wind.

Chest.--Difficult breathing. Suffocative breathing from dropsy of the chest. Constant tickling cough. Incessant, spasmodic cough, as if chest would fly to pieces. Squeezing sensation in lower chest.

Female.--Promotes catamenia. *Increase of milk* in breasts (*Asafoet*).

Sleep.--Restless; impossible to get to sleep. Deep, comatose sleep. Extremities.--Lame hip down left side; worse walking. Coldness and numbness of feet and legs. Tremor of hands and arms. Cramps in shin bones, extending to toes and side of leg involving calves.

Relationship.--Antidotes: Acet ac; Coff.

Compare: *Nabalus*-Prenanthes Serpentaria-Rattlesnake root-White lettuce, similar to Lactuca, (chronic diarrhœa, worse after eating, nights and towards morning. Pain in abdomen and rectum; emaciation. Constipation and somnolence; susceptible to aura of others. Dyspepsia, with acid burning eructation. *Craving for acid food*. Leucorrhœa with throbbing in uterus); *Lach; Kali carb; Spiranthes* (galactagogue).

Dose.--Tincture.

LAPPA ARCTIUM

Burdock

Very important in skin therapeutics. Eruptions on the head, face, and neck; pimples; acne. Styes and ulcerations on the edge of the eyelids. Profuse and frequent urination. Crops of boils and styes (*Anthracin*). Extremities.—Pain in hands, knees, and ankles extending downward to fingers and toes. Pain in all joints. Eruption on extremities. Female.—Uterine displacements. An exceedingly sore, bruised feeling in uterus, with great relaxation of the vaginal tissues; apparently entire lack of tonicity of pelvic contents. These symptoms all aggravated by standing, walking, a misstep, or sudden jar. Dose.—Tincture, to third potency.

LAUROCERASUS

Cherry-laurel

Spasmodic tickling cough, especially in cardiac patients, is often magically influenced by this drug. *Lack of reaction*, especially in chest and heart affections. *Drink rolls audibly through æsophagus and intestines*. General coldness, not ameliorated by warmth. Violent pain in stomach with loss of speech. Spasm of facial muscles and æsophagus. Asphyxia neonatorum.

Fever.--Coldness; chills and heat alternate. Thirst, with dry mouth in afternoon.

Respiratory.--Cyanosis and dyspnœa; worse, sitting up. Patient puts hands on heart. Cough, with valvular disease. Exercise causes pain around heart. Tickling, *dry cough*. Dyspnœa. Constriction of chest. Cough, with copious, jelly-like, or bloody expectoration. Small and feeble pulse. Threatening paralysis of lungs. *Gasping for breath*; clutches at heart.

Heart.--Mitral regurgitation. Clutching at heart and palpitation.

Cyanosis neonatorum.

Sleep.--Spells of deep sleep, with snoring and stertorous breathing.

Extremities.--Toe and finger nails become knotty. Skin blue.

Sprained pains in hips, thighs and heels. Cold, clammy feet and legs. Clubbing of fingers. Veins of hands distended.

Relationship.--Compare: Hydrocy ac; Camphor; Secale; Ammon carb; Ambra.

Dose.--Tincture to third potency. Cherry-laurel water, two to five drop doses.

LEPTANDRA VIRGINICA

Culver's Root

(LEPTANDRA)

A liver remedy, with jaundice and *black, tarry stools*. Bilious states. Enfeebled portal circulation. Malarial conditions.

Head.--Dull frontal pain; vertigo, drowsiness, and depression.

Smarting and aching in eyes.

Stomach.--Tongue coated *yellow*. Great distress in stomach and intestines, with desire for stool. Aching in region of liver extending to spine, which feels chilly.

Stool.--Profuse *black, fetid stools*, with pain at umbilicus. Bleeding piles. Typhoid stools turn black and look like tar. Clay colored stools with jaundice. Prolapse of rectum with hæmorrhoids. Rectal hæmorrhage.

Relationship.--Compare: *Podop; Iris; Bry; Merc; Ptel; Myrica*. Dose.--Tincture, to third potency.

LIATRIS SPICATA

Colic Root

(LIATRIS SPICATA - SERRATULA)

A vascular stimulant. Increases functional activity of the skin, mucous membranes.

Of use in dropsy due to liver and spleen diseases, also renal dropsy. Here the suppressed urination is most favorably influenced. *General anasarca* due to heart and kidney disease. *Diarrhæa* with violent urging and pain in lower part of back. Colic. Locally, applied to ulcers and unhealthy wounds.

A prompt diuretic.

Dose.--1 to 4 drams of tincture of infusion.

LOBELIA INFLATA

Indian Tobacco

Is a vaso-motor stimulant; increases the activity of all vegetative

processes; spends its force mainly upon the pneumogastric nerve, producing a depressed relaxed condition with oppression of the chest and epigastrium, impeded respiration, nausea and vomiting. Languor, relaxation of muscles, *nausea, vomiting and dyspepsia* are the general indications that point to the use of this remedy, in asthma and gastric affections. Best adapted to light complexioned fleshy people. Bad effects of drunkenness. *Suppressed discharges* (*Sulph*). Diphtheria. *Catarrhal jaundice* (*Chionanth*).

Head.--Vertigo, and fear of death. Gastric headache, with nausea, vomiting, and great prostration; worse, afternoon until midnight; tobacco. Dull, heavy pain.

Face.--Bathed in cold sweat. Sudden pallor.

Ears.--Deafness due to suppressed discharges or eczema. Shooting pain from throat.

Mouth.--Profuse flow of saliva; acrid burning taste; *mercurial taste*; tenacious mucus, tongue coated white.

Stomach.--Acidity, flatulence, shortness of breath after eating. Heartburn with profuse flow of saliva. *Extreme nausea and vomiting*. Morning sickness. *Faintness and weakness at epigastrium. Profuse salivation, with good appetite*. Profuse sweat and prostration. Cannot bear smell or taste of tobacco. Acrid, burning taste; acidity, with contractive feeling in pit of stomach. Flatulence, shortness of breath after eating. Heartburn.

Respiratory.--Dyspnæa from constriction of chest; worse, any exertion. Sensation of pressure or weight in chest; better by rapid walking. Feels as if heart would stop. Asthma; attacks, with weakness, felt in pit of stomach and preceded by prickling all over. Cramp, ringing cough, short breath, catching at throat. Senile emphysema.

Back.--Pain in sacrum; cannot bear slightest touch. Sits leaning forward.

Urinary.--Deep red color and copious red sediment.

Skin.--Prickling, itching with intense nausea.

Modalities.--Worse, tobacco, afternoon, slightest motion, cold, especially cold washing. *Better*, by rapid walking; (chest pain), toward evening, and from warmth.

Relationship.--Antidote: *Ipec*.

Compare: Tabac; Ars; Tart e; Verat; Rosa.

Lobelia syphilitica or cerulea (gives a perfect picture of sneezing influenza, involving the posterior nares, palate, and fauces. Very depressed. Pain in forehead over eyes; pain and gas in bowels, followed by copious watery stools with tenesmus and soreness of anus. Pain in knees. Prickling in soles. Great oppression in lower part of chest, as if air could not reach there. Pain in chest under short ribs of left side. Dry, hacking cough. Breathing difficult. Dull, aching pain over root of nose. Eustachian catarrh. Pain in posterior part of

spleen). *Lobelia erinus* (*malignant growths*, extremely rapid development; colloid cancer of the omentum; cork-screw-like pains in abdomen; great dryness of skin, nasal and buccal mucous membranes; distaste for brandy; dry, eczematous patches covering points of first fingers. Malignant disease of the face. Epithelioma). Dose.--Tincture, to thirtieth potency. Locally the tincture is antidotal to Poison-oak. Often the *Acetum Lobelia* acts better than any other preparation. Lobelia hypodermically acts clinically almost precisely as the antitoxin of diphtheria does upon the infection and renders the system stronger to resist future infections (F. Ellingwood).

LUPULUS HUMULUS

Hops

Is a good remedy in unstrung conditions of the nervous system attended with nausea, dizziness, headache following a night's debauch. *Infantile jaundice*, Urethral burning. Drawing and twitching in almost every muscle. Nervous tremors; wakefulness and delirium of drunkards. *Giddiness* and *stupefaction*. *Slow* pulse. Perspiration profuse, clammy, greasy.

Head.--Morbid vigilance. Highly excited. Dull, heavy headache with dizziness. Drawing and twitching in every muscle.

Sleep.--*Drowsy* during the day. Sopor.

Male.--Painful erections. Emissions, *depending on sexual weakness* and after organism. Spermatorrhœa.

Skin.--Scarlatina-like eruption on face. Feels like insects crawling under skin; feels chapped, skin peels.

Relationship.--Antidotes: Coffea; Vinegar.

Compare: Nux; Urtica; Cannab.

Dose.--Tincture, to third potency. *Lupulin* 1X trit (Best in seminal emissions. Locally in painful cancers).

LYCOPODIUM CLAVATUM

Club Moss

This drug is inert until the spores are crushed. Its wonderful medicinal properties are only disclosed by trituration and succussion. In nearly all cases where Lycopodium is the remedy, some evidence of urinary or digestive disturbance will be found. Corresponds to Grauvogle's carbo-nitrogenoid constitution, the non-eliminative lithæmic. Lycopodium is adapted more especially to ailments gradually developing, functional power weakening, with failures of the digestive powers, where the function of the liver is seriously disturbed. *Atony. Malnutrition*. Mild temperaments of lymphatic constitution, with catarrhal tendencies; older persons, where the skin shows yellowish spots, earthy complexion, uric acid diathesis, etc;

also precocious, weakly children. Symptoms characteristically run from right to left, acts especially on *right* side of body, and are worse from about 4 to 8 pm. In kidney affections, *red sand in urine*, backache, in renal region; worse before urination. Intolerant of cold drinks; *craves everything warm*. Best adapted to persons intellectually keen, but of weak, muscular power. Deep-seated, progressive, chronic diseases. Carcinoma. *Emaciation*. Debility in morning. Marked regulating influence upon the glandular (sebaceous) secretions. *Pre-senility*. Ascites, in liver disease. Lycop patient is thin, withered, full of gas and dry. Lacks vital heat; has poor circulation, cold extremities. Pains come and go suddenly. Sensitive to noise and odors.

Mind.--Melancholy; afraid to be alone. Little things annoy, Extremely sensitive. Averse to undertaking new things. Head strong and haughty when sick. Loss of self-confidence. Hurried when eating. Constant fear of breaking down under stress. Apprehensive. Weak memory, confused thoughts; spells or writes wrong words and syllables. Failing brain-power (Anac; Phos; Baryt). Cannot bear to see anything new. Cannot read what he writes. Sadness in morning on awaking.

Head.--Shakes head without apparent cause. Twists face and mouth. Pressing headache on vertex; worse from 4 to 8 pm, and from lying down or stooping, if not eating regularly (*Cact*). Throbbing headache after every paroxysm of coughing. Headaches over eyes in severe colds; *better*, *uncovering* (*Sulph*). Vertigo in morning on rising. Pain in temples, as if they were screwed toward each other. Tearing pain in occiput; better, fresh air. Great falling out of hair. Eczema; moist oozing behind ears. Deep furrows on forehead. Premature baldness and gray hair.

Eyes.--Styes on lids near internal canthus. Day-blindness (*Bothrops*). Night-blindness more characteristic. Sees only one-half of an object. Ulceration and redness of lids. Eyes half open during sleep. Ears.--Thick, yellow, offensive discharge. Eczema about and behind ears. Otorrhœa and deafness with or without tinnitus; after scarlatina. *Humming and roaring with hardness of hearing*; every noise causes peculiar echo in ear.

Nose.--Sense of smell very acute. Feeling of dryness posteriorly. Scanty excoriating, discharge anteriorly. Ulcerated nostrils. Crusts and elastic plugs (*Kal b; Teuc*). Fluent coryza. *Nose stopped up*. Snuffles; child starts from sleep rubbing nose. *Fan-like motion of aloe nasi* (*Kali brom; Phos*).

Face.--Grayish-yellow color of face, with blue circles around eyes. Withered, shriveled, and emaciated; copper-colored eruption. *Dropping of lower jaw*, in typhoid fever (*Lach; Opium*). Itching; scaly herpes in face and corner of mouth.

Mouth.--Teeth excessively painful to touch. Toothache, with

swelling of cheeks; relieved by warm application. Dryness of mouth and tongue, without thirst. Tongue dry, black, cracked, swollen; oscillates to and fro. Mouth waters. *Blisters on tongue*. Bad odor from mouth.

Throat.--Dryness of throat, without thirst. Food and drink regurgitates through nose. Inflammation of throat, with stitches on swallowing; better, warm drinks. Swelling and suppuration of tonsils. Ulceration of tonsils, beginning on right side. Diphtheria; deposits spread from right to left; worse, cold drinks. Ulceration of vocal bands. Tubercular laryngitis, especially when ulceration commences. Stomach.--Dyspepsia due to farinaceous and fermentable food, cabbage, beans, etc. Excessive hunger. Aversion to bread, etc. Desire for sweet things. Food tastes sour. Sour eructations. Great weakness of digestion. Bulimia, with much bloating. After eating, pressure in stomach, with bitter taste in mouth. Eating ever so little creates fullness. Cannot eat oysters. Rolling of flatulence (Chin; Carb). Wakes at night feeling hungry. Hiccough. Incomplete burning eructations rise only to pharynx there burn for hours. Likes to take food and drink hot. Sinking sensation; worse night.

Abdomen.--Immediately after a light meal, abdomen is *bloated*, *full*. Constant sense of fermentation in abdomen, like yeast working; upper left side. Hernia, right side. Liver sensitive. Brown spots on abdomen. Dropsy, due to hepatic disease. Hepatitis, atrophic from of nutmeg liver. Pain shooting across lower abdomen from right to left. Stool.--Diarrhœa. Inactive intestinal canal. Ineffectual urging. Stool *hard*, *difficult*, *small*, incomplete. *Hæmorrhoids*; *very painful to touch*, *aching* (*Mur ac*).

Urine.--Pain in back before urinating; ceases after flow; *slow in coming*, must strain. Retention. *Polyuria during the night. Heavy red sediment*. Child cries before urinating (*Bor*).

Male.--No erectile power; *impotence*. Premature emission (*Calad; Sel; Agn*). Enlarge prostate. Condylomata.

Female.--Menses too late; last too long, too profuse. Vagina dry. Coition painful. Right ovarian pain. Varicose veins of pudenda. Leucorrhœa, acrid, with burning in vagina. Discharge of blood from genitals during stool.

Respiratory.--Tickling cough. Dyspnæa. Tensive, constrictive, burning pain in chest. Cough worse going down hill. Cough deep, hollow. Expectorations gray, thick, bloody, purulent, *salty* (*Ars; Phos; Puls*). Night cough, tickling as from Sulphur fumes. Catarrh of the chest in infants, seems full of mucus rattling. Neglected pneumonia, with great dyspnæa, flaying of alæ nasæ and presence of mucous rales.

Heart.--*Aneurism* (*Baryta carb*). Aortic disease. Palpitation at night. Cannot lie on left side.

Back.--Burning between scapulæ as of hot coals. Pain in small of

back.

Extremities.--Numbness, also drawing and tearing in limbs, especially while at rest or at night. Heaviness of arms. Tearing in shoulder and elbow joints. One foot hot, the other cold. Chronic gout, with chalky deposits in joints. Profuse sweat of the feet. Pain in heel on treading as from a pebble. Painful callosities on soles; toes and fingers contracted. *Sciatica, worse right side. Cannot lie on painful side*. Hands and feet numb. Right foot hot, left cold. Cramps in calves and toes at night in bed. Limbs go to sleep. Twitching and jerking. Fever.--Chill between 3 and 4 pm, followed by sweat. Icy coldness. Feels as if lying on ice. One chill is followed by another (*Calc; Sil; Hep*).

Sleep.--Drowsy during day. Starting in sleep. Dreams of accidents. Skin.--Ulcerates. Abscesses beneath skin; worse warm applications. Hives; worse, warmth. Violent itching; fissured eruptions. *Acne*. Chronic eczema associated with urinary, gastric and hepatic disorders; bleeds easily. Skin becomes thick and indurated. Varicose veins, nævi, erectile tumors. Brown spots, freckles worse on left side of face and nose. *Dry*, shrunken, especially palms; hair becomes prematurely gray. Dropsies. Offensive secretions; *viscid and offensive perspiration*, especially of feet and axilla. Psoriasis. Modalities.--*Worse*, right side, from right to left, from above downward, 4 to 8 pm; from heat or warm room, hot air, bed. Warm applications, except throat and stomach which are better from warm drinks. *Better*, by *motion*, after midnight, from warm food and drink, on getting cold, from being uncovered.

