

Scroll down for 28-page Seminar Catalog.

North American Institute of Medical Herbalism, Inc.

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Catalog Volume 3 Number 1B – June, 2005

Seminars

See separate catalogs for Classroom Certificate Programs and Distance Learning

Approved and Regulated by the Colorado Department of Higher Education,
Private Occupational School Board

The North American Institute of Medical Herbalism, Inc, (hereinafter referred to as NAIMH) offers education in medical herbalism, clinical nutrition, basic medical sciences, and other aspects of natural medicine. It is staffed with credentialed instructors.

The School is owned by the North American Institute of Medical Herbalism, Inc, a Colorado Corporation, wholly owned by Paul Bergner.

The school is located at 2900 Valmont Road Unit F-1, Boulder, CO 80301. Our classrooms are furnished with standard classroom equipment, white-board, overhead and digital projectors, a reference library, and facilities for on-line research. Our clinical students have access to two clinic rooms and a fully stocked herbal and nutritional pharmacy.

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Mission

Vitalism in healing is a clinical strategy based on the principle that Life, Nature, and the Great Spirit from which they arise are fully present in all the tissues of the body, and also in the psyche, the spiritual heart, and the soul, sustaining life and health, providing momentum for personal evolution on all levels, and for the fulfillment of the highest purpose in social and spiritual life. Vitalist practitioners employ clinical strategies and methods which support this life force through encouragement of nourishment, digestion, rest, and appropriate activity, identification of purpose in personal life, connection with nature, an active spiritual life, identification and removal of obstacles to cure on all levels, and avoidance of methods which suppress or distort the life force. Vitalism incorporates all aspects of science, especially physiology and pathophysiology, but equally values knowledge from traditional medicine, empirical observation, instinct and intuition, and is not confined to the narrow materialistic world view that dominates much of modern science, medicine, and social life.

I began my studies of vitalism in 1973, and in thirty years of practical clinical observation, and eight years of training herbalists and nutritionists in a public clinic using 100% vitalist methods, I am more convinced each year that vitalism is the only approach that will prevent or treat the epidemic of chronic degenerative physical and mental diseases and the chronic despair that plagues North America today. Much of contemporary alternative medicine has its roots in vitalism, but the past several decades have seen the various alternative schools, with the exception of a few dedicated practitioners, abandon their vitalist roots, and, under regulatory and social pressures, turn to materialistic ideas and practice. The North American Institute of Medical Herbalism, Inc. is committed to producing well-trained clinical practitioners, grounded in the basic principles of vitalism, with the knowledge, practical experience, and confidence necessary to preserve this tradition, and to develop it in the context of contemporary and future emerging health problems.

Paul Bergner, Director

Faculty Members

Paul Bergner, Medical Herbalist (AHG), Clinical Nutritionist, naturopath – Advanced Herbalism and Nutrition and Clinical Studies

Anne Thiessen, Registered Dietician, Certified Clinical Herbalist – Clinical Nutrition and Clinical Studies

Teresa Koby, Certified Clinical Herbalist – Herbal Therapeutics, Materia Medica, and Clinical Studies

Zita Xavier, Certified Clinical Herbalist -- Clinical Studies

Cat Pantaleo, Certified Clinical Herbalist – Basic Medical Sciences

Linda Whitedove, Certified Acupuncturist, Medical Herbalist

Matthew Becker, Medical Herbalist

(See Biographies of regular faculty on page 32)

Guest Faculty

The following herbalists may lecture periodically at NAIMH, but do not necessarily visit every year.

Candis Cantin Packard

Deborah Frances, ND

Jill Hoppe

Judy Bluehorse Skelton

Cascade Anderson Geller

Robin Dipasquale, ND

Denise Townsend

Programs and Seminars Offered

Diploma/Certificate Programs (See separate Classroom Catalog for details)

Fundamentals of Medical Herbalism	174 hours
Certificate in Advanced Herbalism	438 hours
Certificate in Clinical Herbalism	270 hours
Certificate in Nutrition	867 hours

Seminars See pages 6-17 for detailed description of Seminars

Fundamentals of Vitalist Medicine	54 hours
Vitalist Therapeutics for Acute Symptoms	36 hours
Clinical Nutrition in the Vitalist Paradigm	45 hours
Toxicity and Detoxification	12 hours
Reproduction and Vitalist Therapeutics	18 hours
Nutrition, Digestion, and Immunity	51 hours
Insulin Resistance	30 hours
Safety, Side Effects, and Contraindications	36 hours
Bach Flower Essences	6 hours
Interview Skills	30 hours
Case analysis	30 hours
Rainforest Retreat and Visioning	36 hours

Distance Learning

See our separate catalog for Distance Learning.