Relationship.--Complementary: *Lycop* acts with special benefit *after Calcar* and *Sulphur*. *Iod*; *Graphites*, *Lach*; *Chelidon*.

Antidotes: Camph; Puls; Caust.

Compare: Carbo-Nitrogenoid Constitution: *Sulphur; Rhus; Urtica; Mercur; Hepar. Alumina* (Lycop is the only vegetable that takes up aluminum. T. F. Allen) *Ant c; Nat m; Ery; Nux; Bothrops* (dayblindness; can scarcely see after sunrise; pain in right great toe).

Plumbago littoralis-A Brazilian plant--(Costive with red urine, pain in kidneys and joints and body generally; milky saliva, ulcerated mouth). *Hydrast* follows *Lycop* in indigestion.

Dose.--Both the lower and the highest potencies are credited with excellent result. For purposes of aiding elimination the second and third attenuation of the *Tincture*, a few drops, 3 times a day, have proved efficacious, otherwise the 6th to 200th potency, and higher, in not too frequent doses.

LYCOPUS VIRGINICUS

Bugle-weed

Lower the blood pressure, reduces the rate of the heart and increases

the length of systole to a great degree. Passive hæmorrhages (*Adrenaline* 6x).

A heart remedy, and of use in exophthalmic goitre and hæmorrhoidal bleeding. Indicated in diseases with tumultuous action of the heart and more or less pain. *Hæmoptysis due to valvular heart disease*. Beneficial in toxic goitre used in the pre-operative stage dose, 5 drops of tincture (Beebe).

Head.--Frontal headache; worse, frontal eminences; often succeeded by labored heart. Nosebleed.

Eyes.--Protrusion, pressing, outward, with tumultuous action of heart. Supraorbital pain, with aching in testicles.

Mouth.--Toothache in lower molars.

Heart.--Rapid heart action of smokers. Præcordial pain; constriction, tenderness, pulse, weak, irregular, intermittent, tremulous, rapid. Cyanosis. Heart's action tumultuous and forcible. Palpitation from nervous irritation, with oppression around heart. Rheumatoid, flying pains, associated with heart disease. Cardiac asthma (*Sumbul*). Respiratory.--Wheezing. Cough, with *hæmoptysis*, bleeding small but frequent.

Urine.--Profuse flow of limpid, watery urine, especially when the heart is most irritable; also scanty urine. Bladder feels distended when empty. Diabetes. *Pain in testicles*.

Rectum.--Bleeding from rectum. Hæmorrhoids.

Sleep.--Wakefulness and morbid vigilance with inordinately active, but weak circulation.

Relationship.--Compare: *Ephedra*-Teamsters Tea--(in exophthalmic goitre; eyes feel pushed out with *tumultuous* action of heart); *Fucus; Spartein; Cratægus. Adrenaline* 6x.

Dose.--First to thirtieth potency.

MANGIFERA INDICA

Mango Tree

One of the best general remedies for passive hæmorrhages, uterine, renal, gastric, pulmonary and intestinal. Rhinitis, sneezing, pharyngitis, and other acute throat troubles, suffocative sensation as if throat would close. Relaxation of mucous membrane of alimentary canal. Catarrhal and serous discharges, chronic intestinal irritation. Varicose veins. Drowsiness. Atomic conditions, poor circulation, relaxed muscles.

Skin.--Itching of palms. Skin as if sunburned, swollen. White spots, intense itching. Lobes of ears and lips swollen.

Relationship.--Compare: Erigeron; Epilobium.

Dose.--Tincture.

MEDICAGO SATIVA

Alfalfa, California Clover or Lucerne

From its action on the sympathetic, Alfalfa favorably influences nutrition, evidenced in "toning up" the appetite and digestion resulting in greatly improved mental and physical vigor, with gain in weight. Disorders characterized by malnutrition are mainly within its therapeutic range, for example, neurasthenia, splanchnic blues, nervousness, insomnia, nervous indigestion, etc. Acts as a fat producer, corrects tissue waste. Deficient lactation. Increases quality and quantity of milk in nursing mothers. Its pronounced urinary action suggests it clinically in diabetes insipidus and phosphaturia; and it is claimed to allay vesical irritability of prostatic hypertrophy. The rheumatic diathesis seems especially amenable to its action. Mind.--It induces mental exhilaration of buoyancy, *i.e*, a general feeling of well being; clear and bright, so that all blues are dissipated. Dull, drowsy, stupid (*Gels*); gloomy and irritable, worse during evening.

Head.--Dull, heavy feeling in occiput, in and above the eyes, worse toward evening. Pain in left side of head. Violent headache. Ears.--Stuffed feeling in eustachian tubes (*Kali mur*) at night; patulous in morning.

Stomach.--Increased thirst. Appetite impaired, but chiefly increased even to bulimia. He must eat frequently, so that he cannot wait for regular meals; hungry in forenoon (*Sul*). Much nibbling of food and craving for sweets.

Abdomen.--Flatulence with distention. Shifting, flatulent pain along colon several hours after meals. Frequent, loose, yellow, painful stools, with burning of flatulence. Chronic appendicitis.

Urine.--Kidneys inactive; frequent urging to urinate. Polyuria (*Phos ac*). Increased elimination of urea, indican and phosphates.

Sleep.--Slept better than usual, especially in early morning; it induces quiet, reposeful and refreshing sleep.

Relationship.--Compare: Avena sat; Dipodium punct; Gels; Hydr; Kali phos; Phos ac; Zinc.

Dose.--The best results are elicited with material doses (5-10) drops of tincture, several times daily. Continue its use until tonic effects ensue.

MELILOTUS OFFICINALIS

Yellow Melilot - Sweet Clover

Congestions and hæmorrhages seem to be the special manifestations of this drug. Violent congestive and nervous headaches. Infantile spasms. Epilepsy from blow on head. *Pain* and *debility* point to it. Coldness but also increase of temperature; tenderness, and pain. Muscular system depressed. Dreams and emissions.

Mind.--Unable to fix mind. Memory treacherous. Stupor. Wants to run away and hide. Delusions; thinks every one is looking at her, fears to talk loud, and wants to run away, etc.

Head.--Headache with retching, vomiting, sense of pressure over orbits, pallor, cold hands and feet, black spots before eyes. Heavy, oppressed; *frontal, throbbing*, undulating sensation in brain. *Sick headache*; relieved by epistaxis or *menstrual flow. Fullness all over head*. Eyes heavy; blurred sight; wants to close them tightly for relief. *Neuralgia* around and over right side of head and neck. Scalp sore and tender to touch.

Nose.--Stopped up, *dry*, must breathe through mouth; dry, hard clinkers in nose; *profuse epistaxis*.

Face.--Intensely red and flushed, with throbbing carotids (*Bell*). Stool.--Difficult, painful, constipated. Anus feels constricted, full, *throbs*. No desire until there is a large accumulation (*Bry; Alum*). Female.--Menses *scanty, intermit*, with nausea and bearing down sticking pain in external parts. Dysmenorrhæa. Ovarian neuralgia. Respiratory.--Feels as if smothering, especially from rapid walking. Hæmoptysis. Weight on chest. Tickling in throat with cough. Extremities.--Pain in knee; wants to stretch leg, but does not relieve. Joints sore. Skin and extremities cold. Numbness and aching in kneejoints. Modalities.--*Worse*, rainy, changeable weather, approach of storm, motion; 4 pm.

Relationship.--Compare: *Melilotus alba*--(White Clover)--practically the same action (Hæmorrhages, congestive headaches, engorged blood vessels, spasms). *Amyl; Bell; Glon*.

Dose.--Tincture, for inhaling; lower potencies.

MENTHA PIPERITA

Peppermint

Stimulates the cold-perceiving nerves, so just after taking it, a current of air at the ordinary temperature seems cold. Marked action on respiratory organs and skin. Useful in gastrodynia, flatulent cold. Abdomen.--Bloated, disturbing sleep. Infantile colic. Bilious colic with great accumulation of gas.

Respiration.--Voice husky. Tip of nose to touch. Throat dry and sore, as if pin crosswise in it. *Dry cough, worse from air into larynx, tobacco smoke, fog*, talking; *with irritation in suprasternal fossa (Rumex)*. *Trachea painful to touch*.

Skin.--Every scratch becomes a sore. Itching of arm and hand when writing. Vaginal pruritus. Herpes zoster (*Ars; Ran bulb*). Relationship.--Compare: *Rumex; Laches; Mentha pulegium*--European pennyroyal--(pain in bones of forehead and extremities). *Mentha viridis*-Spearmint--(scanty urine with frequent desire). Dose.--Tincture, 1 to 20 drops, to thirtieth potency. Locally, in

pruritus vaginæ.

MICROMERIA DOUGLASII

Yerba Buena

A California mint-like plant acting on stomach and bowels. Used as a tea to cure colic and relieve flatulence. Is a pleasant beverage and febrifuge, blood purifyer and tonic.

Stomach.--Nausea; pain in stomach and bowels; flatulence.

Dose.--Tincture.

MITCHELLA REPENS

Partridge-berry

Bladder symptoms accompany complaints, especially uterine congestion.

Urinary.--Irritation at neck of bladder, with urging to urinate (*Eup purp; Apis*). Dysuria. Catarrh of bladder.

Female.--Cervix dark red, swollen. Dysmenorrhæa and uterine hæmorrhage; blood bright red.

Relationship.--Compare: Chimaph; Senecio; Uva; Geran; Gossyp.

Dose.--Tincture.

MOMORDICA BALSAMICA

Balsam Apple

Griping, colic, pain in back and hypogastrium with painful and excessive menses. Accumulation of flatus in splenic flexure of colon. Dropsy.

Head.--Dizzy, contents of head feel lighter; mist before eyes. Abdomen.--Rumbling, griping, colicky pains, starting from back, spreading over abdomen.

Female.--Painful and profuse menses; labor-like pains, followed by gushes of blood; pain at small of back coming towards front of pelvis.

Relationship.--*Momordica charantia*-Indian variety--(more sever symptoms-intestines full of yellow watery fluid, discharged *explosively*-cramps, thirst, prostration. Choleraic symptoms. Similar to Croton, Elaterium. Use 3x).

Dose.--Tincture. Used also externally as a liniment and poultice for burns, chapped hands, etc.

MYOSOTIS SYMPHYTIFOLIA

Forget-me-not

Chronic bronchitis and phthisis. Night-sweats.

Respiratory.--Cough with profuse muco-purulent expectoration, gagging and vomiting during cough; worse while or after eating. Bronchorrhœa. Pain in left lung (lower); painful while coughing and sensitive to percussion.

Dose.--Tincture to second potency.

MYRICA CERIFERA

Bayberry

Marked action on the liver, with jaundice and mucous membranes. Persistent sleeplessness. *Jaundice*.

Mind.--Despondent, irritable, indifferent. Gloomy.

Head.--Scalp feels tight. Headache, with drowsiness; yellow sclerotica; aching in eyeballs. Pressure in vertex and forehead. *Dull, heavy aching in temples and forehead on waking in the morning*. Pain and stiffness in nape of neck.

Face.--Yellow, Itching and stinging. Creeping sensation.

Mouth.--Tongue furred, with bad taste in mouth, and nausea.

Tenacious, thick, nauseous secretion. Tender, spongy and bleeding gums (Merc).

Throat.--Constricted and rough feeling, with a constant desire to swallow. Stringy mucus; detached with difficulty.

Stomach.--Taste bitter and nauseous, with offensive breath.

Complete loss appetite, but with a feeling of fullness in the stomach after a hearty meal. Strong desire for acids. Weak, sinking feeling in the epigastrium, approaching nausea; increased after eating; relieved by rapid walking.

Abdomen.--Dull pain in the region of the liver. Complete jaundice, with bronze-yellow skin; loss of appetite. Fullness in the stomach and abdomen. Scanty, yellow, frothy urine.

Stool.--Constant discharge of flatus when walking. Urging to stool, with no other results than the expulsion of a great amount of flatus. Loose, light-colored stool; ash-colored and destitute of bile.

Urinary.--Dark, frothy, scanty, high-colored, biliary.

Sleep.--Disturbed, bad dreams and frequent waking; insomnia. Extremities.--Staggering gait. Pain under shoulder-blades and back

of neck, in all muscles, in hollow of right foot.

Skin.--Yellow and itching. *Jaundice*. Creeping sensation, as of insects.

Relationship.--Compare: *Ptel; Cornus cir; Chelid; Lept; Fagop.* Antidote: *Digit (jaundice)*.

Dose.—Tincture, to third potency.

NUPHAR LUTEUM

Yellow Pond-lily

Produces nervous weakness, with marked symptoms in the sexual sphere.

Male.--Complete absence of sexual desire; parts relaxed; penis retracted. Impotency, with involuntary emissions during stool, when urinating. Spermatorrhea. Pain in testicles and penis.

Stool.--Entero-colitis. Yellow diarrhœa; worse in the morning. Diarrhœa during typhoid.

Relationship.--Compare: in sexual weakness; *Agnus; Kali brom; Lycop; Selen; Yohimbin*. In diarrhœa: *Chelid; Gambog; Sulph, Nymphea odorata*-Sweet Water Lily--(early morning diarrhœa, backache); acrid leucorrhœa, offensive ulcers; bronchorrhœa; ulcerative sore throat.

Dose.--Tincture to sixth potency.

NYCTANTHES ARBOR TRISTIS

Paghala-malli-Sad Tree

Bilious and obstinate remittent fever; sciatica; rheumatism. Constipation of children.

Head.--Anxious and restless; dull headache. Tongue coated. Stomach.--Burning sensation, better cold application. Thirst, better vomiting.

Abdomen.--Tenderness of liver. Profuse, bilious stool, with nausea. Constipation.

Fever.--Thirst, before and during chill and heat; better vomiting as close of chill; sweat no marked.

Dose.--Tincture, drop doses.

OREODAPHNE CALIFORNICA

California Laurel

Neuralgic headache, cervico-occipital pain, cerebro-spinal meningitis, atonic diarrhœa, and intestinal colic.

Head.--Dizziness; worse on stopping or moving. Head heavy, eyelids heavy, twitching. Intense aching, with pressure at inner angle of either orbit, generally left, extending through brain and across scalp to the base of the occiput; worse light, noise; better, closing eyes and perfect quiet. Constant, dull ache in cervical and occipital region, extending to scapula down spine, into the head; pain into the ears. Great heaviness of head, with constant desire to move the head, which does not relieve. Drooping eyelids. Twitching. Atonic diarrhœa.

Stomach.--Eructations, with nausea and shuddering.

Dose.--First to Third potency. Olfaction of the tincture.

ORNITHOGALUM UMBELLATUM

Star of Bethlehem

To be considered in chronic gastric and other abdominal indurations, possibly cancer of intestinal tract, especially of stomach and Cæcum. Center of action is the pylorus, causing painful contraction with duodenal distention.

Depression of spirits. Complete prostration. Feeling of sickness keeps patient awake at night.

Stomach.--Tongue coated. Agonizing feeling in chest and stomach, staring from pylorus with flatus that rolls in balls from one side to the other, loss of appetite, phlegmy retchings and loss of flesh. Gastric ulceration even with hæmorrhage. *Pains increased when food passes pyloric outlet. Vomiting of coffee-ground*-looking matter. Distention of stomach. Frequent belching of offensive flatus. Painful sinking across epigastrium.

Dose.--Single doses of mother tincture and await action.

OXYDENDRON ARBOREUM

Sorrel-tree

(OXYDENDRON - ANDROMEDA ARBOREA)

A remedy for dropsy-ascites and anasarca. Urine suppressed. Deranged portal circulation. Prostatic enlargement. Vesical calculi. Irritation of neck of bladder. Great difficulty of breathing. Tincture. Compare: *Cerefolius* (dropsy, Bright's disease, cystitis).

PAPAVER SOMNIFERUM

Opium, Dried Latex of the Poppy

Hahnemann says that it is much more difficult to estimate the action of Opium than of almost any other drug. The effects of Opium as shown in the insensibility of the nervous system, the depression, drowsy stupor, painlessness, and torpor, the general sluggishness and lack of vital reaction, constitute the main indications for the drug when used homeopathically. All complaints are characterized by sopor. They are painless, and are accompanied by heavy, stupid sleep, stertorous breathing. Sweaty skin. Dark, mahogany-brown face. Serous apoplexy-venous, passive congestion. Want of sensitiveness to the action of medicines. Reappearance and aggravation from becoming heated. Opium lessens voluntary movements, contracts pupils, depresses higher intellectual powers, lessens self-control and power of concentration, judgment; stimulates the imagination, checks all secretions except that of the skin. Want of susceptibility to remedies even though indicated. Diseases that originate from fright.

Mind.--Patient wants nothing. Complete loss of consciousness;

apoplectic state. Frightful fancies, daring, gay, bright. Unable to understand or appreciate his sufferings. Thinks he is not at home. Delirious talking, with wide open eyes.

Head.--Vertigo; *lightness of head in old people*. Dull, heavy, stupid. Delirium. Vertigo after fright. Pain in back of head; great weight there (*Gels*). Bursting feeling. Complete insensibility; no mental grasp for anything. Paralysis of brain.

Eyes.--Half-closed, dilated; pupils insensible, *contracted*. Ptosis (*Gels; Caust*). Staring glassy.

Face.--Red, bloated, *swollen, dark suffused, hot*. Looks intoxicated, besotted (*Bapt; Lach*). Spasmodic facial twitching, especially corners of mouth. Veins of face distended. *Hanging down of lower jaw*. Distorted.

Mouth.--Dry. Tongue black, *paralyzed* bloody froth. Intense thirst. Blubbering op lips. Difficult articulation and swallowing. Stomach.--Vomiting, with colic and convulsions. Fecal vomiting. Incarcerated hernia. Hungry; no desire to eat.

Abdomen.--Hard, bloated, tympanitic. Lead colic during colic, urging to stool and discharge of hard feces.

Stool.--Obstinate constipation; no desire to go to stool. *Round, hard, black balls*. Feces protrude and recede (*Thuj; Sil*). Spasmodic retention of feces in small intestines. Stools involuntary, black, offensive, frothy. Violent pain in rectum, as if pressed asunder. Urine.--Slow to start; feeble stream. *Retained* or involuntary, after fright. Loss of power or sensibility of bladder.

Female.--Suppressed menses from fright. Cessation of labor-pains with coma between paroxysms. Threatened abortion and suppression of lochia, from fright, with sopor. Horrible labor-like pains in uterus, with urging to stool.

Respiratory.--Breathing stops on going to sleep; must be shaken to start it again (*Grindelia*). Hoarse. *Deep snoring; rattling, stertorous breathing*. Difficult, intermittent, deep, unequal respiration. Heat in chest; burning about heart. Cough, with dyspnæa and blue face; with bloody expectoration.

Sleep.--Great drowsiness (*Gels.; Nux mosch*). Falls into a heavy stupid sleep. Profound coma. Loss of breath on falling asleep (*Grind*). Coma vigil. Picking at bedclothes. Very sleepy, but cannot go to sleep. Distant noise, cocks crowing, etc, keep him awake. Child dreams of cats, dogs, black forms. Bed feels so hot cannot lie on it. Pleasant, fantastic, amorous dreams. Shaking chill; then heat, with sleep and sweat. Thirst only during heat.

Fever.--Pulse *full* and *slow*. Heat extending over body. *Hot* perspiration. Fever characterized by stupor, snoring respiration, twitching of limbs, intense thirst and sleepiness. General low temperature with inclination to stupor.

Back and Extremities.--Opisthotonos. Swollen veins of neck.

Painless paralysis (*Oleand*). *Twitching of limbs*. Numbness. Jerks as if flexors were overacting. Convulsions; worse from glare of light; coldness of limbs.

Skin.--Hot, damp, sweating, Constant desire to uncover. *Hot perspiration over whole body except lower limbs*.

Modalities.--Worse, heat, during and after sleep (*Apis; Lach.*). *Better*, cold things, constant walking.

Relationship.--Compare: *Apis; Bell; Gels; Nux mosch; Morphinum* (extreme susceptibility to pain; twitching; tympanities; much itching); *Codein* (dry, teasing, incessant cough; twitching of muscles, especially those of eyelids); *Eschscholtzia*-Cal California Poppy--(a harmless soporific).

Antidote: Acute Opium poisoning. *Atropin* and Black Coffee. Chronic Opium poisoning. *Ipecac; Nux; Passiflora. Berberis* is useful to counteract opium habit.

Dose.--Third to thirtieth and 200th potency.

Non-Homeopathic Preparations and Uses.--Palliative only in great pain, sleeplessness, peritonitis, and to check excess secretion in diarrhœa, diabetes, etc.

Opium (crude).--Official dose, 1 grain.

Laudanum (tincture)-Dose, 5 to 20 drops. Extract of Opium 1/4 to 1 grain.

Paregoric-Tinctura Camphora Composita. Contains in each dram 1/4 grain of Opium equal to 1/30 grain of Morphine. Dose 1/2 to 1 fluid dram for adults. For an infant 3 to 5 drops.

Dover's Powder consists of Opium, Ipecac and Sulphate of Potash. It contains 10% each of Opium and Ipecac. Dose 5 to 15 grains. Morphine-1/8 to 1/4 grain.

Magendie's solution-16 grains to 1 oz or 5 drops equal to 1/6 grain. Codein-1/2 to 1 grain.

Apomorphia-1/20 to 1/10 grain hypodermically.

PAREIRA BRAVA

Virgin-vine

(CHONDRODENDRON TOMENTOSUM)

The urinary symptoms are most important. Useful in renal colic, prostatic affections, and catarrh of bladder. Sensation as if bladder were distended, with pain. *Pain going down thigh*.

Urinary.--Black, bloody, thick mucous urine. Constant urging; great straining; pain down thighs during efforts to urinate. Can emit urine only when he goes on his knees, pressing head firmly against the floor. Feeling of the bladder being distended and neuralgic pain in the anterior crural region. (Staph.) Dribbling after micturition. (Selen.) Violent pain in glans penis. Itching along urethra; urethritis, with prostatic trouble. Inflammation of urethra; becomes almost

cartilaginous.

Relationship.--Compare: *Parietaria* (renal calculi; nightmare, patient dreaming of being buried alive); *Chimaphila* (chronic catarrhal congestion following cystitis; acute prostatitis; feeling of a ball in perineum when sitting); *Fabiana*, see *Pichi* (dysuria; post-gonorrhœal complications; gravel; vesical catarrh); *Uva; Hydrang; Berber; Ocim; Hedeom.*

Dose.--Tincture, to third potency.

PASSIFLORA INCARNATA

Passion-flower

An efficient anti-spasmodic. Whooping-cough. Morphine habit. Delirium tremens. Convulsions in children; neuralgia. Has a quieting effect on the nervous system. Insomnia, produces normal sleep, no disturbance of cerebral functions, neuroses of children, worm-fever, teething, spasms. *Tetanus*. Hysteria; puerperal convulsions. Painful diarrhœa. Acute mania. *Atonic condition* generally present. *Asthma*, 10-30 gtt every ten minutes for a few doses. Locally, in erysipelas. Head.--Violent ache as if top of head would come off-eyes felt as if pushed out.

Stomach.--Leaden, dead feeling after or between meals; flatulence and sour eructations.

Sleep.--Restless and wakeful, resulting from exhaustion. Especially in the feeble, infants and the aged. Insomnia of infants and the aged, and the mentally worried, and overworked, with tendency to convulsions. Nocturnal cough.

Dose.--Large doses of mother tincture are required-thirty to sixty drops, repeated several times.

PHELLANDRIUM AQUATICUM

Water Dropwort (PHELLANDRIUM)

The respiratory symptoms are most important, and have been frequently verified clinically. A very good remedy for the *offensive expectoration and cough in phthisis*, bronchitis, and emphysema. Tuberculosis, affecting generally the middle lobes. *Everything tastes sweet*. Hæmoptysis, hectic and colliquative diarrhæa.

Head.--Weight on vertex; aching and burning in temples and above eyes. Crushing feeling in vertex. Vertigo, dizzy when lying down. Eyes.--Ciliary neuralgia; worse any attempt to use eyes: burning in eyes. Lachrymation. Cannot bear light. Headache; involving nerves going to eye.

Female.--*Pain in milk ducts*; intolerable between nursing. Pain in nipples.

Chest.--Sticking pain through right breast near sternum, extending to back near shoulders. Dyspnœa, and continuous cough, early in morning. Cough, with profuse and fetid expectoration; compels him to sit up. Hoarseness.

Fever.--Hectic; profuse and debilitating perspiration; intermittent, with pain in arms. Desire for acids.

Extremities.--Tired feeling when walking.

Relationship.--Compare: Con; Phyt; Sil; Ant iod; Myosotis arvensis.

Dose.--Tincture, to sixth potency. In phthisis not below the sixth.

PHYSALIS ALKEKENGI

Alkekengi-Winter Cherry

(PHYSALIS - SOLANUM VESICARIUM)

Marked urinary symptoms confirming its ancient uses in gravel, etc. Lithiasis; marked diuretic action. Languor and muscular weakness.

Head.--Vertigo, hazy feeling; memory weakness; desire to talk constantly. Throbbing pain, heavy over eyes in forehead. Facial paralysis. Dryness of mouth.

Extremities.--Stiff limbs; tonic cramps. Paralysis. When walking, every jar seems repeated in the head.

Fever.--Chilly in open air. Feverish in evening. Sweat during stool, with creeping sensation, with abundant urine. Pain in liver during, fever.

Respiratory.--Cough. Hoarse voice; throat irritated; chest oppressed, causing insomnia. Stabbing in chest.

Urinary.--Acrid, foul, retained, abundant. Polyuria. Sudden inability to hold it in women. Nocturnal incontinence. Enuresis.

Skin.--Excoriation between fingers and toes; pustules on thighs; nodes on forehead.

Modalities.--Worse, cold camp evening. After going heated.

Dose.--Tincture to third attenuation. The juice of the berries is used in dropsical conditions and irritable bladder.

PHYTOLACCA DECANDRA

Poke-root

Aching, soreness, restlessness, prostration, are general symptoms guiding to Phytolacca. Pre-eminently a glandular remedy. Glandular swellings with heat and inflammation. Has a powerful effect on fibrous and osseous tissues; fasciæ and muscle sheaths; acts on scar tissue. Syphilitic bone pains; chronic rheumatism. Sore throat, quinsy, and diphtheria. Tetanus and opisthotonos. Decrease of weight. Retarded dentition.

Mind.--Loss of personal delicacy, disregard of surrounding objects. Indifferent to life.

Head.--Vertigo on rising. Brain feels sore. Pain from frontal region backward. Pressure in temples and over eyes. Rheumatism of scalp; pains come on every time it rains. Scaly eruption on scalp. Eyes.--Smarting. Feeling of sand under lids. Tarsal edges feel hot. Fistula lachrymalis (Fluor ac). Abundant lachrymation, hot. Nose.--Coryza; flow of mucus from one nostril and from posterior nares.

Mouth.--Teething children with irresistible desire to bite the teeth together. Teeth clenched; lower lip drawn down; lips everted; jaws firmly set; chin drawn down on sternum. Tongue red tip, feels rough and scalded; bleeding from mouth; blisters on side. Mapped, indented, fissured, with yellow patch down center. Much stringy saliva.

Throat.--Dark red or bluish red. Much pain at root of tongue; soft palate and tonsils swollen. Sensation of a lump in throat (Bell; Lach). Throat feels rough, narrow, hot. Tonsils swollen, especially right; dark-red appearance. Shooting pain into ears on swallowing. Pseudomembranous exudation, grayish white; thick, tenacious yellowish mucus, difficult to dislodge. Cannot swallow anything hot (Lach). Tension and pressure in parotid gland. Ulcerated sore throat and diphtheria; throat feels very hot; pain at root of tongue extending to ear. Uvula large, dropsical. Quinsy; tonsils and fauces swollen, with burning pain; cannot swallow even water. Mumps. Follicular pharyngitis.

Abdomen.--Sore spot in right hypochondrium. Rheumatism of abdominal muscles. Colic at navel. Burning griping pains. Bruised feeling through epigastrium and abdomen. Constipation of the aged and those with weak heart. Bleeding from rectum.

Urine.--Scanty, suppressed, with pain in kidney region. Nephritis. Female.--Mastitis; mammæ hard and very sensitive. Tumors of the breasts with enlarged axillary glands. Cancer of breast. Breast is hard, painful and of purple hue. Mammary abscess. When child nurses, pain goes from nipple all over body. Cracks and small ulcers about nipples. Irritable breasts, before and during menses. Galactorrhæa (Calc). Menses too copious and frequent. Ovarian neuralgia of right side.

Male.--Painful induration of testicles. *Shooting along perineum to penis*.

Heart.--Feeling as if heart leaped into throat (*Pod*). Shock of pain in cardiac region alternating with pain in right arm.

Respiratory.--Aphonia. Difficult breathing; dry hacking, tickling cough; worse at night (*Mentha; Bellad*). Aching pains in chest, through mid-sternum; with cough. Rheumatism of lower intercostals. Back.--Aching pains in lumbar region; pains streaking up and down spine into sacrum. Weakness and dull pain in region of kidneys. Back stiff, especially in morning on rising and during damp weather.

Extremities.--Shooting pain in right shoulder, with stiffness and inability to raise arm (*see Heart*). Rheumatism pains; worse in morning. *Pains fly like electric shocks*, shooting, lancinating, shifting rapidly (*Puls; Kali bich*). Pain in under side of thighs. Syphilitic sciatica. *Aching of heels*; relieved by elevating feet. Pains like shocks. Pain in legs, patient dreads to get up. Feet puffed; pain in ankles and feet. Neuralgia in toes.

Fever.--High fever, alternating with chilliness and great prostration. Skin.--Itches, becomes dry, shrunken, pale. Papular and pustular lesions. Most useful in early stages of cutaneous diseases. *Disposition to boils*, and when sloughing occurs. Squamous eruptions. Syphilitic eruptions. Swelling and induration of glands. *Venereal buboes*. Scarlatina-like rash. Warts and moles.

Modalities.--Worse, sensitive to electric changes. Effects of a wetting, when it *rains*, exposure to *damp*, cold weather, night exposure, motion, right side. *Better*, warmth, dry weather, rest. Relationship.--Compare: Tincture of *Phytolacca Berry* (sore throats and in the treatment of obesity); *Bry; Rhus; Kali hyd; Merc; Sang; Arum triph*.

Inimical: Mercur.

Antidotes: Milk and salt; *Bellad; Mezer*.

Dose.--Tincture, to third potency. Externally for mastitis.

PINUS SILVESTRIS

Scotch Pine

Has been found of real use in the treatment of *weak ankles* and tardiness in walking, in scrofulous and rachitic children. Emaciation of lower extremities. Pinus sylvestris combines rheumatic, bronchial and urticarious symptoms; the chest seems thin and to give way. Extremities.--Stiffness; gouty pain in all joints, especially fingerjoints. Cramps in calves.

Skin.--Nettle-rash. Itching all over, especially about joints and on abdomen. Nose itches.

Relationship.--Compare: *Pinus Lambertina*-Sugar Pine-- (constipation, amenorrhœa, abortion). *Pinus Lambertina* sap is a decided carthartic. Delayed and painful menstruation.

Also, Abies can; Abies nig.

Dose.--Tincture, to third potency.

PIPER METHYSTICUM

Kava-kava

The intoxication produced by *Kava* is of a silent and drowsy character with incoherent dreams, loss of muscular power. Urinary and skin symptoms have been verified. Marked modality.

Arthritis deformans. Colic with flatulence.

Mind.--Very sensitive. Exaltation of mind. *Amelioration of pains for a time by diverting attention*. Restless desire to change position.

Urine.--Increased. Burning during micturition, gonorrhœa, and gleet. Cystitis. *Chordee*.

Skin.--Scaly. Fall of scales leaves *white spots*, which often ulcerate. *Leprosy*. Ichthyosis.

Extremities.--Pain in right arm. Hands feel paralyzed. Pain in thumbjoint. Relationship.--Compare: *Chaulmoogra*-Taraktogenos--(The oil and its derivatives are to a certain extent effective in the treatment of *leprosy*, especially in early cases).