Calendar for 2005-2006

July 10-15, 2005

Rainforest Retreat and Visioning, Mt Hood

September 6, 2005 - November 22, 2006

Fundamentals of Medical Herbalism

September 8, 2005 - May 11, 2006

Clinical Internship

September 24, 2005 - May 13, 2006

Nutrition Certificate Courses

January 16, 2006 - June 28, 2006

Advanced Program and Seminars

July 9, 2006 - July 14, 2006

Rainforest Retreat and Visioning, Mt Hood

September 5, 2006 - November 21, 2006

Fundamentals of Medical Herbalism

September 7, 2006 - May 10, 2007

Clinical Internship

September 23, 2006 - May 12, 2007

Nutrition Certificate Courses

Seminar Calendar

See individual page listings for exact dates and times

2005

July 10-15 Oregon Rainforest Retreat

2006

	Seminars AM	Seminars PM
Jan 16-18	Vitalism	Vitalism
Jan 23-25	Vitalism	Vitalism
Jan 30-Feb 1	Vitalism	Acutes
Feb 6-8	Vitalism	Acutes
Feb 13-15	Nutrition	Acutes
Feb 20-22	Nutrition	Acutes
Mar 6-8	Nutrition	Toxicity
Mar 13-15	Nutrition	Toxicity
		Reproductive*
Mar 20-22	Nutrition	Reproductive
Mar 27-29	Digestion and Immunity	Reproductive
		Digestion and Immunity
Apr 3-5	Digestion and Immunity	Digestion and Immunity
Apr 10-12	Digestion and Immunity	Digestion and Immunity
Apr 24-26	Insulin Resistance	Insulin Resistance
May 1-3	Insulin Resistance	Insulin Resistance
		Safety
May 8-10	Safety	Safety
May 15-17	Safety	Bach
		Bach
May 22-24	Interview	Interview
		Case Analysis
May 30-31	Interview	Case analysis
Jun 12-14	Interview	Case Analysis
Jun 19-21	Interview	Case Analysis

* Reproduction and Vitalist Therapeutics

July 9-14 Oregon Rainforest Retreat

Seminars

The courses below may be taken independently of the longer certificate programs offered by the school. **Each earns a certificate stating the course name, subject matter, and the number of hours. A student transcript is also maintained.**

Students can combine seminars as they choose, for flexibility to tailor their preparatory education or career advancement according to their needs.

Fundamentals of Vitalist Medicine Seminar

54 hours classroom and lab

Occupational Objective: This seminar provides skills which would supplement a larger body of education and experience to prepare the student for or advance them in the practice of clinical herbalism and nutrition.

Program Cost

Tuition	\$695
Books and materials	Included in tuition
Registration Fee	\$ 0
Total	\$695

Payment in full is required at the end of the first day of class, January 16th

Prerequisites: None required. Previous introductory studies in herbalism, nutrition, and physiology are recommended.

Class Schedule: Mon-Wed, 9-4, January 16th through Jan 25th; Mon-Wed 9-12, Jan 30-Feb 8

Seminar Description

The student will learn the philosophical and historical aspects of medical vitalism, including applications in Western and Asian systems of medicine, as well as methods of clinical assessment in these systems. Included are the history and principles of Thomsonian, Physiomedicalist, Eclectic, Homeopathic, and Naturopathic medicine, the pathophysiology of nutrition, digestion, exercise, and rest as it relates to vitalism, an overview of the vitalist

underpinnings of Traditional Chinese, Ayurvedic, and Greek-Arabic medicine, practice at vitalist assessment techniques from these systems, and a study of vitalist concepts of herbal actions and formulation.

This seminar combines well with the Vitalist Therapeutics for Acute Symptoms, and Clinical Nutrition in the Vitalist Paradigm seminars, which follow it in the school calendar.

Vitalist Therapeutics for Acute Symptoms Seminar

36 hours classroom

Occupational Objective: This seminar provides skills which would supplement a larger body of education and experience to prepare the student for or advance them in the practice of clinical herbalism and nutrition.

Program Cost

Tuition	\$495
Books and materials	Included in tuition
Registration Fee	\$ 0
Total	\$495

Prerequisites: Previous Studies in Herbalism, Nutrition, and Physiology

Class Schedule: Mon-Wed 1-4, Jan 30-Feb 22

Seminar Description

The student will learn the pathophysiology and practical treatments for 40 common medical symptoms, using clinical nutrition, medical herbalism, hydrotherapy, and other treatments in the vitalist paradigm. Conditions covered include upper, middle, and lower gastrointestinal tract conditions; blood purifiers, alteratives, the bad blood syndrome; the skin; catarrh, chronic mucous, and lymphatic conditions; fever; coughs, eyes, and ears; fatigue, depression, anxiety, and insomnia; pain; bladder and kidney conditions; menses; pregnancy and breast health

This seminar combines well with the Clinical Nutrition in the Vitalist Paradigm Seminar, which is taught in part simultaneously

Clinical Nutrition in the Vitalist Paradigm Seminar

45 hours classroom

Occupational Objective: This seminar provides skills which would supplement a larger body of education and experience to prepare the student for or advance them in the practice of clinical herbalism and nutrition.

Program Cost

Tuition	\$595
Books and materials	Included in tuition
Registration Fee	\$ 0
Total	\$595

Payment in full is required at the end of the first day of class

Prerequisites: Previous Studies in Herbalism, Nutrition, and Physiology

Class Schedule: Mon-Wed 9-12 Feb 13 - March 22

Seminar Description

The student will learn aspects of nutrition focusing on clinical applications for contemporary health problems. Beginning with studies of nutritional anthropology, as it relates to modern clinical practice, students will learn assessment techniques for nutritional status, and clinical interventions. Student will engage in the activities they will later ask their clients to perform, such as keeping a diet journal, performing self-assessments, and making dietary changes.

This seminar combines well with the Vitalist Therapeutics for Acute Symptoms seminar which is taught in part simultaneously

Toxicity and Detoxification

12 hours classroom

Occupational Objective: This seminar provides skills which would supplement a larger body of education and experience to prepare the student for or advance them in the practice of clinical herbalism and nutrition.

Program Cost

Tuition	\$165
Books and materials	Included in tuition
Registration Fee	\$ 0
Total	\$165

Payment in full is required at the end of the first day of class

Prerequisites: Previous Studies in Herbalism, Nutrition, and Physiology

Class Schedule: Mon-Wed 1-4, March 6-13

Seminar Description

The student will learn the nature of metabolic and exogenous toxins, common pathologies of the liver, digestive, and portal systems, and nutritional and herbal therapies and dietary regimens to support natural detoxification.

The Roots of Chronic Disease I: Nutrition, Digestion, and Immunity

51 hours classroom

Occupational Objective: This seminar provides skills which would supplement a larger body of education and experience to prepare the student for or advance them in the practice of clinical herbalism and nutrition.

Program Cost

Tuition	\$695
Books and materials	Included in tuition
Registration Fee	\$ 0
Total	\$695

Payment in full is required at the end of the first day of class

Prerequisites: Previous Studies in Herbalism, Nutrition, and Physiology

Class Schedule: Mon-Wed 9-12 March 27; 9-4 March 28-April 12th

Seminar Description

Beginning with nutrition and digestion, the roots of the physiological tree, the student will learn the pathophysiology of digestion and immune disorders, and nutritional and herbal interventions for digestion, inflammation, allergy, infection, cancer, HIV infection, and autoimmunity.

This seminar combines well with the Insulin Resistance Syndrome Seminar, which follows it in the school calendar.

Roots of Chronic Disease II: Insulin Resistance Syndrome

30 hours classroom

Occupational Objective: This seminar provides skills which would supplement a larger body of education and experience to prepare the student for or advance them in the practice of clinical herbalism and nutrition.