Bixa orellana, a South American plant related to Chaulmoogra, recommended for leprosy, eczema and elephantiasis.

Modalities.--*Better*, by turning mind to another topic; changing position.

Dose.--Tincture, and lower potencies.

PLANTAGO MAJOR

Plantain

Has considerable clinical reputation in the treatment of earache, toothache, and enuresis. Sharp pain in eyes, reflex from decayed teeth or inflammation of middle ear. Eyeball very tender to touch. Pain plays between teeth and ears. Pyorrhea alveolaris. Depression and insomnia of chronic Nicotinism. Causes an aversion to tobacco. Head.--Periodical prosopalgia, worse 7 am to 2 pm, accompanied with flow of tears, photophobia; pains radiate to temples and lower face.

Ears.--Hearing acute; noise painful. Sticking pain in ears. Neuralgic earache; *pain goes from one ear to the other through the head*. Otalgia, with toothache. Loud noises go through one.

Nose.--Sudden, yellowish, watery discharge.

Mouth.--Teeth ache and are sensitive and sore to touch. Swelling of cheeks. Salivation; teeth feel too long; worse, cold air and contact. Toothache, better while eating. Profuse of saliva. Toothache, with reflex neuralgia of eyelids.

Stool.--Wants to defecate; goes often, but cannot bad, can hardly stand. Diarrhœa, with brown watery

Urine.--Profuse flow; nocturnal enuresis (Rhus arom; Caust; Bellad).

Skin.--Itching and burning; papulæ. Urticaria, chilblains (*Agar; Tamus*).

Relationship.--Compare: Kalm; Cham; Puls.

Dose.--Tincture, and lower potencies. Local use in toothache in hollow teeth, otorrhea, pruritus, and Poison-oak. Incised wounds.

PLATANUS OCCIDENTALIS

Sycamore-Buttonwood

Tarsal tumors. Apply the tincture. Both acute and old neglected cases, where destruction of tissue occurred and cicatricial contraction caused marked deformity of lid, restored to practically normal conditions. Acts best in children. Must be used for some time. Ichtyosis.

PODOPHYLLINUM

May-apple (PODOPHYLLUM)

Is especially adapted to persons of bilious temperament. It affects chiefly the *duodenum*, small intestines, liver, and *rectum* The Podophyllum disease is a gastro-enteritis with colicky pain and bilious vomiting. Stool is watery with jelly-like mucus, painless, *profuse*. Gushing and offensive. Many troubles during pregnancy; pendulous abdomen after confinement; prolapsus uteri; painless cholera morbus. Torpidity of the liver; portal engorgement with a tendency to hæmorrhoids, hypogastric pain, fullness of superficial veins, jaundice.

Mind.--Loquacity and delirium from eating acid fruits. Depression of spirits.

Head.--Vertigo, with tendency to fall forward. Headache, dull pressure, worse morning, with heated face and bitter taste; alternating with diarrhæa. Rolling of head from side to side, moaning and vomiting and eyelids half closed. Child perspires on head during sleep.

Mouth.--Grinding the teeth at night; *intense desire to press the gums together (Phytol)*. Difficult dentition. *Tongue broad, large, moist*. Foul, putrid taste. *Burning sensation of tongue*.

Stomach.--Hot, sour belching; nausea and vomiting. Thirst for large quantities of cold water (*Bry*). Vomiting of hot, frothy mucus. Heartburn; gagging or empty retching. Vomiting of milk. Abdomen.--Distended; heat and emptiness. *Sensation of weakness or*

sinking. Can lie comfortably only on stomach. Liver region painful, better rubbing part. Rumbling and shifting of flatus in ascending colon.

Rectum.--Cholera infantum and morbus. Diarrhœa of long standing; early in morning; during teething, with hot, glowing cheeks while being bathed or washed; in hot weather after acid fruits. Morning, painless diarrhœa when not due to venous stasis or intestinal ulceration. Green, watery, fetid, profuse, gushing. Prolapse of rectum before or with stool. Constipation; clay-colored, hard, dry, difficult. Constipation alternating with diarrhœa (Ant crud). Internal and external piles.

Female.--Pain in uterus and right ovary, with shifting noises along ascending colon. Suppressed menses, with pelvic tenesmus. *Prolapsed uteri*, especially after parturition. Hæmorrhoids, with prolapsus ani during pregnancy.

Extremities.--Pain between shoulders, under right scapula, in loins and lumbar region. Pain in right inguinal region; shoots down inner thigh to knees. Paralytic weakness on left side.

Fever.--Chill at 7 am, with pain in hypochondria, and knees, ankles, wrists, *Great loquacity* during fever. Profuse sweat.

Modalities.--Worse, in early morning, in hot weather, during dentition.

Relationship.--Compare: *Mandragora*-also called mandrake--(must not be confounded with *Podoph*. Great desire for sleep; exaggeration of sounds and enlarged vision. Bowels inactive; stools large, white and hard). Aloe; Chelid; Merc; Nux; Sulph. Prunella-Self-head--(Colitis).

Dose.—Tincture to sixth potency. The 200th and 1000th seem to do good work in cholera infantum, when indicated.

POLYGONUM HYDROPIPEROIDES

Hydropiper - Smartweed (POLYGONUM PUNCTATUM)

Metrorrhagia, also Amenorrhæa in young girls. Varicosis; hæmorrhoids and rectal pockets. Burning in stomach followed by feeling of coldness in the pit of the stomach.

Abdomen.--Griping pain, with great rumbling, nausea, and liquid feces. Flatulent colic.

Rectum.--Interior of anus studded with itching eminence.

Hæmorrhoids. Liquid feces.

Urinary.--Painful constriction at neck of bladder.

Female.--Aching pains in hips and loins. Sensation as if hips were being drawn together. Sensation of weight and tension within pelvis. Shooting pains through breasts. Amenorrhœa.

Skin.--Superficial ulcers and sores on lower extremities, especially in females at climacteric.

Relationship.--Compare: Carduus mar (ulcers); Hamam; Senecio; *Polygonum persicaria* (renal colic and calculi; *gangrene*); *Polygonum sagitatum*-arrow-leaved. Tear-thumb--(2x for *pains of nephritic colic*; suppurative nephritis; lancinating pains along spine; itching of hard palate; burning inner side of right foot and ankle. C. M. Boger); *Polygonum aviculare*-knot-grass--(in material doses of tincture, found useful in phthisis pulmonalis and intermittent fever, and especially in *arterio-sclerosis*. Erythema).

Dose.--Tincture.

POPULUS CANDICANS

Balm of Gilead

Seems to have a remarkable power over acute colds, especially when accompanied by a deep, hoarse voice, or even aphonia. General insensibility of surface (worse, back and abdomen); rubbing and pounding borne without pain, and is grateful on account of warmth produced. Finger-ends thickened, horny; insensible to pinching and pricking. Instantaneous voice-producer (*Coca*).

Head.--Discusses her symptoms with every one. Hot head with cold extremities. Cold-sores on lips (*Nat mur*). Tongue feels thick and numb. Burning irritation of eyes, nose, mouth, throat, and air passages.

Respiratory.--*Acute hoarseness*. Throat and nostrils burn. Sits bent forward with dry cough. Pharynx and larynx feel dry, and the voice weak and toneless. Rawness and soreness of chest and throat. Cough of children caused by naso-pharyngeal catarrh; mucus drops from posterior nares.

Doses.--Tincture.

SIMARUBA FERROGINEA

(CEDRON)

Rattlesnake Bean

Periodicity is the most marked characteristic of this drug. Its particularly useful in tropical or in damp, warm, marshy countries. It has been found curative in malarial affections, especially neuralgia. Adapted to persons of a voluptuous disposition, excitable, nervous temperament. Has powers of antidoting snake-bites and stings of insects. Tincture of pure bean scraped on wound. Mania. Head.--Pain from temple to temple across eyes. Pain over whole

right side of face, coming on about 9 am.Crazy feeling from pain across forehead; worse, working on black. Roaring in ears produced by Cinchona. Whole body seems numb with headache.

Eyes.--Shooting over left eye. Severe *pain in eyeball, with radiating pains around eye*, shooting into nose. Scalding lachrymation. *Supraorbital neuralgia periodic*. Iritis, choroiditis.

Extremities.--Lancinating pain in joints; worse, feet and hands. Sudden pain in ball of right thumb, extending up arm to shoulder. Pain in ball of right foot, extending to knee. Shingles, with radiating pain. Dropsy of knee-joint.

Fever.--Chilliness towards evening; then frontal headache extending into parietal region. Red eyes. Heat, with itching of eyes, tearing in limbs, *numbness of limbs*.

Relationship.--Antidote: *Lach*.

Compare: Ars: China.

Dose.--Tincture to third attenuation.

QUEBRACHO

(ASPIDOSPERMA)

The digitalis of the lungs (Hale). Removes temporary obstruction to the oxidation of the blood by stimulating respiratory centers, increasing oxidation and excretion of carbonic acid. Pulmonary stenosis. Thrombosis of pulmonary artery. Uræmic dyspnæa. An effective remedy in many cases of asthma. It stimulates the respiratory centers and increases the oxygen in the blood. "Want of breath" during exertion is the guiding symptom. *Cardiac asthma*. Relationship.--Compare: *Coca; Arsenic*; *Coffea-Catalpa* (difficult respiration).

Dose.--First trituration of tincture, or Aspidospermin hydrochlorid 1 grain of 1x trit. Every hour for a few doses.

OUERCUS E GLANDIBUS

Spirit distilled from Tincture of Acorn Kernels (QUERCUS GLANDIUM SPIRITUS)

Used first by Rademacher for chronic spleen affections; *spleendropsy*. Antidotes effects of Alcohol. Vertigo; deafness, with noises in head. *Takes away craving for alcoholics*; give dose as below for several months. Dropsy and liver affections. Useful in gout, old malarial cases with flatulence.

Relationship.--Compare: *Angelica* (in tincture, five drops, three times daily, produces disgust for liquor; also for atony of different organs, dyspepsia, nervous headache, etc; chronic bronchitis to increase expectoration). *Ceanoth; Lach; Nat mur; Helianthus* (spleen enlarged and painful).

Dose.--Ten drops to a teaspoonful of the distilled spirit three to four times a day. A passing diarrhea often appears for a times a day. A passing diarrhea often appears for a time when using it. Curative effect. Quercus acts well in trituration of the acorn 3x in splenic cases, flatulence, old malaria and alcoholic history (Clark).

QUILLAYA SAPONARIA

Chile Soap-bark

Produces and cures symptoms of acute catarrh, sneezing and sore throat. *Most effective in the beginning of coryza*, checking its further development. Colds with sore throat; heat and dryness of throat. Cough with difficult expectoration. Squamous skin Relationship.--Compare: *Kali hyd; Gels; Cepa; Squilla. Saponaria* (sore throat, involuntary urination). Senega.

Dose.—Tincture and first potency.

RANUNCULUS SCELERATUS

Marsh Buttercup

Is more irritating than others of this botanical family, as seen in the skin symptoms. *Boring, gnawing pain* very marked. *Pemphigus*. Periodical complaints. Fainting with pain in stomach.

Head.--Gnawing in one spot left of vertex. Frightful dreams about corpses, serpents, battles, etc. Fluent coryza, with sneezing and burning micturition.

Mouth.--Teeth and gums sensitive. *Tongue mapped* denuded patches. Mouth sore and raw. *Burning and rawness of tongue*.

Abdomen.--Sensation of a plug behind umbilicus. *Pain over region of liver, with sensation as if diarrhœa would set it.* Pressure as of a plug behind right false ribs; worse, deep inspiration.

Chest.--Integument sensitive. Bruised pain and weakness in the chest every evening. *Sore burning behind xiphoid cartilage*.

Skin.--Vesicular eruption, with tendency to form large blisters. Acrid exudation, which makes surrounding parts sore.

Extremities.--Boring pain. Sudden burning sticking in right toe. Corns, with burning and soreness, especially when feet hang down. Gout in fingers and toes.

Dose.--First to third potency.

RHAMNUS CALIFORNICA

California Coffee-tree

One of the most positive remedies for rheumatism and *muscular pains*. Pleurodynia, lumbago, gastralgia. Vesical tenesmus; *dysmenorrhæa* of myalgic origin; pain in head, neck, and face. *Inflammatory rheumatism*, joints swollen, painful; tendency to metastasis; profuse sweat. Rheumatic heart (Webster).

Provings of students. 2x potency.

Mind.--Nervous, restless, irritable. Lassitude; mentally dull and dazed; unable to concentrate mind on studies.

Head.--*Dizzy* full feeling. Heavy bruised sensation; better from pressure. *Bursting* feeling with every step. Soreness, especially in occiput and vertex, worse, bending over. Dull pain in left temple. Dull aching in frontal region (left), extending backwards and over forehead. Deep, right-sided frontal headache. Twitching eyelids. Ears.--*Dullness of hearing*. Soreness, deep under right tragus on swallowing.

Face.--Flushed, hot and glowing. Outward pressure from malar processes.

Mouth.--Canker sore between gums and lips. Tongue coated, with clean, pink central patch.

Throat.--Dry, rough. Soreness on right side and tonsil.

Bowels.--*Constipation* with some flatus. Tenesmus and dry stool. Flatulent diarrhœa.

Genito-urinary.--Increased urination. Tickling in anterior urethra, small morning drop (no previous gonorrhœa). Sexual desire increased.

Respiratory.--Substernal oppression. Tenderness on pressure of right intercostal muscles.

Heart.--Variation of pulse. Slow pulse.

Extremities.--Unable to control muscular action. Legs sore. Walked like a drunken man.

Modality.--Symptoms worse in evening.

Relationship.--Rhamnus cathartica or Rhamnus Frangula-European Buckthorn-a rheumatic remedy--(abdominal symptoms, colic, diarrhœa; hæmorrhoids, especially chronic). Rhamnus Purshiana-Cascara Sagrada--(palliative in constipation, as an intestinal tonic, and dyspepsia dependent thereon. 10-15 drops of tincture).

Dose.--Tincture in 15-drop doses every four hours.

RHUS AROMATICA

Fragrant Sumach

Renal and urinary affections, especially *diabetes*. Enuresis due to vesical atony; senile incontinence. Hæmaturia and cystitis come within the range of this remedy.

Urine.--Pale, albuminous. *Incontinence. Severe pain at beginning or before urination*, causing great agony in children. Constant dribbling. *Diabetes*, large quantities of urine of low specific gravity (*Phos ac; Acet ac*).

Dose.--Tincture, in rather material doses.

RHUS GLABRA

Smooth Sumach

Epistaxis and *occipital headache*. Fetid flatus. Ulceration of mouth. Dreams of flying through the air (Sticta). Profuse perspiration arising from debility (China). It is claimed that this remedy will so disinfect the bowels that the flatus and stools will be free from odor. It acts well in putrescent conditions with tendency to ulceration. Mouth.--Scurvy; nursing sore mouth (Veronica). Aphthous stomatitis.

Relationship.--Said to be antidotal to the action of Mercury, and has been employed in the treatment of secondary syphilis after mercurialization.

Dose.--Tincture. Usually locally to soft, spongy gums, aphthæ, pharyngitis, etc. Internally, first potency.

RUTA GRAVEOLENS

Rue-bitterwort

Acts upon the periosteum and cartilages, eyes and uterus. Complaints from straining *flexor tendons* especially. Tendency to the formation of deposits in the periosteum, tendons, and about joints, especially wrist. Overstrain of ocular muscles. All parts of the body are painful, *as if bruised*. Sprains (after *Arnica*). Lameness after sprains. Jaundice. *Feeling of intense lassitude, weakness and despair*. Injured "bruised" bones.

Head.--Pain as from a nail; after excessive intoxicating drinks. Periosteum sore. Epistaxis.

Eyes.--Eyes-strain followed by headache. Eyes red, hot, and painful from sewing or reading fine print (Nat mur; Arg nit). Disturbances of accommodation. Weary pain while reading. Pressure deep in orbits. Tarsal cartilage feels bruised. Pressure over eyebrow. Asthenopia. Stomach.--Gastralgia of aching, gnawing character.

Urinary.--Pressure in neck of bladder after urinating; painful closure (*Apis*). Constant urging to urinate, feels bladder full.

Rectum.--Difficult feces, evacuated only with straining. Constipation, alternating with mucous, frothy stools; discharge of blood with stool. When sitting, tearing stitches in rectum. Carcinoma affecting lower bowel. Prolapsus ani every time the bowels move, after confinement. Frequent, unsuccessful urging to stool. Protrusion of rectum when stooping.

Respiratory.--Cough with copious, thick, yellow expectoration; chest feels weak. Painful spot on sternum; short breath with tightness of chest.

Back.--Pain in nape, back and loins. Backache better pressure and lying on back. Lumbago worse morning before rising.

Extremities.--Spine and limbs feel bruised. Small of back and loins pain. Legs give out on rising from a chair, hips and thighs so weak (*Phos; Con*). Contraction of fingers. Pain and stiffness in wrists and hands. Ganglia (*Benzoic ac*). Sciatica; worse, lying down at night; pain from back down hips and thighs. Hamstrings feel shortened (*Graph*). *Tendons sore*. Aching pain in tendo-Achilles. *Thighs pain when stretching the limbs*. Pain in bones of feet and ankles. Great restlessness.

Modalities.--Worse, lying down, from cold, wet weather.

Relationship.--Compare: Ratanhia; Carduus. Rectal (irritation); Jaborandi; Phyt; Rhus; Sil; Arn.

Antidote: *Camph*.

Complementary: Calc phos.

Dose.--First to sixth potency. Locally, the tincture for ganglia and as a lotion for the eyes.

SABAL SERRULATA

Saw Palmetto

Sabal is homeopathic to irritability of the genito-urinary organs. General and sexual debility. Promotes nutrition and tissue building. Head, stomach, and ovarian symptoms marked. Of unquestioned value in prostatic enlargement, *epididymitis*, and urinary difficulties. Acts on membrano-prostatic portion of urethra. Iritis, with prostatic trouble. *Valuable for undeveloped mammary glands. Fear of going to sleep*. Languor, apathy and indifference.

Head.--Confused, full; dislikes sympathy; makes her angry. Vertigo, with headache. Neuralgia in feeble patients. Pain runs up from nose and centers in forehead.

Stomach.--Belching and acidity. Desire for milk (*Rhus; Apis*) Urinary.--Constant desire to pass water at night. *Enuresis*; paresis of sphincter vesicæ. Chronic gonorrhœa. Difficult urination. Cystitis with prostatic hypertrophy.

Male.--Prostatic troubles; enlargement; discharge of prostatic fluid. Wasting of testes and loss of sexual power. Coitus painful at the time of emission. Sexual neurotics. Organs feel cold.

Female.--Ovaries tender and enlarged; *breasts shrivel* (*Iod; Kali iod*). Young female neurotics; suppressed or perverted sexual inclination. Respiratory.--Copious expectoration, with catarrh of nose. Chronic bronchitis (*Stann; Hep*).

Relationship.--Compare: *Phosph ac; Stigmata maydis; Santal; Apis*. In prostatic symptoms: *fer pic; Thuja; Picric acid* (more sexual erethism). Populus tremul; (prostatic enlargement with cystitis). Dose.--Mother tincture, ten to thirty drops. Third potency often better. The tincture must be prepared from the *fresh berries* to be effective.

SALIX NIGRA

Black-willow

Has a positive action on the generative organs of both sexes Hysteria and nervousness. Libidinous thoughts and lascivious dreams.

Controls genital irritability. Moderates sexual passion. Satyriasis and erotomania. In acute gonorrhœa, with much erotic trouble; chordee. After masturbation; spermatorrhœa.

Face.--Red, swollen, especially the end of nose-eyes blood-shot and sore to touch and on motion. Roots of hair hurt. Epistaxis.

Female.--Before and during menses much nervous disturbance, pain in ovaries; difficult menstruation. Ovarian congestion and neuralgia. Menorrhagia. Bleeding with uterine fibroid. Nymphomania.

Male.--Painful movement of the testicles.

Back.--Pain across sacral and lumbar region. Unable to step out quickly.

Relationship.--Compare: Yohimbin; Canth.

Dose.--Material doses of the tincture, thirty drops.

SALVIA OFFICINALIS

Sage

Controls excessive sweating when circulation is enfeebled; of less use in phthisis *with night-sweats* and suffocating tickling cough. Galactorrhœa. Exerts a tonic influence on the skin.

Respiratory.--Tickling cough, especially in consumption.

Skin.--Soft, relaxed, with enfeebled circulation and cold extremities. *Colliquative perspiration*.

Relationship.--Compare: Chrysanhemum Leucanthemum--Ox-eye Daisy. Has specific action on sudoriparous glands. Quiets nervous system like Cypripedium. Right sided tearing pain in bones of jaw and temple. Pain in teeth and gums, worse touch, better warmth. Irritable and tearful. Here use 12x. Insomnia and night-sweats. For colliquative sweating and hyperæsthesia of nervous system. Material doses of tincture. Phelland; Tuberc; Salvia sclerata (tonic influence on nervous system; dose, teaspoonful to one pint hot water, as inhalent for sponging). Rubia tinctorum-Madder-A remedy for the spleen (Ceanothus). Chlorosis and amenorrhæa; tuberculosis. Anæmia; undernourished conditions; splenic anæmia. Dose, 10 drops of tincture.

Dose.--Tincture, in twenty-drop doses, in a little water. The effects manifest themselves quickly two hours after taking a dose, and they persist for from two to six days.

SAMBUCUS NIGRA

Elder

Acts especially on the respiratory organs. Dry coryza of infants, snuffles, œdematous swellings. *Profuse sweat* accompanies many affections.

Mind.--Sees images when shutting eyes. *Constant fretfulness*. Very easily frightened. Fright followed by suffocative attacks.

Face.--Turns blue with cough. Red, burning spots on cheeks. Heat and perspiration of face.

Abdomen.--Colic, with nausea and flatulence; frequent watery, slimy stools.

Urine.--Profuse urine with dry heat of skin. Frequent micturition, with scanty urine. Acute nephritis; dropsical symptoms, with vomiting.

Respiratory.--Chest oppressed with pressure in stomach, and nausea

Hoarseness with tenacious mucus in larynx. Paroxysmal, *suffocative cough, coming on about midnight*, with crying and dyspnæa. Spasmodic croup. Dry coryza. *Sniffles of infants*; nose dry and obstructed. Loose choking cough. When nursing child must let go of nipple, nose blocked up, cannot breathe. *Child awakes suddenly, nearly suffocating, sits up, turns blue. Cannot expire (Meph)*. Millar's asthma.

Extremities.--Hands turn blue. Œdematous swelling in legs, insteps, and feet. Feet icy cold. Debilitating night-sweats (*Salvia; Acet ac*). Fever.--Dry heat while sleeping. *Dreads uncovering. Profuse sweat over entire body during waking hours*. Dry, deep cough precedes the fever paroxysm.

Skin.--Dry heat of skin during sleep. Bloated and swollen; general dropsy; *profuse sweat on waking*.

Modalities.--Worse, sleep, during rest, after eating fruit. Better, sitting up in bed, motion.

Relationship.--Compare: *Ipec; Meph; Opium; Sambucus Canadensis* (great value in dropsies; large doses required-fluid extract, 1/4 to 1 teaspoonful three times daily).

Antidotes: Ars; Camph.

Dose.--Tincture, to sixth potency.

SANGUINARIA CANADENSIS

Blood Root

Is a right-sided remedy pre-eminently, and affects chiefly the mucous membranes, especially of the respiratory tract. It has marked vasomotor disturbances, as seen in the circumscribed redness of the cheeks, flashes of heat, determination of blood to head and chest, distention of temporal veins, burning in palms and soles, and has been found very applicable to climacteric disorders. *Burning* sensations, like from hot water. Influenzal coughs. Phthisis. *Sudden stopping of catarrh of respiratory tract followed by diarrhæa*. *Burning* in various parts is characteristic.

Head.--Worse *right* side, sun headache. Periodical sick headache; pain begins in occiput, spreads upwards, and *settles over eyes*, *especially right. Veins and temples are distended*. Pain better lying down and sleep. Headaches return at climacteric; every seventh day (*Sulph; Sabad*). Pain in small spot over upper left parietal bone. Burning in eyes. Pain in the back of head "like a flash of lightning". Face.--Flushed. Neuralgia; pain extends in all directions from upper jaw. *Redness and burning of cheeks. Hectic flush*. Fullness and tenderness behind angle of jaws.

Nose.--Hay-fever. Ozæna, with profuse, offensive yellowish discharges. *Nasal polypi*. Coryza, followed by diarrhœa. Chronic rhinitis; membrane *dry* and congested.

Ears.--Burning in ears. Earache with headache. Humming and roaring. Aural polypus.

Throat.--Swollen; worse, right side. Dry and constricted. Ulceration of mouth and fauces, with dry, burning sensation Tongue white; feels scalded. Tonsillitis.

Stomach.--Aversion to butter. Craving for piquant things. Unquenchable thirst. Burning, vomiting. Nausea, with salivation. Sinking, faint all-gone feeling (*Phos; Sep*). Spitting up of bile; gastroduodenal catarrh.

Abdomen.--Diarrhœa as coryza improves. Pain over region of liver. Diarrhœa; bilious, liquid, gushing stool (*Nat sulph; Lycop*). Cancer of rectum.

Female.--Leucorrhœa fetid, corrosive. Menses offensive, profuse. Soreness of breasts. Uterine polypi. Before, menses, itching of axillæ. Climacteric disorders.

Respiratory.--Œdema of larynx. Trachea sore. Heat and tension behind the sternum. Aphonia. *Cough of gastric origin*; relieved by eructation. Cough, with burning pain in chest; worse, right side. Sputum tough, *rust-colored*, offensive, almost impossible to raise. Spasmodic cough after influenza and *after whooping-cough*. Cough returns with every fresh cold. Tickling behind sternum, causes a constant hacking cough; worse at night on lying down. Must sit up in bed. Burning soreness in right chest, through to right shoulder. Severe soreness under right nipple. Hæmoptysis from suppressed menses. *Severe dyspnæa* and constriction of chest. Offensive breath and purulent expectoration. Burning in chest as of hot steam from chest to abdomen. Fibroid phthisis. Pneumonia; better, lying on back. Asthma with stomach disorders (*Nux*). Valvular disease with lung development, phosphates in urine and loss of flesh. Sudden stoppage of catarrh of air passages brings on diarrhæa.

Extremities.--Rheumatism of right shoulder, left hip-joint and nape of neck. *Burning in soles and palms*. Rheumatic pains in places least covered by flesh; not in joints soles of feet burn. Right-side neuritis; better touching the part.

Skin.--Antidotes: *Rhus poisoning*. Red, blotchy eruptions; worse in spring. Burning and itching; worse by heat. Acne, with scanty menses. Circumscribed red spots over malar bones.

Modalities.--Worse, sweets, right side, motion, touch. Better, acids, sleep, darkness.

Relationship.--Complementary: *Tart em*.

Compare: *Justicia* (bronchial catarrh, coryza, hoarseness; oversensitive). *Digitalis* (Migraine). *Bell; Iris; Melil; Lach; Ferr; Op.*

Dose.--Tincture in headaches; sixth potency in rheumatism.

SCROPHULARIA NODOSA

Knotted Figwort

A powerful medicine whenever *enlarged glands* are present. Hodgkin's disease.

A valuable skin remedy. Has a specific affinity for the breast; very useful in the dissipation of breast tumors. *Eczema of the ear*. Pruritus vaginæ. Lupoid ulceration. *Scrofulous swellings (Cistus)*. *Painful hæmorrhoids*. Tubercular testis. Epithelioma. Nodosities in the breasts (*Scirrhinum*). Pain in all flexor muscles.

Head.--Vertigo felt in vertex, greater when standing; drowsiness; pain from forehead to back of head. Eczema behind ear. Crusta lactea.

Eyes.--Distressing photophobia (*Conium*). Spots before eyes. Stitches in eyebrow. Sore eyeballs.

Ears.--Inflammation about auricle. Deep ulcerated auricle. Eczema around ear.

Abdomen.--*Pain in liver* on pressure. Colic below navel. Pain in sigmoid flexure and rectum. *Painful*, bleeding, protruding *piles*. Respiratory.--Violent dyspnœa, oppression of chest with trembling. Pain about bifurcation of trachea. Asthma in scrofulous patients. Skin.--Prickling itching, worse back of hand.

Sleep.--*Great drowsiness*; in morning and before and after meals with weariness.

Modalities.--Worse lying on right side.

Compare: Lobel erinus; Ruta; Carcinosin; Conium; Asterias.

Dose.--Tincture and first potency. Apply locally to cancerous glands also Semper viv.

SCUTELLARIA LATERIFOLIA

Skullcap

This is a nervous sedative, where *nervous fear* predominates. *Cardiac irritability*. *Chorea*. Nervous irritation and spasms of children, during dentition. *Twitching of muscles*. Nervous weakness after influenza. Mental.--*Fear of some calamity*. Inability to fix attention (*Aethus*). Confusion.

Head.--Dull, frontal headache. Eyes feel pressed outwards. Flushed face. Restless sleep and frightful dreams. Must move about. Night terrors. Migraine; worse, over right eye; aching in eyeballs. Explosive headaches of school teachers with frequent urination; headaches in front and base of brain. Nervous sick headaches, worse noise, odor light, better night; rest, 5 drops of tincture. Stomach.--Nausea; sour eructations; hiccough; pain and distress. Abdomen.--Gas, fullness and distention, colicky pain and uneasiness. Light colored diarrhea.

Male.--Seminal emissions and impotency, with fear of never being better

Sleep.--Night-terrors; sleeplessness; sudden wakefulness; frightful dreams.

Extremities.--Twitchings of muscles; must be moving. Chorea. Tremors. Sharp stinging pains in upper extremities. Nightly restlessness. Weakness and aching.

Relationship.--Compare: Cyprip; Lycopus.

Dose.--Tincture and lower potencies.

SEDUM ACRE

Small Houseleek

Hæmorrhoidal pains, like those of anal fissures; constricting pains, worse few hours after stool. *Fissures*.

Relationship.--Compare: *Mucuna urens* (hæmorrhoidal diathesis and diseases depending thereon); *Sedum telephium* (uterine hæmorrhages, also of bowels and rectum; *menorrhagia*, *especially at climacteric*); *Sedum repens--S alpestre--(cancer*; specific action on abdominal organs; pain, loss of strength).

Dose.--Tincture to sixth potency.

SEMPERVIVUM TECTORUM

Houseleek

Is recommended for herpes, zoster and *cancerous tumors*. Scirrhous induration of tongue. Mammary carcinoma. Ring-worm. Hæmorrhoids.

Mouth.--Malignant ulcers of mouth. Cancer of tongue (*Galium*). Tongue has ulcers; *bleed easily*, especially at night; much soreness of tongue with *stabbing* pains. Whole mouth very tender.

Skin.--Erysipelatous affections. *Warts* and corns. Aphthæ. Flushed surface and stinging pains.

Relationship.--Compare: *Sedum acre*-small Houseleek--(scorbutic conditions; ulcers, intermittent fever) (*Galium; Kali cyanat*). *Oxalis acetosella*-Wood sorrel--(The inspissated juice used as a cautery to remove cancerous growths of the lips). *Cotyledon. Ficus Carica--(Fig)*-The milky juice of the freshly broken stalk applied to warts; causes their disappearance.

Dose.--Tincture and 2 decimal, also fresh juice of plant. Locally for bites of insect, stings of bees, and poisoned wounds, warts.

SENECIO AUREUS

Golden Ragwort

Its action on the female organism has been clinically verified.

Urinary organs also affected in a marked degree. Backaches of congested kidneys. Early cirrhosis of liver.

Mind.--Inability to fix mind upon any one subject. Despondent. Nervous and irritable.

Head.--Dull, stupefying headache. *Wavelike dizziness* from occiput to sinciput. *Sharp pains over left eye, and through left temple*. Fullness of nasal passages; burning; *sneezing*; profuse flow.

Face.--Teeth very sensitive. *Sharp, cutting pain* left side. *Dryness* of fauces, throat, and mouth.

Stomach.--Sour eructations; nausea.

Throat.--Dry mouth, throat, and fauces. Burning in pharynx, raw feeling in naso-pharynx, must swallow, though painful.

Abdomen.--Pain around umbilicus; spreads all over abdomen; better, stool. Thin, watery stool, intermingled with hard lumps of feces (*Ant crud*). *Straining at stool; thin, dark, bloody, with tenesmus*.