Program Cost

Tuition	\$395
Books and materials	Included in tuition
Registration Fee	\$ 0
Total	\$395

Payment in full is required at the end of the first day of class

Prerequisites: Previous Studies in Herbalism, Nutrition, and Physiology

Class Schedule: Mon-Wed 9-4 April 24th -May 2

Seminar Description

The pathology of insulin resistance is the common root of such modern diseases as hypertension, obesity, atherosclerosis, heart attacks, Type II diabetes, and cancers of the breast, prostate and colon. The student will learn the pathophysiology of insulin resistance, nutritional, herbal, and other natural treatments to prevent or treat it.

This seminar combines well with the Nutrition, Digestion, and Immunity seminar, which precedes it in the school calendar.

Reproduction and Vitalist Therapeutics

18 hours classroom

Occupational Objective: This seminar provides skills which would supplement a larger body of education and experience to prepare the student for or advance them in the practice of clinical herbalism and nutrition.

Program Cost

Tuition	\$249
Books and materials	Included in tuition
Registration Fee	\$ 0
Total	\$249

Payment in full is required at the end of the first day of class

Prerequisites: Previous Studies in Herbalism, Nutrition, and Physiology

Class Schedule: Mon-Wed; Tues March 14 - Mon March 27, 1-4

Seminar Description

The student will learn the pathophysiology and natural therapeutics, including clinical nutrition, medical herbalism, and lifestyle factors, for the male and female reproductive systems. Basic hormonal patterns of female complaints are covered first, followed by the specific pathologies of such conditions as PMS, menstrual cramps, excessive or deficient menstrual bleeding, uterine fibroids, ovarian cysts, infertility, and polycystic ovarian syndrome. Herbal, nutritional, and lifestyle therapeutics are offered for each condition. Finally, the male reproductive system is covered, for such conditions as infertility, impotence, and prostatic hypertrophy.

Safety, Side Effects, and Contraindications

36 hours

Occupational Objective: This seminar provides skills which would supplement a larger body of education and experience to prepare the student for or advance them in the practice of clinical herbalism and nutrition.

Program Cost

Tuition	\$495
Books and materials	Included in tuition
Registration Fee	\$ 0
Total	\$495

Payment in full is required at the end of the first day of class

Prerequisites: Previous Studies in Herbalism and Physiology

Class Schedule: Mon-Wed 9-4; May 3 through May 16

Seminar Description

The student will learn about herbal toxicology and side effects, the pharmacology and side effects of common drug categories, and potential drug-herb interactions. The course includes an overview of plant constituent chemistry, with an emphasis on considerations of toxicology, the side effects of common medicinal plants and aromatherapy oils, an introduction to medical pharmacology, potential drug-herb interactions, iatrogenic disease in the modern patient, and finally, considerations of safety in the elderly.

Bach Flower Essences

6 hours classroom

Occupational Objective: This seminar provides skills which would supplement a larger body of education and experience to prepare the student for or advance them in the practice of clinical herbalism and nutrition.

Program Cost

Tuition	\$75
Books and materials	Included in tuition
Registration Fee	\$ 0
Total	\$75

Payment in full is required at the end of the first day of class

Prerequisites: None

Class Schedule: Wed May 17 9-4

Seminar Description

The student will learn basic concepts of flower essences, and a overview of the categories and individual remedies devised by Dr Edward Bach.

Interview Skills

30 Hours

Occupational Objective: This seminar provides skills which would supplement a larger body of education and experience to prepare the student for or advance them in the practice of clinical herbalism and nutrition.

Program Cost

Tuition	\$395
Books and materials	included in tuition
Registration Fee	\$ 0
Total	\$495

Payment in full is required at the end of the first day of class

Prerequisites: Previous Studies in Herbalism, Nutrition, and Physiology

Class Schedule: Mon-Wed, 9-4 May 22; 9-12 May 23-31; June 12-21

Seminar Description

The student will learn the methods of the basic medical interview and gain in-depth practice. Introduction to Clinical Skills. Methods will include the conventional PQRST interview, as well as a tongue and pulse assessment from traditional systems. As a final project, under the guidance of NAIMH Clinical Faculty, students will collectively complete an intake, assessment, and deliver recommendations for a live patient.

This seminar combines well with the Case Analysis seminar, which is taught in part simultaneously in the school calendar.

Case Analysis

30 hours classroom

Occupational Objective: This seminar provides skills which would supplement a larger body of education and experience to prepare the student for or advance them in the practice of clinical herbalism and nutrition.

Program Cost

Tuition	\$395
Books and materials	included in tuition
Registration Fee	\$ 0
Total	\$395

Payment in full is required at the end of the first day of class

Prerequisites: Previous studies in physiology, herbalism, safety issues, and nutrition

Class Schedule: Mon-Wed; 1-4 May 23-31 (no class on memorial day) June 12-21.

Seminar Description

The student will learn methods to analyze a client intake for pathological patterns in the vitalist paradigm, with special attention to safety and referral skills, and to develop a vitalist therapeutic plan. The majority of the class hours are spent analyzing actual client cases from the school clinic.

This seminar combines well with the Interview Skills seminar, which is taught in part simultaneously in the school calendar.

Rainforest Retreat and Visioning

30 hours field trip

Occupational Objective: This seminar provides skills which would supplement a larger body of education and experience to prepare the student for or advance them in the practice of clinical herbalism and nutrition.

Program Cost

Tuition	\$395
Books and materials	included in tuition
Registration Fee	\$ 0
Total	\$395

Travel expenses and meals are not included in the above Tuition. A spot for car-camping is provided

Prerequisites: Previous Studies in Herbalism

Class Schedule: 2006: 6-9 PM July 10, 9-4 July 11-14, 9-11 AM July 15
2007: 6-9PM July 9, 9-4 July 10-13, 9-11 AM July 14

Seminar Description

The student will learn basic concepts of spiritual visioning for the clinical practitioner, meditation techniques for revitalization, and will meet plants in five different ecological zones near Mt Hood, OR. Students are responsible for their own transportation and meals, but a car-camping site is included.

School Policies

Postponement of Start Date

Postponement of a starting date, whether at the request of the school or the student, requires a written agreement signed by the student and the school. The agreement must set forth:

- a. Whether the postponement is for the convenience of the school or the student, and;
- b. A deadline for the new start date, beyond which the start date will not be postponed.

If the course is not commenced, or the student fails to attend by the new start date set forth in the agreement, the student will be entitled to an appropriate refund of prepaid tuition and fees within 30 days of the deadline of the new start date set forth in the agreement, determined in accordance with the school's refund policy and all applicable laws and rules concerning the Private Occupational Education Act of 1981.

School Closures and Holidays

When an unexpected closure occurs due to extraordinary conditions such as inclement weather, students will be notified as soon as possible by phone and/or radio, and/or TV who provide closure information as a public service. Classes are not held on the following holidays:

New Year's Eve	Labor Day
New Year's Day	Thanksgiving Day & the Friday following
Memorial Day	Christmas Eve
Independence Day	Christmas Day

Entrance Requirements

The school does not discriminate based on race, sex, religion, ethnic origin, or disability.

Prospective students must have a high school diploma or equivalency diploma to be accepted for enrollment. If applicants are beyond the age of compulsory school attendance in Colorado and do not possess a diploma or equivalency diploma, they may complete an ability to benefit test approved by the Colorado Department of

Higher Education. The school does not administer the test, but will provide information on availability when requested.

For specific prerequisites for the various programs and seminars, see the detailed descriptions in this catalog.

Previous Credits

Credits from another institution will be evaluated on a case-by-case basis. We do not guarantee transferability of our credits to another institution without written agreement between that institution and ourselves.

Enrollment

Prospective students may enroll anytime. Late enrollments will be accepted only one week into a program, or one day into a seminar, depending on length of the course.

Attendance Requirements

Students are expected to arrive on time for class with proper materials. An overall attendance rate of at least 80% is required. Instructors may request your withdrawal from a course or program if absences or tardiness exceed 70%.

Students arriving more than ten minutes late in any one-hour period of a class, including returning from breaks, may be docked the entire hour.

Students who are unable to continue classes for medical reasons or severe personal problems will be required to take a leave of absence until they are able to return to class. Proper documentation will be required to substantiate a student's withdrawal.

Incomplete assignments or attendance

All students who fail to meet attendance requirements may, at the instructor's discretion, be allowed to make up hours by performing special assignments. Program students who fail to meet attendance requirements for a course will not receive their program certificate until they have completed all requirements for that course. They may, at the school's discretion, be allowed to make up individual classes missed in the next program term, if the identical classes are taught, or may be required to make up the entire or an equivalent class in order to earn the program certificate. Program students who fail to complete a program, but do complete individual courses within the program which are also approved stand-alone courses, will receive stand-alone seminar certificates for the courses they have completed.