Urinary.--Scanty, high-colored, *bloody*, with much mucus and *tenesmus*. *Great heat and constant urging*. Nephritis. Irritable bladder Male.--Lascivious dreams, with involuntary emissions. *Prostate enlarged*. Dull, heavy pain in spermatic cord, extending to testicles. Female.--*Menses retarded*, suppressed. *Functional amenorrhæa of young girls* with backache. Before menses, inflammatory conditions of throat, chest, and bladder. After menstruation commences, these

Premature and too profuse menses (*Calc; Erig*).

Respiratory.--Acute inflammatory conditions of upper respiratory tract. Hoarseness. *Cough loose*, with labored inspiration. Chest sore and raw. Dyspnœa on ascending (*Calc*). Dry teasing cough, stitching chest pains.

improve. Anæmic dysmenorrhæa with urinary disturbances.

Sleep.--Great drowsiness, with unpleasant dreams. Nervousness and sleeplessness.

Relationship.--Compare: *Senecio Jacobæa* (cerebro-spinal irritation, rigid muscles, chiefly of neck and shoulders; also, in cancer); *Aletris; Caulop; Sep*.

Dose.--Tincture, to third potency. *Senecin*, first trituration.

SENEGA

Snakewort

Catarrhal symptoms, especially of the respiratory tract, and distinct eye symptoms of a paralytic type, are most characteristic.

Circumscribed spots in chest left after inflammations.

Mind.--Suddenly remembers unimportant regions which he saw long ago. Inclined to quarrel.

Head.--Dullness, with pressure and weakness of eyes. Pain in temples. *Bursting* pain in forehead.

Eyes.--Hyperphoria, better by bending head backwards. Acts on the

rectus superior. Blepharitis; lids dry and crusty (*Graph*). Dryness, with sensation *as if too large for orbits*. Starting. Lachrymation. Flickering; must wipe eyes frequently. Objects look shaded. Muscular asthenopia (*Caust*). Double vision; better only by bending head backward. Opacities of the vitreous humor. Promotes absorption of fragments of lens, after operation.

Nose.--Dry. Coryza; much watery mucus and sneezing. Nostrils feel peppery.

Face.--Paralysis of left side of face. Heat in face. Burning vesicles in corners of mouth and lips.

Throat.--Catarrhal inflammation of throat and fauces, with scraping hoarseness. Burning and rawness. Sensation as if membrane had been abraded.

Respiratory.--Hoarseness. Hurts to talk. Bursting pain in back on coughing. Catarrh of larynx. Loss of voice. Hacking cough. Thorax feels too narrow. Cough often ends in a sneeze. Rattling in chest (Tart emet). Chest oppressed on ascending. Bronchial catarrh, with sore chest walls; much mucus; sensation of oppression and weight of chest. Difficult raising of tough, profuse mucus, in the aged. Asthenic bronchitis of old people with chronic interstitial nephritis or chronic emphysema. Old asthmatics with congestive attacks. Exudations in Pleura. Hydrothorax (Merc sulph). Pressure on chest as though lungs were forced back to spine. Voice unsteady, vocal cords partially paralyzed.

Urinary.--Greatly diminished; loaded with shreds and mucus; scalding before and after urinating. *Back*, bursting distending pain in kidney region.

Modalities.--Worse, walking in open air, during rest. Better, from sweat; bending head backwards.

Relationship.--Compare: *Caust; Phos; Saponin; Ammon; Calc; Nepeta cataria*-Catnip (to break up a cold; infantile colic: hysteria). Dose.--Tincture, to thirtieth potency.

SOLIDAGO VIRGAUREA

Golden-rod

(SOLIDAGO VIRGA)

Inhalation of the pollen has caused hæmorrhage from the lungs in phthisis. *Repeated colds of tuberculosis* (2x) *feeling of weakness*, chilliness alternating with heat; naso-pharyngeal catarrh, burning in throat, pains in limbs and thoracic oppression. Pain in region of kidneys, with dysuria. *Kidneys sensitive to pressure*. Bright's disease. Hay-fever when Solidago is the exciting cause. Here give 30th potency or higher.

Eyes.--Injected, watery, burning, stinging.

Nose.--Nares irritated with abundant mucus secretion; paroxysms of

sneezing.

Stomach.--Bitter taste, especially at night; coated tongue with very scanty brown and sour urine.

Respiratory.--Bronchitis, cough with much purulent expectoration, blood-streaked; oppressed breathing. Continuous dyspnœa. Asthma, with nightly dysuria.

Female.--Uterine enlargement, organ pressed down upon the bladder. *Fibroid tumors*.

Urine.--Scanty, reddish brown, thick sediment, dysuria, gravel. *Difficult and scanty*. Albumen, blood, and slime in urine. Pain in kidneys extend forward to abdomen and bladder (*Berb*). *Clear and offensive urine*. Sometimes makes the use of the catheter unnecessary.

Back.--Backache of congested kidneys (*Senec aur*).

Skin.--Blotches, especially on lower extremities; *itch*. Exanthema of lower extremities, with urinary disturbances, dropsy and threatened gangrene.

Relationship.--*Iodoform* 2x antidotes poison of Golden-rod. *Arsenic*. *Agrimonia* (Pain in region of kidneys).

Dose.--Tincture, to third potency. Oil of Solidago, 1 oz to 8 oz. Alcohol. 15 drops doses to promote expectoration in bronchitis and bronchial asthma in old people (Eli G. Jones).

STELLARIA MEDIA

Chickweed

Induces a condition of stasis, congestion, and sluggishness of all functions. Morning aggravation.

Sharp, *shifting*, rheumatic pains in all parts very pronounced. *Rheumatism*; darting pains in almost every part; stiffness of joints; parts sore to touch; worse, motion. *Chronic rheumatism*. *Shifting pains* (*Puls; Kali sulph*). Psoriasis. Enlarged and inflamed gouty finger joints.

Head.--General irritability. Lassitude, indisposition to work. Smarting and burning in eyes, feel protruded. Dull, frontal headache; worse in morning and left side with sleepiness. Neck muscles stiff and sore. Eyes feel protruded.

Abdomen.--Liver engorged, swollen, with stitching pain and sensitive to pressure. Clay-colored stools. Hepatic torpor.

Constipation or alternating constipation and diarrhea.

Extremities.--Rheumatoid pains in different parts of the body. Sharp pain in small of back, over kidneys, in gluteal region, extending down thigh. Pain in shoulders and arms. *Synovitis*. Bruised feeling. Rheumatic pains in calves of legs.

Modalities.--*Worse*, mornings, warmth, tobacco. *Better*, evenings, cold air, motion.

Relationship.--Compare: *Pulsat* (similar in rheumatism, pains shifting, worse rest, warmth; better cold air).

Dose.--Tincture, externally. Internally, 2x potency.

STICTA PULMONARIA

Lungwort

Offers a set of symptoms like coryza, bronchial catarrh and influenza, together with nervous and *rheumatic* disturbances. There is a general feeling of dullness and malaise, as when a cold is coming on; dull, heavy pressure in forehead, catarrhal conjunctivitis, etc. *Rheumatic stiffness of neck*.

Mind.--Feels as if floating in air (Datura arborea; Lac. Can). Confusion of ideas; patient must talk.

Head.--Dull headache, with dull heavy pressure in forehead and *root* of nose. Catarrhal headache before discharge appears. Burning in eyes and soreness of balls. Sensation as if scalp were too small. Burning in eyelids.

Nose.--Feeling of fullness at the root of the nose (Nux). Atrophic rhinitis (Calc fluor). Dryness of nasal membrane. Constant need to blow the nose, but no discharge. Dry scabs, especially in evening and night. Hay-fever; incessant sneezing (Sabad).

Female.--Scanty flow of milk.

Abdomen.--Diarrhœa; stools profuse, frothy; worse, morning. Urine increased, with soreness and aching in bladder.

Respiratory.--Throat raw; dropping of mucus posteriorly. *Dry*, hacking cough during night; worse, inspiration. Tracheitis, facilitates expectoration. Loose cough in morning. Pain through chest from sternum to spiral column. Cough after measles (Sang); worse towards evening and when tired. Pulsation from right side of sternum down to abdomen.

Extremities.--Rheumatic pain in right shoulder joint, deltoid, and biceps. Swelling, heat, redness of joints. *Spot of inflammation and redness over affected joint*. Pain severe and drawing. Chorea-like spasms; legs feel floating in air. *Housemaid's knee (Rhus; Kali hyd; Slag)*. Shooting pains in knees. Joints and neighboring muscles red, swollen, painful. Rheumatic pains precede catarrhal symptoms. Modalities.--*Worse*, sudden changes of temperature.

Relationship.--Compare: *Datura arborea-Bougmancia candida* (cannot concentrate thoughts; brain floats in thousands of problems and grand ideas. Floating sensation as if ideas were floating outside of brain. Headache, heartburn. Burning sensation around cardiac and of stomach, extending to œsophagus with sense of constriction. Heat and fullness over liver region). *Cetraria*-Iceland Moss (chronic diarrhœa, phthisis, bloody expectoration. Is used as a decoction and boiled with milk as an expectorant and nutrient in bronchorrhœa,

catarrh, etc). Also compare: *Eryng; Dros; Stilling; Rumex; Sambuc*. Dose.--Tincture, to sixth potency.

STIGMATA MAYDIS

Corn-silk

(ZEA)

Has marked urinary symptoms, and has been used with success in organic heart disease, with much ædema of lower extremities and scanty urination. Enlarged prostate and retention of urine. Uric and phosphatic Gonorrhæa. Cystitis.

Urinary.--Suppression and *retention*. Dysuria. Renal lithiasis; nephritic colic; blood and red sand in urine. Tenesmus after urinating. Vesical catarrh. Gonorrhea. Cystitis.

Shucks (as a decoction used for chronic malaria, teaspoonful doses freely. Dr. E. C. Lowe, England).

Dose.--Tincture in tent-to fifty-drop doses.

STILLINGIA SILVATICA

Oueen's Root

Chronic periosteal rheumatism, syphilitic and scrofulous affections. Respiratory symptoms well marked. Torpor of lymphatics; torpid liver, with jaundice and constipation.

Mind.--Gloomy forebodings; depressed.

Respiratory.--Dry, spasmodic cough. Larynx constricted, with stinging in fauces. Trachea feels sore when pressed. *Hoarseness* and chronic laryngeal affections of public speakers.

Urinary.--Urine colorless. *Deposits white sediment*; urine milky and thick.

Extremities.--Aching pains in *bones* of extremities and back.

Skin.--Ulcers; chronic eruptions on hands and fingers. *Enlarged cervical glands*. Burning, itching of legs; worse, exposure to air. Exostosis, Scrofuloderma: synhilis, secondary eruption and later

Exostosis. Scrofuloderma; syphilis, secondary eruption and later symptoms. Valuable for intercurrent use.

Modalities.--Worse, in afternoons, damp air, motion. Better, in morning, dry air.

Relationship.--Compare: *Staphis; Mercur; Syphil; Aur; Corydalis* (syphilitic nodes).

Dose.--Tincture and first potency.

STROPHANTHUS HISPIDUS

Kombe-seed

Strophanthus is a muscle poison; it increases the contractile power of all striped muscles. Acts on the heart; *increasing the systole and*

diminishes the rapidity. May be used with advantage to tone the heart, and run off dropsical accumulations. In small doses for weak heart; it feels enlarged. In mitral regurgitation, where ædema and dropsy have supervened (Digit). Strophanthus occasions no gastric distress, has no cumulative effects, is a greater diuretic, and is safer for the aged, as it does not affect the vaso-motors. In pneumonia and in severe prostration from hæmorrhage after operations and acute diseases. After the long use of stimulants; irritable heart of tobaccosmokers. Arterio-sclerosis; rigid arteries of aged. Restores tone to a brittle tissue, especially of the heart muscle and valves. Especially useful in failing compensation dependent upon fatty heart. Hives. Anæmia with palpitation and breathlessness. Exophthalmia goitre. Corpulent persons.

Head.--Temporal pains with double vision, impaired sight; brilliant eyes, flushed face. Senile vertigo.

Stomach.--Nausea with special disgust for alcohol and so aids in treatment of dipsomania. Seven drops of tincture.

Urinary.--Increased secretion; scanty and albuminous.

Female.--Menorrhagia; uterine hæmorrhage; uterus heavily congested. Aching pain through hips and thighs during climacteric.

Respiratory.--Dyspnæa, especially on ascending. Lungs congested.

Œdema of lungs. Bronchial and cardiac asthma.

Heart.--Pulse quickened. Heart's action weak, rapid irregular, due to muscular *debility*; and *insufficiency*. Cardiac pain.

Skin.--Urticaria, especially more chronic forms.

Extremities.--Swollen, dropsical. Anasarca.

Relationship.--Compare: *Digit* (but is slower than *strophant* in its action); *Phos ac* (weak heart, irregular pulse, fluttering sensation in cardiac region, palpitation during sleep, fainting).

Dose.--Tincture and 6x potency. In more acute cases, five to ten drops of the tincture three times a day.

STRYCHNOS GAULTHERIANA

Tropical Bind-weed (HOANG NAN)

Exhaustion with vertigo; numbness and tingling in hands and feet; involuntary action of lower jaw. Pustules and boils; tertiary syphilis and Paralysis, Eczema, prurigo, old ulcers, leprosy, cancer of glandular structures and bites of serpents. Removes fetor and hæmorrhage in cancer, revives the healing process. Follows Arsenic. Dose.--Five drops of the tincture. May be increased to twenty.

SUMBULUS MOSCHATUS

Musk-root (SUMBUL - FERULA SUMBUL) Has many hysterical and nervous symptoms, and is of use in neuralgic affections and anomalous, functional, cardiac disorders. *Numbness on becoming cold*. Numbness on left side. *Insomnia* of delirium tremens (fifteen drops of tincture). Sensation as if water dropped down spine. Asthma. A tissue remedy for sclerosed arteries. Head.--Emotional and fidgety. Dull in morning, clear in evening. Mistakes in writing and adding. Comedones. Tenacious, yellow, mucus in nose.

Throat.--Chocking constriction; constant swallowing. Belching of gas from stomach. Spasm of pharyngeal muscles. Tenacious mucus in throat.

Heart.--Nervous palpitation. Neuralgia around left breast and left hypochondriac region. Cardiac asthma. Aching in left arm, heavy, numb an weary. Loses breath on any exertion. Pulse irregular. Female.--Ovarian neuralgia. Abdomen full, distended, and painful. Climacteric flushes.

Urinary.--Oily pellicle on surface of urine.

Modalities.--Worse, active exercise; left side.

Relationship.--Compare: Asaf; Mosch.

Dose.--Tincture, to third potency. Dr. W. McGeorge advises the 2x every 3 hours for arterio-sclerosis.

SYMPHYTUM OFFICINALE

Comfrey-Knitbone

The root contains a crystalline solid, that stimulates the growth of epithelium on ulcerated surfaces. It may be administered internally in the treatment of gastric and duodenal juries to sinews, tendons and the periosteum. Acts on joints generally. Neuralgia of knee. Of great use in wounds penetrating to perineum and bones, *and in non-union of fractures*; irritable stump after amputation, irritable bone at point of fracture. Psoas abscess. *Pricking pain* and soreness of periosteum.

Head.--Pain in occiput, top and forehead; changing places. Pain comes down bone of nose. Inflammation of inferior maxillary bone, hard, red, swelling.

Eye.--Pain in eye after a blow of an obtuse body. For traumatic injuries of the eyes no remedy equals this.

Relationship.--Compare: Arn; Calc phos.

Dose.--Tincture.

Externally as a dressing for sores and ulcers and pruritus ani.

SYZYGIUM JAMBOLANUM

Jambol Seeds - Enlexing, active principle Has an immediate effect of increasing the blood sugar, glycosuria

results.

A most useful remedy in diabetes mellitus. No other remedy causes in so marked degree the diminution and disappearance of sugar in the urine. Prickly heat in upper part of the body; small red pimples itch violently. Great thirsts, weakness, emaciation. Very large amount of urine, specific gravity high. Old ulcers of skin. Diabetic ulceration. The seeds powdered, ten grains three times a day; also the tincture. Relationship.--Compare: Insulin-An aqueous solution of an active principle from pancreas which affects sugar metabolism. If administered at suitable intervals in diabetes mellitus, the blood sugar is maintained at a normal level and the urine remains free of sugar. Overdosage is followed by weakness and fatigue and tremulousness and profuse sweating.