Students with incomplete assignments have 30 days from the time the assignment was originally due to turn it in. A fee of \$20 is required for each incomplete assignment handed in late.

Progress Policy

Program students must maintain a passing grade average in the courses completed. Those who do not will be placed on probation for 30 days. During the probation period students must raise their grade average to passing or higher.

Grading System

90-100	High-Pass	HP	Excellent
80-90	Pass	P	Average
70-80	Low-Pass	LP	Below Average
Below 70	Fail	F	Unsatisfactory
		I	Incomplete

Advanced Program Students will receive grades at the end of each course, and an overall progress report at six weeks.

Clinical Program Students will receive grades and progress reports each six weeks. Students enrolled in short-term courses will be issued grades at the end of the course.

Conduct Policy

All students are expected to act maturely and are required to respect other students and faculty members. Possession of weapons, illegal drugs, and alcohol of any kind are not allowed at any time on school property. Sexual contact between faculty or staff with students is not permitted. Any violation of school policies may result in permanent dismissal from school.

Dismissal

Any student may be dismissed for violations of rules and regulations of the school, as set forth in school publications. A student also may be withdrawn from classes if he or she does not prepare sufficiently, neglects assignments, or makes unsatisfactory progress. The director, after consultation with all parties involved, makes the final decision.

The Director may temporarily suspend a student whose conduct is disruptive or unacceptable to the academic setting. After appropriate counseling, students who demonstrate a genuine desire to learn and conform to school standards of conduct, may be allowed to resume attendance. The director will review each case and decide upon re-admittance.

Student Complaints

Student Complaints should be brought to the attention of the School director in order to be resolved. If a student complaint cannot be resolved between the student and the school, a student may contact the Colorado Division of Private Occupational Schools, 1380 Lawrence St., Suite 1200, Denver, CO 80204, (303) 894-2960. There is a two-year limitation of Division action on student complaints.

Refund Policy

Students not accepted to the school and students who cancel this contract by notifying the school within three (3) business days are entitled to a full refund of all tuition and fees paid. Students who withdraw after three (3) business days, but before commencement of classes, are entitled to a full refund of all tuition and fees paid except the maximum cancellation charge of \$150.00 or 25% of the contract price which ever is less. In the case of students withdrawing after commencement of classes, the school will retain a cancellation charge plus a percentage of tuition and fees, which is based on the percentage of contact hours (for on-site classes), or on the percentage of lessons completed (for distance learning courses) as described in the table below. The refund is based on the last date of recorded attendance.

Student is entitled to upon withdrawal/termination	Refund
Within the first 10% of the program hours (on-site classes) or 10% of the course lessons completed (distance learning)	90% less cancellation charge
After 10%, but within the first 25% of program hours (or course lessons for distance learning).	75% less cancellation charge
After 25%, but within the first 50% of program hours, (or course lessons for distance learning)	50% less cancellation charge

After 50%, but within the first 75% of program hours (or course lessons for distance learning).	25% less cancellation charge
After 75% or course hours or lessons. (if paid in full, cancellation charge not applicable)	NO refund

The student may cancel this contract at any time prior to midnight of the third business day after signing this contract. All refunds will be made within 30 days from the date of termination. The official date of termination or withdrawal of a student shall be determined in the following manner:

- a. The date on which the school receives notice of the student's intention to discontinue the training program; or
 - b. The date on which the student violates published school policy, which provides for termination.
 - c. Should a student fail to return from an excused leave of absence, the effective date of termination for a student on an extended leave of absence or a leave of absence is the earlier of the date the school determines the student is not returning or the day following the expected return date.
3. The student will receive a full refund of tuition and fees paid if the school discontinues a course/program within a period of time a student could have reasonably completed it, except that this provision shall not apply in the event the school ceases operation.
 4. Complaints, which cannot be resolved by direct negotiation between the student and the school, may be filed with the Division of Private Occupational Schools of the Colorado Department of Higher Education, 1380 Lawrence St., Suite 1200, Denver, CO 80204, (303) 894-2960.
 5. The policy for granting credit for previous training shall not impact the refund policy.

Placement Assistance

NAIMH offers employment assistance to graduates, consisting of an internet networking list for job lead referrals, and job skills development. While assisting in your job search, we make no guarantee, expressed or implied, of future employment. Current law prohibits any school from guaranteeing job placement as an inducement to enroll students.

Faculty Biographies

Paul Bergner, Medical Herbalist, Clinical Nutritionist, Naturopath

Paul Bergner has studied and practiced natural medicine since 1973, with formal studies in naturopathy, medical herbalism, clinical nutrition, traditional Chinese medicine, Ayurvedic medicine, flower essences, yoga therapy, and bodywork, including undergraduate studies in pre-medicine and psychology, and 50 semester hours of doctoral level medical studies at National College of Naturopathic Medicine. He has edited the *Medical Herbalism* journal since its founding in 1989, and has written seven books on medical herbalism, nutrition, Chinese medicine, ethnobotany, and naturopathic medicine. He has also edited periodicals on clinical nutrition and naturopathic medicine.

Paul directed the clinical herbalism program at Rocky Mountain Center for Botanical Studies for eight years, training more than 100 certified clinical herbalists in a 1500 hour education that culminated in a nine-month internship program. He is currently adjunct faculty in nutrition at Naropa University, adjunct faculty in nutrition and pathophysiology at the Tai Sophia Institute, and nutrition faculty at the Seven Bowls school of nutrition. In addition to directing the NAIMH, he teaches herbal materia medica and therapeutics, clinical nutrition, basic medical sciences, clinical skills, medical history and philosophy, and nature studies.

Teresa Koby, Certified Clinical Herbalist

Teresa has a clinical practice in medical herbalism and clinical nutrition in Estes Park, CO, and in the Texas Hill Country. She currently teaches health-related classes to the public in Estes Park, as well as writing for a local newspaper and doing radio programs. Teresa is a graduate of the clinical herbalism program at Rocky Mountain Center for Botanical Studies.

Teresa has more than twenty years of experience in education, as a teacher and administrator. She taught classes in advanced herbal therapeutics, nutrition, and clinical skills, and was supervising clinical faculty at RMCBS from 2001 through 2003. Teresa teaches herbal therapeutics, nutrition, and clinical skills at NAIMH, and is supervising faculty at the teaching clinic.

Catherine Pantaleo, Certified Clinical Herbalist

Catherine is a Certified Clinical Herbalist, a Physiologist and Naturalist with a private practice in the Boulder area. She studied Clinical Herbalism at the Rocky Mountain Center for Botanical Studies

Catherine taught basic medical sciences at Rocky Mountain Center for Botanical Studies from 1999-2003. She is currently an instructor at the Seven Bowls School of Nutrition, Healing Spirits Massage Training Program, and teaches classes at the Gilpin County Recreation Center. She brings to the classroom a passion for connecting people to the beauty and healing power within themselves and the natural world around them. She teaches botany and basic medical sciences at the NAIMH

Anne Thiessen, Registered Dietician, Certified Clinical Herbalist

Anne is a registered dietitian, nutrition therapist, and certified clinical herbalist with a private practice in Boulder. She combines nutrition therapy and herbal medicine utilizing an integrative approach to encourage healing in her clients. She attended the University of California, Davis, and interned at Yale's teaching Hospital in New Haven Connecticut and prior to graduating from the Rocky Mountain Center for Botanical Studies in Boulder Colorado as a certified clinical herbalist. Anne has worked in the field of nutrition since 1986 and has incorporated herbal medicine into her work since 1997.

She teaches and guest lectures at a number of schools in the Boulder area, bringing her enthusiasm into the classroom for a variety of populations. Anne teaches clinical nutrition at NAIMH.

Zita Xavier, Certified Clinical Herbalist, Body worker

Zita Xavier is a Certified Clinical herbalist and Body worker with private practices in Boulder and Crestone, Colorado. She is a graduate of the Boulder College of Massage and the Rocky Mountain Center for Botanical Studies clinical certification program.

She taught various subjects in all programs at the Rocky Mountain Center for Botanical Studies, and currently teaches at the Healing Spirits Massage School and the Seven Bowls School of Nutrition, and in Continuing Education classes at Naropa University. She teaches basic medical sciences and flower essences and is on the Clinical Faculty at NAIMH.