TANACETUM VULGARE

Tansy

Abnormal lassitude. Nervous and tired feeling. "Half dead, half alive feeling" all over. Of use in chorea and reflex spasms (worms). Said to be a specific against effects of poison ivy.

Head.--Heavy, dull, confused. Headache with least exertion.

Mental.--Irritable, sensitive to noise. Mental fatigue, nausea and vertigo, worse in a closed room.

Ears.--Roaring and ringing; voice sounds strange; *ears seem to close up suddenly*.

Abdomen.--Pain in bowels; relieved by stool. Desire for stool immediately after eating. *Dysentery*.

Female.--Dysmenorrhœa, with bearing-down pains, tenderness, drawing in groins. Menses suppressed; later, profuse.

Respiratory.--Hurried, labored, stertorous respiration. Frothy mucus obstructs the air-passages.

Relationship.--Compare: *Cimicif; Cina; Absinth. Nux* follows well. Dose.--Tincture, to third potency.

TARAXACUM OFFICINALE

Dandelion

For gastric headaches, bilious attacks, with characteristically mapped tongue and jaundiced skin. Cancer of bladder. Flatulence. *Hysterical tympanites*.

Head.--Sensation of great heat on top of head. *Sterno-mastoid* muscle very painful to touch.

Mouth.--Mapped tongue. Tongue covered with a white film; feels raw; comes off in patches, leaving *red*, *sensitive spots*. Loss of appetite. Bitter taste and eructations. Salivation.

Abdomen.--Liver enlarged and indurated. Sharp stitches in left side.

Sensation of bubbles bursting in bowels. Tympanites. Evacuation difficult.

Extremities.--Very restless limbs. *Neuralgia of knee; better, pressure*. Limbs painful to touch.

Fever.--Chilliness after eating, worse drinking; *finger tips cold*. *Bitter taste*. Heat without thirst, in face, *in toes*. Sweat on falling asleep.

Skin.--*Profuse night-sweats*.

Modalities.--Worse, resting, lying down, sitting. Better, touch. Relationship.--Compare: Choline, a constituent of Taraxacum root, has given encouraging results in the treatment of cancer. Choline is closely related to Neurin, it is the "Cancronie" of Prof. Adamkiewicz (E. Schlegel). Bry; Hydrast; Nux. Tela aranea (nervous asthma and sleeplessness).

Dose.--Tincture, to third potency. In cancer 1-2 drams fluid extract.

TAXUS BACCATA

Yew

In pustular diseases of skin and night-sweats. Also in gout and chronic rheumatism.

Head.--Supra-orbital and temporal pain on right side, with lachrymation. Pupils dilated. Face puffy and pale.

Stomach.--Saliva hot, acrid. Nausea. Pain in pit of stomach and region of navel. After eating, cough. Feeling of pins and needles at pit of stomach; of *emptiness*, must eat frequently (compare the coniferæ).

Skin.--Large, flat, itching pustules. Badly smelling night-sweats. Podagra. Erysipelas.

Dose.--Tincture, to third potency.

THUJA OCCIDENTALIS

Arbor vitæ

Acts on skin, blood, gastro-intestinal tract, kidneys, and brain. Its relation to the production of pathological vegetations condylomate, warty excrescences, spongy tumors is very important. Moist mucous tubercles. Bleeding fungus growths. Nævus. Excess of venosity. The main action of Thuja is on the skin and genito-urinary organs, producing conditions that correspond with Hahnemann's sycotic dyscrasia, whose chief manifestation is the formation of wart-like excrescences upon mucous and cutaneous surfaces-fig-warts and condylomata. Has a specific antibacterial action, as in gonorrhœa and vaccination. Suppressed gonorrhœa, salpingitis. *Ill-effects of vaccination*. Sycotic pains, i.e, tearing in muscles and joints, worse at rest, better in dry weather, worse damp humid atmosphere; lameness.

Hydrogenoid constitutions, whose blood is morbidly hydroscopic, so that damp air and water are inimical. Complaints from moonlight. Rapid exhaustion and emaciation. Left-sided and chilly medicine. Variola, aborts the pustule and prevents the suppurating fever. Vaccinosis, viz, inveterable skin troubles, neuralgia, etc.

Mind.--Fixed ideas, as if a strange person were at his side; as if soul and body were separated; as if something alive in abdomen (Croc). Emotional sensitiveness; music causes weeping and trembling.

Head.--Pain as if pierced by a nail (Coff; Ign). Neuralgia from tea (Selen). Left-sided headache. White, scaly dandruff; hair dry and falling out. Greasy skin of face.

Eyes.--Ciliary neuralgia; iritis. Eyelids agglutinated at night; dry, scaly. Styes and tarsal tumors (*Staph*). Acute and subacute inflammation of sclera. Sclera raised in patches, and looks bluish-red. Large, flat phlyctenules; *indolent*. Recurring episcleritis. Chronic scleritis.

Ears.--Chronic otitis; discharge purulent. Creaking when swallowing. Polypi.

Nose.--Chronic catarrh; thick, green mucus; blood and pus. On blowing nose, pain in teeth. Ulceration within the nostrils. Dryness of nasal cavities. Painful pressure at root.

Mouth.--Tip of tongue very painful. White blisters on side close to root, painfully sore. Teeth decay next to gums; very sensitive; gums retract. Drinks fall audibly into stomach. Ranula; varicose veins on tongue and mouth. Pyorrhea alveolaris.

Stomach.--Complete loss of appetite. Dislike for fresh meat and potatoes. Rancid eructations after fat food. Cutting pain in epigastrium. Cannot eat onions. Flatulence; pain after food; sinking sensation in epigastrium before food; thirst. Tea-drinking dyspepsia. Abdomen.--Distended; indurations in abdomen. Chronic diarrhea, worse after breakfast. Discharges forcibly expelled; gurgling sound. Brown spots. Flatulence and distension; protruding here and there. Rumbling and colic. Constipation, with violent rectal pain, causing stool to recede (Sil; Sanic). Piles swollen; pain worse sitting, with stitching, burning pains at the anus. Anus fissured; painful to touch with warts. Movements as of something living (Crocus), without pain. Urinary.--Urethra swollen inflamed. Urinary stream split and small. Sensation of trickling after urinating. Severe cutting after (Sars). Frequent micturition accompanying pains. Desire sudden and urgent, but cannot be controlled. Paralysis sphincter vesicæ.

Male.--Inflammation of prepuce and glans; pain in penis. Balanitis. *Gonorrhæal rheumatism. Gonorrhæa*. Chronic induration of testicles. Pain and burning felt near neck of bladder, with frequent and urgent desire to urinate. Prostatic enlargement (*Ferr pic; Thiosinaminum; Iod; Sabal*).

Female.--Vagina very sensitive (Berb; Kreos; Lyssin). Warty

excrescences on vulva and perineum. Profuse leucorrhœa; thick, greenish. Severe pain in left ovary and left inguinal region. Menses scanty, retarded. *Polypi*; fleshy excrescences. Ovaritis; worse left side, at every menstrual period (*Lach*). Profuse perspiration before menses.

Respiratory.--Dry, hacking cough in afternoon, with pain in pit of stomach. Stitches in chest; worse, cold drinks. *Asthma in children* (*Nat sulph*). Papilloma of larynx. Chronic laryngitis.

Extremities.--When walking, limbs feel as if made of wood or glass, and would break easily. Tips of fingers swollen, red, feel read. Muscular twitchings, weakness and trembling. Cracking in joints. Pain in heels and tendo-Achilles. Nails brittle. Ingrowing toe nail. Skin.--Polypi, tubercles, warts epithelioma, nævi, carbuncles; ulcers, especially in ano-genital region. Freckles and blotches. Perspiration sweetish, and strong. Dry skin, with brown spots. Zona; herpetic eruptions. Tearing pains in glands. Glandular enlargement. Nails crippled; brittle and soft. Eruptions only on covered parts; worse after scratching. Very sensitive to touch. Coldness of one side. Sarcoma; polypi. Brown spots on hands and arms.

Sleep.--Persistent insomnia.

Fever.--Chill, beginning in thighs. Sweat *only on uncovered parts*, or all over except head, when sleeping; profuse, sour, smelling like honey. Orgasm of blood in the evening, with throbbing in the bloodvessels. Modalities.--*Worse*, at night, from heat of bed; at 3 am and 3 pm; from cold, damp air; after breakfast; fat, coffee; vaccination. *Better*, left side; while drawing up a limb.

Relationship.--Compare: (Hydrogenoid constitution: Calcar; Silica; Nat sulph; Aranea; Apis; Pulsat). Cupressus australis (sharp, prickling pain; general feeling of warmth; rheumatism and gonorrhea). Cupressus Lawsoniana (acts like Thuja; terrible pains in the stomach). Sphingurus (falling out of hair from beard; pain in jawjoint and zygoma); Sil; Maland (vaccination); Medorrh (suppressed gonorrhea); Merc; Cinnab; Terebinth; Juniperus; Sabin; Sil; Canth; Cannab; Nit ac; Puls; Ant tart; Arborin is a non-alcoholic preparation of Thuja.

Antidotes: *Merc; Camph; Sabin* (warts). Complementary: *Sabina; Ars; Nat sulph; Silica*. Dose.--Locally, for warts and excrescences, tincture, or cerate. Internally, tincture to thirtieth potency.

THYMUS SERPYLLUM

Wild Thyme

Respiratory infections of children; dry nervous asthma, whoopingcough, severe spasms but little sputum.

Ringing in ears with feeling of pressure in head. Burning in pharynx,

sore, throat worse empty swallowing; blood vessels distended, dark. Dose.--Tincture.

TILIA EUROPAEA

Linden

Of value in muscular weakness of the eye; hæmorrhage o thin, pale blood. Puerperal metritis. Diseases of the antrum (*Kali hyd; Chelid*). Head.--*Neuralgia* (first right, then left side), *with veil before eyes*. Confusion, with dimness of vision. Much sneezing, with fluent coryza. Bleeding from nose.

Eyes.--Sensation as of gauze before eyes (*Calc; Caust; Nat m*). Binocular vision imperfect.

Female.--Intense sore feeling about uterus; bearing-down, with hot sweat, but without relief. Much slimy leucorrhœa when walking (Bov; Carb an; Graph). Soreness and redness of external genitals (Thuj; Sulph). Pelvic inflammation, tympanites, abdominal tenderness and hot sweat which does not relieve.

Skin.--Urticaria. Violent itching, and burning like fire after scratching. Eruption of small, red itching pimples. *Sweat warm and profuse* soon after falling asleep. Sweat increases as rheumatic pains increase.

Modalities.--*Worse*, in afternoon and evening; in warm room, heat of bed. *Better*, cool room, motion.

Relationship.--Compare: Lilium; Bellad.

Dose.—Tincture, to sixth potency.

TONGO-DIPTERIX ODORATA

Seeds of Coumarouna-a tree in Guiana (TONGO - DIPTRIX ODORATA)

Useful in neuralgia; pertussis.

Head.--Tearing pain in supra-orbital nerve, with heat and throbbing pain in head and epiphora. Confused, especially the occiput, with somnolence and a sort of intoxication. Trembling in right upper lid. Coryza; nose stopped, must breathe through mouth.

Extremities.--Tearing pains in hip-joints, femur, and knee, especially left side.

Relationship.--Melilotus. Anthoxanthum, Asperula, and Tonga contain Coumarin, the active principle. Compare them in hay-fever; also, Trifol; Napth; Sabad.

Dose.--Tincture and lower potencies.

TRIBULUS TERRESTRIS

Ikshugandha

An East Indian drug useful in urinary affections, especially dysuria, and in debilitated states of the sexual organs, as expressed in seminal weakness, ready emissions and impoverished semen. Prostatitis, calculous affections and sexual neurasthenia. It meets the autotraumatism of masturbation correcting the emissions and spermatorrhæa. Partial impotence caused by overindulgence of advancing age, or when accompanied by urinary symptoms, incontinence, painful micturition, etc.

Dose.--Ten to twenty drops of the tincture three times daily.

TRIFOLIUM PRATENSE

Red Clover

Produces most marked ptyalism. Feeling of fullness with congestion of salivary glands, followed by increased copious flow of saliva. Feeling as if mumps were coming on. Crusta lactea; dry, scaly crusts. Stiff neck. Cancerous diathesis.

Head.--Confusion and headache on awaking. Dullness in anterior brain. Mental failure, loss of memory.

Mouth.--Increased flow of saliva (Merc; Syphil). Sore throat, with hoarseness.

Respiratory.--Coryza like that which precedes hay-fever; thin mucus, with much irritation. *Hoarse and choking; chills with cough at night*. Cough on coming into the open air. Hay-fever. Spasmodic cough; *whooping cough*, paroxysms; worse at night.

Back.--Neck stiff; cramp in sterno-cleido muscles; relieved by heat and irritation.

Extremities.--Tingling in palms. Hands and feet cold. Tibial ulcers. Relationship.--Compare: *Trifolium repens*.--White clover-(Prophylactic against mumps, feeling of congestion in salivary glands, pain and hardening, especially submaxillary; *worse, lying down*. Mouth filled with watery saliva, worse lying down. Taste of blood in mouth and throat. Sensation as if heart would stop, with great fear, better sitting up or moving about; worse, when alone, with cold sweat on face).

Dose.—Tincture

TRILLIUM PENDULUM

White Beth-root

A general hæmorrhagic medicine, with great faintness and dizziness. Chronic diarrhæa of bloody mucus. Uterine hæmorrhage. Threatened abortion. Relaxation of pelvic region. Cramp-like pains. Phthisis with purulent and copious expectoration and spitting of blood. Head.--Pain in forehead; worse, noise. Confused; eyeballs feel too large. Vision blurred; everything looks bluish. Nose-bleed (Millef;

Melilot).

Mouth.--Hæmorrhage from gums. *Bleeding after tooth extraction*. Stomach.--Heat and burning stomach rising up in æsophagus. Hæmatemesis.

Rectum.--Chronic diarrhœa; discharge bloody. Dysentery,; passage almost pure blood.

Female.--Uterine hæmorrhages, with sensation as though hips and back were falling to pieces; better tight bandages. Gushing of bright blood on least movement. Hæmorrhage from fibroids (Calc; Nitr ac; Phos; Sulph ac). Prolapse, with great bearing-down. Leucorrhæa copious, yellow, stringy (Hydras; Kali b; Sabin). Metrorrhagia at climacteric. Lochia suddenly becomes sanguinous. Dribbling of urine after labor.

Respiratory.--Cough, with spitting of blood. Copious, purulent expectoration. Hæmoptysis. Aching at end of sternum. Suffocative attack of irregular breathing with sneezing. Shooting pains through chest.

Relationship.--Compare: *Trillium cernum* (eye symptoms; everything looks bluish; greasy feeling in mouth); *Ficus* (hæmorrhages; menorrhagia, hæmaturia, epistaxis, Hæmatemesis, bleeding piles); *Sanguisuga*-Leech--(hæmorrhages; bleeding from anus). *Ipec; Sab; Lach; Hamam*.

Dose.--Tincture and lower potencies.

TRITICUM REPENS-AGROPYRO

Couch-Grass

An excellent remedy in excessive irritability of the bladder, dysuria, cystitis, gonorrhea.

Nose.--Always blowing nose.

Urinary.--Frequent, *difficult*, and painful urination (*Pop*). Gravelly deposits. Catarrhal and purulent discharges (*Pareira*). Strangury, pyelitis; enlarged prostate. Chronic cystic irritability. Incontinence; constant desire. Urine is dense and causes irritation of the mucous surfaces.

Relationship.--Compare: *Tradescantia*; (Hæmorrhage from ear and upper air passages; painful urination, urethral discharge; scrotum inflamed). *Chimaph; Senecio; Populus trem; Buchu; Uva. Polytrichum Juniperinum*-Ground Moss--(Painful urination of old people; dropsy, urinary obstruction and suppression).

Dose.—Tincture or infusion by boiling two ounces in a quart of water until it is reduced to a pint. To be taken in four doses in 24 hours.

TURNERA DIFFUSSA-APHRODISIACA Damiana

Said to be of use in sexual neurasthenia; impotency. Sexual debility from nervous prostration. Incontinence of old people. Chronic prostatic discharge. Renal and cystic catarrh; *frigidity of females*. Aids the establishment of normal menstrual flow in young girls. Dose.—Tincture and fluid extract-ten-to forty-drops doses.

TUSSILAGO PETASITES

Butter-burr

Has some action on the urinary organs, and found useful in gonorrhea. Affections of pylorus.

Urinary.--Crawling in urethra.

Male.--Gonorrhœa; yellowish, thick discharge. Erections, with urethral crawling. Pain in spermatic cord.

Relationship.--Compare: *Tussilago fragrans* (pylorus pain, plethora and corpulency); *Tussilago farfara* (coughs); as an intercurrent medicine in phthisis pulmonalis (See Tuberculinum).

Dose.--Tincture.

URTICA URENS

Stinging-nettle

A remedy for agalactia and *lithiasis*. Profuse discharge from mucous surfaces. Enuresis and urticaria. Spleen affections. *Antidotes illeffects of eating shellfish*. Symptoms return at the same time every year. Gout and uric acid diathesis. Favors elimination.

Rheumatism associated with urticaria-like eruptions. Neuritis.

Head.--Vertigo, headache with spleen pains.

Abdomen.--Diarrhœa chronic disease of large intestine characterized by large secretion of mucus.

Male.--Itching of scrotum, keeps him awake; scrotum swollen. Female.--Diminished secretion of milk. Uterine hæmorrhage. Acid and excoriating leucorrhæa. Pruritus vulvæ, with stinging, itching, and ædema. Arrests flow of milk after weaning. Excessive swelling of breasts.

Extremities.--Pain in acute gout deltoid; pain in ankles, wrists. Skin.--Itching blotches. Urticaria, burning heat, with formication; violent itching. Consequences of suppressed nettlerash. Rheumatism alternates with nettle-rash. Burn confined to skin. Urticaria nodosa (Bov). Erythema, with burning and stinging. Burns and scalds. Chicken-pox (Dulc). Angioneurotic ædema. Herpes labialis with sensation of heat and itching. Itching and stinging of scrotum. Fever.--General heat in bed with soreness over abdomen. Fever of gout. Tropical fever.

Modalities.--*Worse*, from snow-air; water, cool moist air, touch. Relationship.--Compare: *Medusa; Nat mur; Lac can; Ricin*

(diminished mammary secretion); *Bombyx; Rhus; Apis; Chloral; Astac; Puls* (urticaria); *Boletus luridus* and *Anacard* (urticaria tuberosa); *Lycop* and *Hedeoma* (uric acid conditions); *Formica*.

Dose.—Tincture and lower potencies.

USNEA BARBATA

Tree-moss

Is a remedy in some forms of congestive headache; sunstroke.

Head.--Bursting feeling, as if temples would burst, or the eyes burst out of the sockets. Throbbing carotids.

Relationship.--Compare: Glonoine; Bellad.

Dose.--Tincture, drop doses.

UVA URSI

Bearberry

Urinary symptoms most important. Cystitis, with bloody urine. Uterine hæmorrhage. Chronic vesical irritation, with pain, tenesmus, and catarrhal discharges. *Burning after the discharge of slimy urine. Pyelitis*. Calculous inflammation. Dyspnæa, nausea, vomiting, pulse small and irregular. Cyanosis. Urticaria without itching. Urinary.--Frequent urging, with severe spasms of bladder; burning and tearing pain. Urine contains blood, pus, and much tenacious mucus, with clots in large masses. Involuntary; green urine. Painful dysuria.

Relationship.--Compare: *Arbutin* (a crystallized glucoside of Uva; found also in Kalmia, Gaultheria and other genera of the family of *Eriaceæ*; given in doses of 3 to 8 grains with sugar three times a day. Used as an urinary antiseptic and diuretic). *Arctosphylos manzanita* (acts on renal and reproductive organs. Gonorrhæa, vesical catarrh, diabetes menorrhagia. Tincture of leaves). *Vaccinum myrtillus*-Huckleberries--(dysentery; typhoid, keeps intestines aseptic and prevents absorption and reinfection).

Dose.--Tincture, five to thirty drops. In pyelitis a trituration of the

VALERIANA OFFICINALIS

Valerian

Hysteria, over-sensitiveness, nervous affections, when apparently well-chosen remedies fail. Hysterical spasms and affections generally. *Hysterical flatulency*.

Mind.--Changeable disposition. Feels light, as if floating in air. Oversensitiveness (*Staph*). Hallucinations at night. *Irritable*. Tremulous.

Head.--Sensation of great coldness. Pressure in forehead. Feeling of intoxication.

Ears.--Earache from exposure to draughts and cold. Nervous noises. Hyperæsthesia.

Throat.--Sensation as if a thread were hanging down throat. Nausea felt in throat. Pharynx feels constricted.

Stomach.--Hunger, with nausea. Eructations foul. Heartburn with gulping of rancid fluid. Nausea, with faintness. *Child vomits curdled milk in large lumps after nursing*.

Abdomen.--Bloated. Hysterical cramps. Thin, watery diarrhea, with lumps of coagulated milk, *with violent screaming in children*.

Greenish, papescent, bloody stool. Spasms in bowels after food and at night in bed.

Respiratory.--Choking on falling asleep. Spasmodic asthma; convulsive movements of the diaphragm.

Female.--Menses late and scanty (*Puls*).

Extremities.--Rheumatic pains in limbs. *Constant jerking*.

Heaviness. Sciatica; *pain worse standing and resting on floor (Bell)*; better walking. Pain in heels *when sitting*.

Sleep.--Sleepless, with nightly itching and muscular spasms. Worse on waking.

Fever.--Long lasting heat, often with sweat on face. *Heat predominates*. Sensation of icy coldness (*Heloderma; Camp; Abies c*).

Relationship.--Compare: *Asaf; Ign; Croc; Castor; Amm valer* (in neuralgia, gastric disturbance, and great nervous agitation). Insomnia especially during pregnancy and menopause. Feeble, hysterical nervous patients.

Dose.--Tincture.

VERBASCUM THAPSUS

Mullein

Has a pronounced action on the inferior maxillary branch of the fifth pair of the cranial nerves; on the ear; and respiratory tract and bladder. *Catarrhs*, and colds, *with periodical prosopalgia*. Quiets nervous, and bronchial, and urinary irritation, and cough.

Face.--Neuralgia affecting zygoma, temporo maxillary joint, and ear (*Menyanth*), particularly of left side, with lachrymation, coryza, and sensation *as if parts were crushed with tongs*. Talking, sneezing, and change of temperature aggravate the pains; also, pressing teeth together. Pains seem to come in flashes, excited by least movement, occurring periodically at same hour in morning and afternoon each day.

Ears.--Otalgia, with a sense of obstruction. Deafness. Dry, scaly condition of meatus (use locally).

Abdomen.--Pain extends deep down, causing contraction of sphincter ani.

Rectum.--Many movements a day, with twisting about navel. Hæmorrhoids, with obstructed, hardened stool. Inflamed and painful piles.

Respiratory.--*Hoarse*; voice deep, harsh; sounds like a trumpet; "basso profundo". Cough; worse at night. Asthma. Soreness in pharynx, cough during sleep.

Urinary.--Constant dribbling. *Enuresis*. Burning urination. Increase with pressure in bladder.

Extremities.--Cramp-like pain in soles, right foot, and knee. Lower extremities feel heavy. Thumb feels numb. Neuralgic pain in left ankle. Stiffness *and soreness of joints of lower extremities*.

Modalities.--*Worse*, change of temperature, talking, sneezing, biting hard (inferior dental nerve); from 9 am to 4 pm.

Relationship.--Compare: *Rhus arom; Caust; Platin; Sphingurus* (pain in zygoma).

Dose.--*Mullein oil*, (locally, for earache and dry, scaly condition of meatus. Also for teasing cough at night or lying down. Internally, tincture and lower potencies). *Enuresis*, five-drop doses night and morning.

VERBENA URTICAEFOLIA

Blue Vervain

Affects the skin and *nervous system*. Nervous depression, weakness and irritation and spasms. Promotes the absorption of blood and allays pain in bruises. Vesicular erysipelas. Passive congestion and intermittent fever. One of the remedies for Poison-oak. *Epilepsy*, insomnia, mental exhaustion. In epilepsy, it *brightens up the patient's mental powers* and helps the constipation.

Dose.--Single dose of the tincture. In epilepsy must be continued for a long time. Verbena in the form of a tea as a diuretic drink is used by Vannier (Paris) to aid elimination in tubercular therapy.

VIBURNUM OPULUS

High Cranberry

A general remedy for cramps. Colicky pains in pelvic organs. Superconscious of internal sexual organs. Female symptoms most important. *Often prevents miscarriage*. False labor-pains. Spasmodic and congestive affections, dependent upon ovarian or uterine origin. Head.--Irritable. Vertigo; feels as if falling forward. Severe pain in temporal region. Sore feeling in eyeballs.

Stomach.--Constant nausea; relieved by eating. No appetite. Abdomen.--Sudden cramps and colic pains. Tender to pressure about umbilicus.

Female.--Menses too late, scanty, lasting a few hours, offensive in odor, with crampy pains, cramps extend down thighs (Bell). Bearingdown pains before. Ovarian region feels heavy and congested. Aching in sacrum and pubes, with pain in anterior muscles of thighs (Xanthox); spasmodic and membranous dysmenorrhæa (Borax). Leucorrhæa, excoriating. Smarting and itching of genitals. Faint on attempting to sit up. Frequent and very early miscarriage, causing seeming sterility. Pains from back to loins and womb worse early morning.

Urinary.--Frequent urging. Copious, pale, light-colored urine. Cannot hold water on coughing or walking.

Rectum.--Stools large and hard, with cutting in rectum and soreness of anus.

Extremities.--Stiff, sore feeling in nape of neck. Feels as if back would break. Sacral backache. Lower extremities weak and heavy. Modalities.--Worse, lying on affected side, in warm room, evening and night. Better, in open air and resting.

Relationship.--Compare: *Virburnum prunifolium*-Black Haw-- (habitual miscarriage; *after-pains*; cancer of the tongue; obstinate hiccough; supposed to be a uterine tonic. Morning sickness; menstrual irregularities of sterile females with uterine displacements). *Cimicif; Cauloph; Sep; Xanthox*.

Dose.--Tincture, and lower potencies.

VISCUM ALBUM

Mistletoe

Lowered blood pressure. Dilated blood vessels but does not act on the centers in the medulla. Pulse is slow due to central irritation of the vagus.

The symptoms point especially to rheumatic and gouty complaints; neuralgia, especially sciatica. Epilepsy, *chorea*, and metrorrhagia. *Rheumatic deafness. Asthma*. Spinal pains, due to uterine causes. Rheumatism with *tearing pains*. Hypertensive albuminuria. Valvular disease, with disturbances in sexual sphere. Symptoms like epileptic aura and petit mal.

Head.--Feeling as if whole vault of skull were lifted up. Blue ring around eyes. Double vision. Buzzing and stopped-up feeling in ear. Deafness from cold. Facial muscles in constant agitation. Persistent vertigo.

Respiratory.--Dyspnœa; *feeling of suffocation when lying on left side*. Spasmodic cough. *Asthma*, if connected with gout or rheumatism. Stertorous breathing.

Female.--Hæmorrhage, with pain; blood partly clots and bright red. Climacteric complaints (*Lach*; *Sulph*). Pain from sacrum into pelvis, with tearing, shooting pains from above downwards. Retained

placenta (*Secale*). Chronic endometritis. Metrorrhagia. Ovaralgia, especially left.

Heart.--Hypertrophy with valvular insufficiency; pulse small and weak; unable to rest in a reclining position. Palpitation during coitus. Low tension. Failing compensation, dyspnæa worse lying on left side. Weight and oppression of heart; as if a hand were squeezing it; tickling sensation about heart.

Extremities.--Pains alternate in the knee and ankle with shoulder and elbow. Sciatica. Tearing, shooting pains in both thighs and upper extremities. A *glow* rises from the feet to the head; seems to be on fire. Periodic pains from sacrum into pelvis, worse in bed, with pains into thighs and upper extremities. General tremor, as if all muscles were in state of fibrillary contraction. Dropsy of extremities. Sensation of a spider crawling over back of hand and foot. Itching all over. Compressing pain in feet.

Modalities.--Worse, winter, cold, stormy weather; in bed. Movement; lying on left side.

Relationship.--Compare: Secale: Convallar; Bry; Puls; Rhodod. Guipsine -active principle--(exalts the hypotensive properties of Viscum). *Hedera Helix*-Ivy--(Intercranial pressure). Dose.--Tincture and lower potencies.

XANTOXYLUM FRAXINEUM

Prickly Ash

Its specific action is on the nervous system and mucous membranes. Paralysis, especially *hemiplegia*. Painful hæmorrhages, after-pains, neuralgic dysmenorrhæa, and rheumatic affections, offer a therapeutic field for this remedy, especially in patients of spare habit and nervous, delicate organization. Indigestion from over-eating or from too much fluid. Sluggish capillary circulation. Neurasthenia, poor assimilation, insomnia, occipital headache. Increases mucous secretion of mouth and stimulates the secretion from all glands with ducts opening in the mouth.

Mind.--Nervous, frightened. Mental depression.

Head.--Feels full. Weight and pain on vertex. Pain over eyes. throbbing pressure over nose, pressure in forehead; head seems divided; ringing in ears. Occipital headache. Sick headache with dizziness and flatulence.

Face.--Neuralgia of lower jaw. Dryness of mouth and fauces. Pharyngitis (*Wyethia*).

Abdomen.--Griping and diarrhœa. Dysentery, with tympanites, tenesmus; inodorous discharges.

Female.--Menses too early and painful. Ovarian neuralgia, with pain in loins and lower abdomen; worse, *left side*, extending down the thigh, along genito-crural nerves. *Neuralgic dysmenorrhæa*, with

neuralgic headaches; *pain in back and down legs*. Menses thick, almost black. *After-pains* (*Arnica; Cup; Cham*). Leucorrhœa at time of menses. Neurasthenic patients who are thin, emaciated; poor assimilation with insomnia and occipital headache.

Respiratory.--Aphonia. Constant desire to take a long breath; oppression of chest. Dry cough, day and night.

Extremities.--Paralysis of left side following spinal disorders. Numbness of left side; impairment of nerves of motion. Hemiplegia. Pain in nape, extending down back. Sciatica; worse, hot weather. Anterior, crural neuralgia (*Staph*). Left arm numb. Neuralgic shooting pain, as from electricity, all over limb.

Sleep.--Hard and unrefreshing; dreams of flying. Sleeplessness in neurasthenics.

Relationship.--Compare: *Gnaph; Cimicif; Staph; Mezer; Piscidia*-White dogwood--(a nerve sedative. *Insomnia due* to worry, nervous excitement, spasmodic coughs; pains of irregular menstruation; regulates the flow. Neuralgic and spasmodic affections. Use tincture in rather material doses).

Dose.--First to sixth potency.

YUCCA FILAMENTOSA

Bear-grass

So-called bilious symptoms, with headache. Despondent and irritable. Head.--Aches as if top of head would fly off. Arteries of forehead throb. Nose red.

Face.--Yellow; tongue yellow, coated, taking imprint of teeth (*Merc; Pod; Rhus*).

Mouth.--Taste as of rotten eggs (*Arnica*).

Throat.--Sensation as if something hung down from posterior nares; cannot get it up or down.

Abdomen.--Deep pain in right side over liver, going through back. Stool yellowish brown, with bile.

Male.--Burning and swelling of the prepuce, with redness of meatus. Gonorrhœa (*Cann*; *Tussil*).

Skin.--Erythematous redness.

Dose.--Tincture, to third potency.

ZIZIA AUREA

Meadow Parsnip

(THASPIUM AUREUM - ZIZIA)

Hysteria, epilepsy, chorea, hypochondriasis, come within the sphere of this remedy.

Mind.--Suicidal; depressed; laughing and weeping moods alternate.

Head.--Pressure on top, in right temple, associated with backache.

Male.--Great lassitude following coitus. Sexual power increased.

Female.--Intermittent neuralgia of left ovary. Acrid, profuse leucorrhœa, with retarded menses.

Respiratory.--Dry cough, with stitches in chest. Dyspnœa.

Extremities.--Unusual tired feeling. Chorea, especially during sleep.

Fidgety legs (Tarant). Lameness in arms and spasmodic twitching.

Modalities.--Worse, during sleep.

Relationship.--Compare: Agar; Stram; Tarant; Cicuta; Aethusa.

Dose.--Tincture, to third potency.

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